

by Mary Drake

ome people love old buildings, their character, charm and histories. Others wouldn't have anything but something new, with the latest appliances and modern conveniences. Besides, who wants to fix anything? Well, apparently the Cheshire Community Action Team does. They want to revitalize a 120-year-old building, what is now called The Cheshire Theatre and Meeting Hall, built in downtown Cheshire in 1898.

Now, I write "downtown Cheshire" with tongue in cheek. Cheshire is a hamlet, which by definition is smaller than a village, town, or city. Also, a hamlet is usually considered the satellite of a larger community, which in this case is Canandaigua. Yet residents of Cheshire love their community, with its history and quiet countryside. They also recognize that suburbia is headed their way as farmland sprouts upscale houses instead of crops. Still, they can at least do their part to preserve a piece of Cheshire's history by refurbishing what began as a meeting hall for The Knights of the Maccabees.

The organization drew its name from the biblical Maccabees, a family of Jewish rebel warriors who accomplished the seemingly impossible task of taking back Judea from the Seleucid empire in the second century B.C.E. Fraternal organizations like The Knights of the Maccabees and The Benevolent and Protective Order of Elks sprang up after the Civil War to help former soldiers. Then, increasing industrialism at the turn of the century and little government assistance for injured workers or widows and orphans led these charitable fraternal organizations to develop programs for their members that were the precursors of commercial life and accident insurance.

Farmers, it seems, wanted insurance as much as factory workers, and this led to a chapter of The Knights of the Maccabees being established in rural Cheshire in 1895. It flou Cheshire. It was an imposing one-and-a-half story building with a center gable that made it sta finished negotiating the purchase of the property it was built on! A strange way to operate, b

Besides providing life insurance to their members, fraternal organizations were also social

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ourished, and the KOTM subsequently built their own meeting hall on the main street of stand out. (As a point of interest, the KOTM constructed the building before they had even
by modern standards.)
al groups. The new hall had a raised stage with a curtain, a kitchen, and a meeting hall that
also doubled as a dance floor. The Ontario County Times of the day reports the success of
a dance that celebrated the opening of the building. One can imagine the fiddlers on stage
playing old-time country music as horse-drawn wagons poured in from the surrounding
countryside braving the rainy weather so that farmers and their wives could enjoy this
rare opportunity for entertainment.

The wooden stage looks much as it did in its heyday, when the Cheshire Amusement Company

offered vaudeville shows. The backdrop (detail page top) advertised numerous local business

Looking back:

In its early days, Cheshire's main street was a well-travelled wagon trail, and the hamlet was centrally located at the meeting point of several main roads. It was a thriving agricultural, social and commercial center, which hoped to someday "out-strip" Canandaigua. The Maccabees thought that the meeting hall would make Cheshire even more of a destination. People would come there for dances, suppers, concerts, or plays, such as those put on by the Cheshire Dramatic Club.

Soon the roaring twenties brought Vaudeville to the KOTM's meeting hall: think trained animals, singers, dancers, acrobats, magicians, and comedians of all types. Vaudeville has been described as "a farce with music," and the meetinghouse stage was just the place for this popular form of entertainment to be performed. The Cheshire Amusement Company was established to meet the entertainment needs of this growing community.

Besides Vaudeville, there were the productions of popular plays, like *Young Mrs*. Winthrop, a four-act drama, and the presentation of a long poem called An Old Sweetheart of Mine by popular Indiana poet of the time, James Whitcomb Reilly. But as much as people loved plays, it seems like they liked nothing better than a good shoe-stomping, heart-pumping dance. These were offered after the play and were likely a big draw.

Venturing to venues out here

My hectic pace, and progress, at times resembles Jack Nicholson's character in *The Shining* (1980). Still, summers are fun time, right. So, with that thought in mind – along with the lingering "All work and no play... all work and no play..." refrain bouncing about in the back of my brain, we made a silent pact to do more fun things this summer. Forget that this leaves me down to the wire, pulling submissions and my thoughts into a rational whole. It had to be done, and we have successfully taken more time to venture out to venues. We are actively and enthusiastically enjoying all that summer 2018 can throw at us.

This leads me to *Owl's* lead story, "The magic of the old: The promise of the new" by Mary Drake, which got me focused on venues and the importance of creating spaces for visual and performing artists, including musicians. There are venues that are custom built for the arts, but most venues – especially those located outside of the oft cited cultural centers of cities – are, like the grange building in Drake's article, primarily refurbished, and in some cases repurposed, buildings brought back to life for the arts.

I live out here to take in and enjoy the natural environment and the solitude that exists in rural places. Right now there are birds nesting high up in our Norway spruce trees (we have yet to identify them), and listening and learning about the natural world is some of the best fun there is out here. Listening as the wind blows gently through the valley, watching fireflies dart about or taking in a meteor shower are the types of activities that often occupy our "free" time.

Still, I am a huge fan of the "finer" things, the cultural pastimes often associated with cities. One of my goals has been to find and promote the creative entertainments outside of cities, out here, where finding a parking space is easy and life moves at a less frantic pace. Thus, our venturing out to venues has taken place, almost entirely, in the more remote, less populated towns, villages and hamlets of the Finger Lakes.

Excursions over the past month, or so, have included wine tasting with lunch and guitar accompaniment (at the Thirsty Owl in Ovid, – more on that soon), adult puppet theatre and an accompanying gallery exhibit in Penn Yan, a poetry read in Dansville, live theatre in Naples, live music in Honeoye (at the Gazebo and at Mill Creek Café). Live music in Lima – awesome blues at Fanatics – and live Americana in Hemlock, NY. We enjoyed art in Canandaigua –where we listened to a talk by sculptor and furniture artist, Scott Grove, and explored an exhibit of lake-related art by various local artists. We also recently went sailing on Lake Ontario.

All of these things – with the exception of the sailing, which requires a friend with a sailboat – require host venues. These various places are brought to life by committed people, most of who are artists willing to create and maintain spaces for sharing the arts with others. After reading Mary Drake's article, I thought a bit more about these various spaces (and many, many more) that are art spaces, community spaces for entertainment and education. As I mentioned previously, many of these spaces are refurbished older buildings, and that is the focus for this issue. There truly is magic in these places and spaces. The life and art of those who came before lingers in the shadows, offering inspiration to the artists who step forward to take their places.

There are many newer venues that are exciting and interesting places to be. I especially love art galleries, and am more likely to go city-way for this type of art than any other. Still, there are so many excellent artists everywhere, and art trails and rurally located galleries provide ample adventures. I have yet to take full advantage of many of the local galleries, and hope to build more art exhibitions into my fall schedule – along with visits to topical museums (such as the Antique Wireless Museum in Bloomfield, NY).

One venue that we knew was here, but had not had the opportunity to take in was Fanatics Pub in Lima. We are both fans of the blues and had heard that blues was their thing. This venue is not as old as some, and it does not have the history of having been a stage, but the efforts of Jim Shelly (and I am sure many behind the scenes contributors) reflects the type of dedication that it takes to make art out here stand out. My most recent large concert was Tom Petty at CMAC. Petty is gone, and having the opportunity to see him a second and final time was awesome, but I prefer smaller musical venues for top musicians. That is what Fanatics provides. During our first and second shows there (both this past week), we saw John Németh (American electric blues and soul harmonicist, singer, and songwriter) with his band the Blue Dreamers and pianist Bruce Katz and his accompanying band members. While there, Katz also welcomed up on stage (in downtown Lima) Rochester area blues guitarist Joe Beard and pianist Ann Philippone – who played with Beard from 1996-2006.

I mention this because it was memorable, and because I do believe that there is a vibrant arts community in the smaller places across the Finger Lakes region via these smaller venues. Going to city venues, be they NYC, Rochester, Buffalo, Syracuse or smaller cultural city centers dotting the Finger Lakes, is certainly one way to get your cultural fix, but I love the idea of finding art wherever I am.

I recall a trip last year to Brattleboro, Vermont - a vibrant small community of 12,000. We attended a literary festival (an incredible selection of authors – this year Oct. 11-14th) and then ended up listening to some great music at a new venue that had just opened in a stone church – known simply as The Stone Church. Moments earlier, we were thrown apples out of the back of a apple-filled pick up, by people sitting on top of this mountain of fruit, after sampling craft beer at two locations and visiting several bookstores. Like our area, it is a region of the country with a farm to table focus that rejoices in the creative people and the eclectic venues that host them. These places are out there and all around us – all we need do is find and *support* them.

D.E. Bentley Editor, Owl Light News

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Joe Beard joins the the Bruce Katz Band on stage July 22, 2018 at the Famatics Pub in Lima, NY.

Photo T. Touris

Owl Light: The time between night and day (twilight, dusk, dawn); imperfect light, requiring critical observation.

Letters and Commentary

Become part of the *Owl* conversation. Submissions to editor@canadicepress.com

Letters should be less than 300 words, although longer, well written opinion pieces will be considered. All published commentary must be signed and include a street address. Please focus on sound arguments and avoid direct attacks.

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~in no particular order~

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On the Cover: The backdrop served much the same purpose as today's digital displays, advertising numerous local businesses to those in attendance at early Vaudeville shows.

Preserving buildings includes preserving things
- like the backdrop and posters - left behind.

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Read - Listen - Reflect

Regional Reflection

The Empty Chair ~ Auction will benefit local youth

Opening reception on Sunday, August 5 from 2-4 pm Rusty Brundage Memorial Art Gallery at The Cheshire Union

Fourteen (14) vintage student chairs will be designed by individuals or groups using positive images and messages of hope and encouragement.

In light of the recent tragic events in our country with so many school shootings, the Cheshire Union is hosting a fund-raising project and is inviting local artists to participate. The Cheshire Union will host an exhibit of student chairs at the Rusty Brundage Memorial Art Gallery. This event is dedicated to a generation of young people who have seen peers lost to violence and to encourage them moving forward.

The exhibit will be held August 5-September 3, 2018, with an opening reception on Sunday, August 5 from 2-4 pm. The Chairs will be sold by silent auction with winning bidders being announced just prior to the start of the 2018-2019 school year. One hundred percent of the proceeds will benefit The Partnership for Ontario County.

The Partnership for Ontario County is an independent non-profit organization. It has served Ontario County since 1998, creating, supporting and administering alliances to cultivate positive social change, serving as the umbrella organization for six programs and initiatives.

For more information please contact Dory or Mary at The Cheshire Union, 4424 Rt. 21 S, Canandaigua, 585-394-5530.

Submitted by Mary Murphy



Summer Reading @ Your Library - Libraries Rock



The Pioneer Library System encourages families to participate in the summer reading programs offered at your local library. Libraries will be hosting fun and educational programs and classes about music and science while also promoting literacy through reading.

Summer reading programs are a great way to help slow down the Summer Slide that students may experience. "The Pioneer Library System's member libraries are an important part of the region's educational network. Libraries ensure that every child in the community has access to literacy and learning opportunities all summer long," says Lauren Moore, Pioneer Library System's Executive Director. Adults are also encouraged to participate in a summer reading program to model good reading practices, as children that

see adults in their lives tend to read more themselves.

Books and reading provide a way for people of all ages to momentarily escape from their daily lives, learn new things, and increase their understanding and empathy towards others while being entertained. Library staff can help guide adults, teens and children to the classics, old favorites, or new and exciting titles that will help transport people to new worlds! Individuals can also discover and download eBooks & audiobooks to their devices using https://owwl.overdrive.com/!



The little country library at the top of the hill

UPCOMING EVENTS

Reading Rocks! Summer Reading Program will run Tuesday afternoons 2–3 pm, through August 15th, with different themes each week.

- Week 4 ~ July 31st: Create Games
- Week 5 ~ August 7th: Let's write a "spooky rock" story.
- Week 6 ~ August 14th: Grand Finale: A Rocking Good Time!

Summer Book Sale going on now!

Thanks to all who helped to make our Chicken BBQ a success!

To find out more about all our events:

Call the library at 585-229-5636, Contact Library Director Courtney Statt at cstatt@pls-net.org

3818 County Road 40

(just 4 miles north of Honeoye)

"Like" us on Facebook Check out our website www.allenshillfreelib.wix.com OUR HOURS Tues: 2-5:30 pm Wed: 6-8 pm Fri: 2:30-8 pm Sat: 1-4 pm

Allens Hill has knitting needles, crochet hooks, and homesteading kits - dyeing, canning, and soap making - available for check out!

Contact the director at cstatt@pls-net.org or 585-229-5636.



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Old magic from front

The promise of the new





The before and after images show the care and work that has already gone into restoring the exterior of the building. Work is also underway inside, using as much of the original materials as possible to preserve the magic of past while moving toward the future.

Photos provided

A meal was usually served as well, either lunch or dinner. Original turn-of-the-century playbills note that horse care was also available, since "horseless carriages" must not yet have been prevalent. After all, the Model T didn't become economical enough for the average American until 1920, and it would have taken even longer before it was a common sight in rural American.

An advertisement for a Masquerade Ball held on January 31, 1913, at the KOTM hall also lists a "Grand March" at 9 PM. One can imagine the women in their long-waisted, beaded velvet evening gown, wearing cloche hats, on the arms of men in short tuxedoes with satin lapels, wearing fedoras, promenading down Cheshire's Main Street before entering the meeting hall, donning their masks and beginning to dance. What a grand sight it must have been! And for only a quarter, one could stand and watch.

These were the busy days of the meeting hall that provided hard-working local farmers and laborers with a source of culture, entertainment, and socialization. In 1920, The Knights of the Maccabees sold their meeting hall to another fraternal organization, The Grange, the oldest fraternal organization in America to promote agriculture. Even then, The Grange, as it was then called, continued to be a hub of social activity for many years

Now... and to come:

Nothing lasts forever, and, in 1970, The Grange became privately owned and was transformed into an antiques store, which it remained for 30 years. Gradually, it fell into disrepair and the building was abandoned for 10 years, during which time it suffered serious water damage as the roof began to cave in. This once vital meeting place in the center of Cheshire had become an eyesore.

Enter the Cheshire Community Action Team.

Organized in 2005, CCAT is the brainchild of Fred and Nancy Goodnow. Fred is a third generation native of Cheshire and Nancy is a lover of American history who wants to preserve what our ancestors have created and valued. Together, this energetic pair has rallied the residents of their small hamlet to contribute time, labor, and effort towards saving the historic building. It is a story that is repeating itself in many smaller communities, as residents seek to rebuild and revitalize historic structures that once served as social centers. Such projects are massive undertakings that require the support of many

historic structures that once served as social centers. Such projects are massive undertakings that require the support of many people, and the Grange was no exception.

"Before anything could be done to the structure, we had to do a massive clean out," Fred told me. The building was filled from ceiling to cellar with "antiques" from the former storeowner. "We filled three furniture vans and two

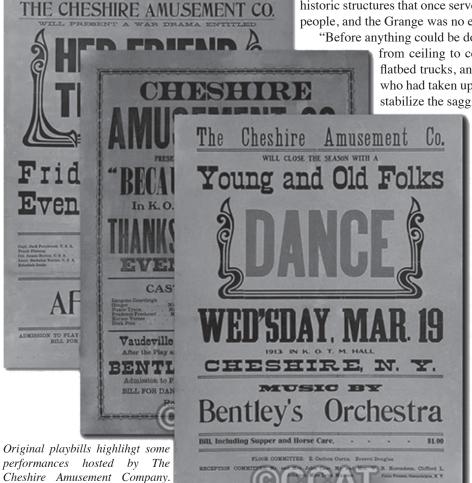
flatbed trucks, and had an overflowing dumpster," he said. They also had to clean out a large number of bats who had taken up residence during the years the building stood empty. "Then the first order of business was to stabilize the sagging hundred-year-old structure." Fred showed me a steel beam in the basement that now runs the length of the building. A partial concrete floor in the basement had to be removed using sledgehammers in order to level the dirt floor prior to pouring a new one. The Goodnows

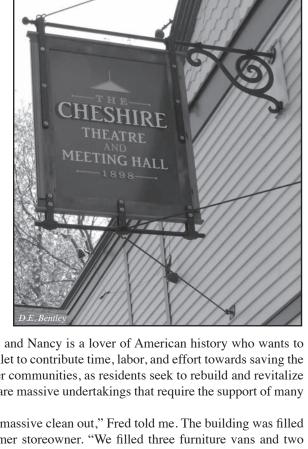
sledgehammers in order to level the dirt floor prior to pouring a new one. The Goodnows have been involved every step of the way, along with many volunteers. When I asked how an older person like Fred, who is in his seventies, could have done such heavy work, he said that he's always tried to stay fit. Apparently he's done a good job.

The CCAT intends to "restore to the extent possible and refurbish this historic structure similar to the original purpose as it was when used by The Cheshire Amusement Company of 1898," says their website. Of course they will bring the building up to code and make it handicap accessible, but otherwise they hope to keep it as close to the original 1898 building as possible. Towards that end, the team will re-establish in the entryway the building's first ticket counter, now an antique; repoint the original stone foundation; restore the curtains and backdrops used for turn-of-the-century plays and shows; and even keep in place the hat boxes men and women used in the early 1900s. Fred told me that each board that was taken down in the basement has been numbered so that it can be replaced exactly as it was, in order to preserve graffiti from the 1920s or earlier.

A sound system will be installed as well as new stage lights to ready the building for theatrical and musical productions. But the CCAT isn't stopping there. The downstairs will house a commercial kitchen for dinners and parties, with appliances donated by Wegmans, as well as a conference room. Planners envision art exhibitions, children's birthday parties, craft groups, and even a lending library.

The Knights of the Maccabees would truly be proud of their refurbished building which will preserve the best of the old while offering modern amenities. The Goodnows as well as the entire CCAT, who have donated so much of their time and effort towards the building's restoration, and continue to do so, hope to help revitalize their community and make The Cheshire Theatre and Meeting Hall a destination once again.





Check out OwlLightNews.com for more images - and links to great area performance venues!

Photo provided.

Historic performance venues

Old is new again as regional groups restore the past to host today's performers in refurbished venues

Older theatre ventures offer a special experience lacking in more modern settings. Early entertainment venues, whether movie houses, stages for live theatre or varietal venues that offered a plethora of entertainment to folks prior to home TVs and mass media, were community gathering spots as well as places to go see the newest shows. In many cases, they included grand marquees and elaborate interiors. People would gather, often in finery, and enjoy lively and memorable evenings out. We still gather for music, theatre and art, although many of the larger venues lack the ambiance that make so many of the smaller theatres of the by-gone days so very special. As more theatres (and other spaces) return to intrigue and entertain, perhaps we can recapture that magic of the past.

The Sampson Theatre
Penn Yan, NY

The Sampson Theatre is a highly visible anchor in the Penn Yan village commercial district located at 126 East Elm Street. It is an architecturally and historical significant theatre, a rare surviving example of a vaudeville house. It was built in 1910 by a local benefactor, Dr. Frank Sampson.

For 20 years the Sampson was the center of entertainment and live stage productions in Penn Yan. The

Trombley family gifted the Sampson to PYTCo in 2004 with the purpose to return the building to its original use as an entertainment center.

The Sampson was "built in 1910, and is an early example of a "poured concrete" building, containing over 50,000 cubic feet of concrete. With 2 balconies and 12 boxes, it seated over 900. The stage is 58 feet wide and 36 feet deep with a "fly space" height of 55 feet to the gridiron. Reportedly, this provided ample space for elaborate scenery from the New York City playhouses that could not be accommodated in any Rochester or Elmira theater. The proscenium is 32 feet wide by 25 feet high, and the back row of seating was only about 45 feet from the stage. It is said that there wasn't a bad seat in the house."

PYTCo's fall production this year will be *Wizard of Oz*, and it just so happens that Ray Bolger (who played the Scarecrow) and Jack Haley (who played the Tin Man) BOTH performed at the Sampson Theatre in the early 1900's when it was functioning. Help the rebuilding by attending...

THE 2ND ANNUAL SAVE THE [Sampson] THEATRE Concert Fundraiser - with proceeds to benefit the Penn Yan Theatre Company-PYTCo. Friday, August 10, 2018 at 2 pm - 8 pm ~ Penn Yan Firemans Carnival Tickets: stst2.brownpapertickets.com

Last year they raised and donated \$1,800 to the Sampson Theatre Restoration project. This years live music line-up includes Whiskey Shivers (Bluegrass/Americana - from Austin TX) featuring DCS allumni; Bobby Fitzgerald and Evan Dillon Band (Singer-Songwriter - Finger Lakes, NY) performing with his full band! Also performing will be: My Cat Jack & The Season (acoustic). With more Te Be Announced!

Theatre@37 is another local theatre created in a refurbished and repurposed building. The new theatre, which opened in December 2017, is the permanent home of Shake on the Lake and hosted this year the first NYS Puppet Festival (next one in 2020). Theatre and puppet artist Josh Rice, who grew up in Perry, is the driving force behind this storefront turned theatre, made possible, in part, by a grant from the Rural Arts Initiative. Rice was awarded \$35,000 to secure the space and create an atmosphere for artists to explore and refine their craft. It is a vibrant art space that, like so many others, shows what can happen when artists seek to create spaces for other artists.

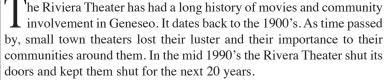
Shake on the Lake presents *Shakespeare's Richard III* for their 2018 performances. *Richard*

III is Shakespeare's masterful history of England's last medieval king. In true Shake on the Lake style, the show will be fast, fun, and physical performances that take around eighty minutes. Although a shorter version of Shakespeare's classics, Shake on the Lake's performances focus on staying true to the spirit of the stories while also including elements of improv comedy, audience interaction, and physical theatre.

ments of improv comedy, audience interaction, and

Shake on the Lake will visit numerous Genesee Valley locations as well as their main stage of Silver Lake - between July 26 and August 11. All shows are free to the public - and start at 6:30 p.m. - with the exception of the Ellicottville show (8/10 at 8:00 p.m.) and a matinee at Silver Lake (8/4 at 2:00 p.m.). For more information on the schedule visit www.shakeonthelake.org.

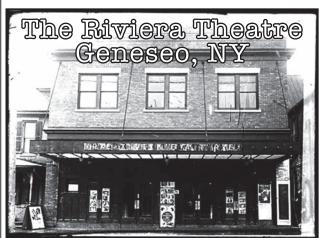
Theatre @ 37



In 2013 Palace Properties was able to purchase the old theater with the hopes to bring the Riviera back to life and be a part of the town it once was. With a life time of experience, the owners of Palace Properties decided to restore the theater to a multi-use performing arts center, which as history has shown, was the past of the Riviera Theater.

The new venture figures to have something to offer for everyone. Being able to function as a lecture hall, concert hall, receptions, movies, or even small theater productions, this will ensure the Riviera Theater will live again.* Upcoming events at Geneseo Riviera include:

An Evening of Blues featuring Joe Louis Walker & Johnny Rawls - Live - (presented by Fanatics Pub- see related ad page 6) on Sunday August 19, 2018; starting at 6 pm;



Sugar Mountain: Celebrating the Genious of Neil Young on October 12th at 8 pm; and the Slambovian Circus of Dreams, November 10th at 8 pm. They also offer regular showings of historic and more recent movies.

The Geneseo Riviera is located at 4 Center St., Geneseo, NY 14454

The box office is open Mon - Sat 9 am-9 pm and Sun 11 am-8 pm.

- Phone: 585-481-0036 or

geneseoriviera@yahoo.com * Information from their website: http://geneseoriviera.com/

More historic performance venues on page 7

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Weekly hours & additional information can be found at www.reedhomestead.com, or by phone at 585-367-8651.

Blues at the Crossroads ~ August 3rd, 4th and 5th Lima Crossroads Blues Festival 2018

Join us at the crossroads of Livingston county during the 4th annual Lima Crossroads Blues Festival. Free concerts and children's activities all weekend!

he festival starts on Friday 6 pm with a waterball tournament put on by the Lima Volunteer Fire Department. Free music starts at 8 pm with Dirty Bourbon Blues Band at the West stage next to Fanatics and Hanna and the Bluehearts on the East stage next to Uncle Daves Upper Deck. On Saturday enjoy breakfast all day long at the Lima Family Diner. Then venture over to the food and craft vendors on the lawn of the presbyterian church. Ballonnmaniafun.com and the Old Lima Jail are events that you can't miss. Kids will enjoy the free carnival games, Rotary bike rodeo, petting zoo, pony rides, euro bungee, bounce house and hungry hippos inflatables. Join us for the infamous Lima Bed Race at 1 pm. Bring your own bed or rent ours. Teams can still sign up that morning. After the bed races are the Euchre Tournament and Poker Run.

The BCW Trio and Country Rain will be performing on the front lawn at the Presbyterian Church. The West Stage next to Fanatics will feature free concerts starting at 2 pm on Saturday with Jennifer Westwood and the Handsome Devils, The Nick Schnebelen Band, and Poison Whiskey. The East stage next to Uncle Dave's Upper Deck will feature free concerts starting at 4:00 with Owen Eichensehr and Tony Holiday and the Velvetones. Also starting at 4 pm, the American Hotel will feature Peter Griffith and Curly and Lill.

On Sunday food and craft vendors will be available along with the Anything Old Parade at noon. The Anything Old Parade features anything old that runs! Parade starts to form at 10:30 am at the Lima Primary School. Best viewing will be at the 4 corners, with judging in the parking lot next to Fanatics. After the parade join us on the West Stage, starting at 1 PM, with Steve Grills and the Roadmasters and Johnny Rawls. The East Stage, starting at 2 PM, will feature Vinyl Orange Ottoman and the Nick Schnebelen Band. The American Hotel will feature Mike "Cotton Toe" Scrivens at 2:30.

by Leta Button

Performers at the weekend festival include soul blues legend Johnny Rawls. Rawls, along with Joe Louis Walker, will also be presenting "An Evening of Blues" at the Geneseo Riviera Theatre

For more information visit our website at www.limabluesfest.com or our facebook page at Lima Crossroads Blues Festival. We hope to see you there!

Mill Creek Cafe's Music on the Patio continues, Saturday, Aug. 4th with ...

f you are a fan of old time Roots Blues & Bluegrass guitar styles Gordon Munding has the goods. He began playing this music in the late 70' in Rochester N.Y. and the Finger Lakes region. He has shared the stage with guitar masters who've toured through Rochester, including Doc Watson, John Hammond Jr, and Rory Block. Gordon is the founder of "Son House Blues Night" a continuing tribute to Rochester's famous resident Delta blues man; Gordon's also the founder of the area's famed

See page 10 for additional upcoming shows in this awesome cafe patio music series.

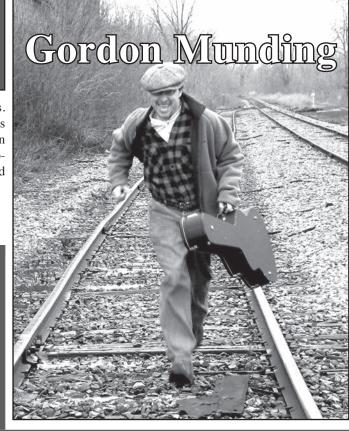
folk group "The Crawdiddies," and is now performing a solo review of his unique style.

Ben Haravitch, solo, Friday, August 3rd, 5 pm-8 pm Steuben Brewing Company

10286 Judson Rd, Hammondsport, NY

"This is the coolest brewery / music venue around. I've always felt so welcomed here when I've played with The Brothers Blue or Mount Pleasant String Band. This will be my first time as a loner! I'll be fresh off a week in the woods in West Virginia playing fiddle tunes, so it should be a spirited one to say the least!





OwlLightNews.com

• Performances

oncerts (



Limabluesfest.com for all the info. and music line up.

~Tues. Aug. 7 — Nick Schnebelen Band $\sim 7:00$ pm $\sim 20



Chalk Walk & ArtsFest ~ Dansville's Summer Street Festival

Saturday, August 4, 10 am-2 pm in historic downtown Dansville

ansville ArtWorks will host the seventh annual Chalk Walk & ArtsFest on Saturday, August 4, 10am-2pm. The event runs rain or shine on Main Street in Dansville, with "event headquarters" at Dansville ArtWorks, 153 Main. This signature summer street festival is free and open to the public.

ArtWorks is thrilled to host popular returning featured chalk artists Rebecca Crocker and Derek Crocker. They will create signature pieces near ArtWorks; watch their progress throughout the day.

Community chalk artists will again contribute to Chalk Walk 101, making at least 101' of continuous sidewalk chalk art in the Maxwell Block. Community members are invited to register (no charge) and

participate in this popular event as chalk artists - open to all ages and abilities. Sign up to chalk by July 27 to receive free chalks. Forms are available at Dansville ArtWorks (open Thursday-Saturday), Dansville Public Library, and dansvilleartworks.com/chalk-walk.html.

Bring a lawn chair to enjoy a concert by Steel Alchemy, performing from 11am-2pm.

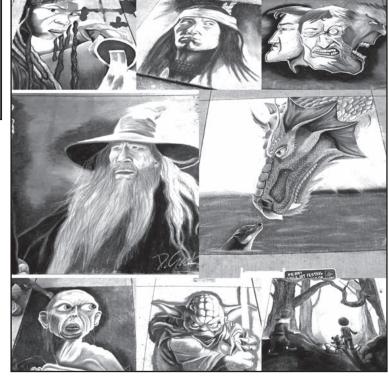
Experience something new at the mini art workshops and demonstrations at Dansville ArtWorks: wool spinning and cord making by Kim Swink, clay ornaments by Colleen Johnson, and beading by Emily Bowers.

Support these organizations at Chalk Walk: Foundation for Dansville Education and Dansville Community Center (bottled water); Dansville Presbyterian Church (ice cream sundaes); Class of 2020.

Dansville Chalk Walk & ArtsFest is a multi-generational community arts program managed by Dansville ArtWorks and funded by the Decentralization Program, a regrant program of the New York State Council on the Arts, with the support of Governor Andrew Cuomo and the New York State Legislature and administered by Genesee Valley Council on the Arts at Livingston Arts Center, a member-supported organization. Local sponsors include UR/Noyes Health, Dansville Mini Storage, Village of Dansville, Mill Creek Optical, Dansville Area Chamber of Commerce, Muchler Financial Services, LMC Industrial Contractors, and Tony's Pizzeria.

Plan to join the fun on Saturday, August 4, 10am-2pm in historic downtown Dansville. Follow the event on Facebook and at

www.dansvilleartworks.com/chalk-walk.html. ArtWorks recommends parking in municipal lots. Questions/information: 585.335.4746 or dansvillechalkwalk@gmail.com.



Chalk art samples by Derek Crocker. Derek and Rebecca Crocker will create signature pieces near ArtWorks. Images provided by Rebecca Crocker

Arts • Exhibits

Contemporary Paintings & Mixed Media 154 Mill Street, Downtown Canandaigua 585-704-6419 • Jeanne Beck.com

Venues from page 4 he Star Theatre first opened in June of 1921, playing 35mm Black and White Silent Films. The first "Talking" film played

there in 1927. The Star ceased to shine and closed in the mid 80's and time took a toll on the Theatre. In 1994 the Theatre was reopened by The "Schmidt" Family on 28 Oct, with Upgraded 35mm

The Star Theatre

"Platter Mounted Projection. In 2011 The Star Theatre was recognoized as Livingston County Small Business of the Year and the Star also switched to Digital Projection and Dolby Digital Suround Sound on 30 November 2012.

They feature today's current movies in a historical movie house setting nightly at 7 pm with matinees Wednesdays at 1 pm and Saturday / Sunday at 3 pm.

Information at www.startheatredansville.com. Check for Special Showings.

hat is now Bristol Valley Theater (BVT) was originally founded in 1964 as Bristol Valley Playhouse on Seman Road, north of Naples, by George and Mary Sherwood. After twenty-two years, stewardship was taken over by a not-for-profit foundation, The Friends of Bristol Valley Playhouse. In 1991, the original playhouse "on the hill" closed its doors, and the Friends purchased the vacated Trinity Federated Church on Main Street in Naples. The transformed church turned theatre space opened its doors for the 1992 summer season and continues to offer the community of Naples and theatre-goers across the region professional performing arts.

The Friends of Bristol Valley Playhouse Foundation, Inc. (doing business as Bristol Valley Theater) are a not-for-profit corporation whose mission is: "To produce life-affirming theater for a diverse rural and regional audience; To present a variety of performing arts; [and] To provide training to young actors and offer scholarships for that training based on need and merit." They believe that theatre should be a part of everyone's life and that performing arts are an essential component of a vibrant communty and, along with many other regional performing arts venues, have remained dedicated to that goal.

The 2018 summer season continues with with The Drowsy Chaperone. The Drowsy Chaperone is a "rip-roaring comedic send-up of the early days of Broadway. The world's biggest musical theater fan, referred to as the Man in Chair, will introduce you to his favorite long lost musical from 1928." Performances run from July 26-August 5 at the theater at 151 S. Main Street in Naples.

For reservations and information, visit www.bvtnaples.org.





ne of the "gems" of the Little Lakes Community Center in Hemlock, NY is the stage. The stage borders one side of the gymnasium, a typical design for schools built in the early part of the 20th century. Classrooms in the school are off central hallways that surround the gym-natorium on two floors. The building – formerly the Hemlock School - was designed in the 1920's by Carl Ade, a well-known architect in the area at that time. It now has a new life as the Little Lakes Community Center, with its gym-natorium newly dedicated to Jack Evans, the local benefactor who originally bought the school and gave it to the Town.

The stage can easily accommodate an orchestra, a chorus, or the scenery and a large cast for a dramatic production. It has doors to the rear of the stage so performers can enter without view of the audience, as well as stairs on both sides in front for access from the floor. The acoustics from the stage have been improved by installing a used stage curtain donated by Honeoye Central School, which was re-sewn by dedicated volunteers from LLCA and hung on scaffolding built by the LLCA's "Brother Building Boys." An audience of over a hundred can easily fit on seats on the gym floor, which can just as easily serve as a basketball or volleyball court.

The LLCA has worked tirelessly for several years to convert the under-used Jack Evans Community Center (old Hemlock School) into a true community resource, with events and on-going activities for visitors and community members alike, rentals for area groups and businesses, and recreational opportunities.

Numerous events sponsored by LLCA have already taken advantage of the stage and gym, including several concerts, the most recent being Richie and Rosie in June, and an upcoming concert with the Brothers Blue on Saturday, August 11 at 6 pm. The gym-natorium's versatility allows it to be used for numerous educational and recreational gatherings as well as performances. Theatre is a part of the LLCA Steering Committees's plans and they will be sponsoring a production in the near future.

For more information check out www.LittleLakesNY.org or FaceBook - @littlelakesny. You may also call the center at 585-367-1046 or text/call 585-455-2518.

Submitted by Tawn Feeney

Kristen Boorman receives Lake Country Garden Club Scholarship HPS graduate will study psychology at SUNY Geneseo beginning Fall 2018 semester

oneoye Central School District graduate Kristen Boorman was the recipient of the 2018 Lake Country Garden Club Scholarship. A true Honeoye native, Kristen has lived in Hone-Loye her entire life. "I was brought home from the hospital to the home I lived in for most of my life," Kristen shared, smiling. Kristen's family includes sisters Heather -soon to be sophomore at Honeoye Central – and Parker – who enters Kindergarten this September. "My parents are always very supportive of our endeavors", Kristen said of mom, Jacqui and dad, Brian.

During her high school years, Kristen settled down to academics, but also competed in several extra curricular activities. To name a few: Mastermind, Youth to Youth, Volleyball, Track, and Cross Country. She also visited Costa Rica on a school trip, and hosted a student from there when they visited the U.S. Her main love, however, is dance. Currently she studies jazz, hip-hop and lyrical (similar to ballet, but more relaxed) with local dance instructor Shanna Butler.

For summer and next school year Kristen is working at Once Upon A Child, a children's clothing store at Southtowne specializing in gently used items. Over the summer she will help in opening a new location across from Eastview. "Working full-time allows me to put away more money for school, and I will still be able to work when I leave for college".

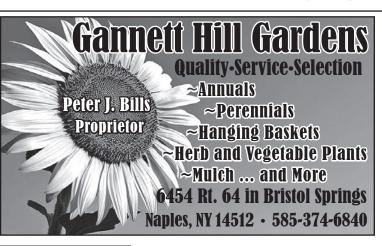
State University of New York at Geneseo is Kristen's destination at the end of August, and she is very happy to have been accepted there to study psychology. Undecided as to whether she will branch out into the field of Speech, or Behavioral Psychology, Kristen is excited about this new chapter in her life. Learning to be fluent in sign language is another goal for this young lady who will put her scholarship money toward her tuition. Kristen hopes to be able to fund her college education without loans.

We wish her well in all of her endeavors.

Kristen, who is working full time to save money for college, still finds time to enjoy the flowers.

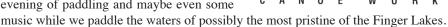


by Merry K. Seablom



Moonlight Cruises Hosted by Hemlock Canoe Works

What better way to enjoy the beauty of the Finger Lakes than a moonlight cruise on Canadice Lake. Come join us for a fun filled evening of paddling and maybe even some



The next Moonlight Cruise is Friday July 27th. Meet at the canoe launch which is at the south end of Canadice lake's east side. We will meet at 7:30 pm and try to be on water by 8 pm. If you are in need of a canoe, Canadice Lake Outfitters will be onsite and have rentals available. Please contact in advance and plan to arrive a little early.



Spot ads are a great way to advertise your business! Info. & rates at: www.owllightnews.com/ owl-advertising/

Paddle across Keuka on August 4th Finger Lakes Museum & Aquarium!

> Learn more and register for sponsorship at www.fingerlakesmuseum.org/events/ paddle-keuka-5k-race-sponsorships

Wholesale Opportunities Grant for NYS Farmers deadline extended to July 31st, 2018

remendous growth in consumer demand for local food has driven wholesale buyers 1 to seek significant increases in local food procurement from New York State farmers. This grant will provide free consultation on profitability analysis for wholesale products as well as assistance connecting interested growers with wholesale buyers in the Northeast region. Please take a moment to fill out an application to participate in the grant, Scaling Up: Developing New and Additional Wholesale Enterprises with Greenmarket Farmers. This grant is limited to NY State growers, and the application deadline has been extended to July 31st, 2018. If you have any questions or would like assistance in filling out the application, please call 212.788.7900 ex. 269 or email FARMroots Marketing Specialist, Erik Hassert, for more information.

Increased funding for research on pollinators ~ bee, honeybee, flower, apiary

The U.S. Department of Agriculture's (USDA) National Institute of Food and Agricul-L ture (NIFA) recently announced 14 grants totaling approximately \$10 million for research to help sustain healthy populations of pollinators, which are crucial to the nation's food security and environmental health. The funding is made possible through NIFA's Agriculture and Food Research Initiative (AFRI) program, authorized by the 2014 Farm Bill. Universities around the country will be conducting the research. From these studies, researchers will develop seed zone guidelines to better predict the fitness and health of both plants and pollinators, thereby ensuring better success in sustaining diverse populations of pollinators. More information regarding the universities and grants can be found on the USDA website.



585-313-7590

beesandland@gmail.com

Spotted Lanternfly - Impact on Craft Beverage Industry August 7-9, 9 am - 12 pm. Craft Beverage Center, Lots 1001 and 1002

> Tow invasive species are impacting grape and hops production and the craft beverage industry will be featured in a new daily program at the Craft Beverage Center at the August 7-9, 2018 Empire Farm Days at Rodman Lott and Son Farms in Seneca Falls, NY. The presentation by Patty Wakefield Brown of the Finger Lakes Institute at Hobart and William Smith Colleges, Geneva,

NY, and the Finger Lakes PRISM: Partnership for Regional Invasive Species Management, will include a discussion of how to identify and report Spotted Lanternfly. Cornell Viticulture and Enology Extension specialists will be available for question and answers daily at the 2018 Empire Farm Days at the Craft Beverage Center at Lots 1001 and 1002 from 9 am to 12 pm. Their focus on Tuesday, August 7 will be on wine; on Wednesday, August 8 on cider; and on Thursday, August 9 on distilled spirits.

SLF is an invasive pest from Asia that feeds on more than 70 plant species including tree-of-heaven (Ailanthus altissima), maples, apple trees, grapevine, and hops. SLF feedings can stress plants, making them vulnerable to disease and attacks from other insects. SLF also excretes large amounts of sticky "honeydew," which attracts sooty molds that interfere with plant photosynthesis, negatively affecting the growth and fruit yield of plants. More info. can be found at: https://www.dec.ny.gov/animals/113303.html



The Night Sky by Dee Sharples Perfect timing for Perseid meteor shower peak Moonless night on August 13th offers spectacular viewing opportunity

any people say that the Perseid meteor shower is the best meteor shower of the year, partly because it comes during the summer months when observing outside is more comfortable. The peak of the meteor shower occurs in the very early morning hours of August 13th, perfectly timed this year as there won't be any moonlight to brighten the sky and interfere with your observing.

No special equipment is needed to view a meteor shower - only your eyes, and patience. I've found that the time between 3:00-5:00 AM works for me. Find an area with an expanse of open sky away from lights, make yourself comfortable in a lawn chair and plan to stay outside for at least 30 minutes. After 10 minutes you eyes will have adapted sufficiently to the dark. Now let your eyes casually wander the sky in all directions and you're sure to spot some meteors.

Although you will be able to see a few Perseid meteors any night during its active period of July 17 to August 24, your best opportunity is on August 13th. At the peak observers can expect to see about 110 meteors per hour. Meteors may streak across the dark sky in any direction, but they will appear to come from the constellation Perseus which will be

The meteors originate from Comet 109P/Swift-Tuttle which passes through our solar system every 133 years in its long orbit. As it approaches the Sun, the heat causes it to shed dust and debris which gathers like a cloud in space which the Earth passes through every August. When this dust and debris enters our atmosphere, it burns up and produces a meteor or what some people call a "shooting star". In 1992, Comet Swift-Tuttle once again passed close to our Sun after its long journey and will return again in 2125.

The comet was discovered independently in 1862 by two astronomers -Lewis Swift and Horace Tuttle. Interestingly, Lewis Swift moved to Rochester, NY in 1872 where he opened a hardware store. However, Swift still continued pursuing his interest in astronomy and searching for new comets and went on to discover several others. This caught the attention of a wealthy Rochester businessman and philanthropist by the name of Hulbert Harrington Warner who then built an observatory at the corner of East Avenue and Arnold Park in the city. The Warner Observatory completed in 1883 cost almost \$100,000 and Lewis Swift, who had made the decision to leave Rochester, was convinced to stay and become its administrator. Swift finally did move to California in 1894 and is credited with discovering a total of 13 comets in his lifetime.

A pretty sight in the west-southwest comes on August 14th when the planets Venus and Jupiter and a crescent Moon meet up in the darkening sky about 45 minutes after the sun sets. Venus is brilliant at magnitude -4.4 with Jupiter dimmer at magnitude -2.0. Look for the red giant star Arcturus shining with a distinctly reddish hue about 30 degrees (3 fist widths) above the Moon.

Be sure to look for the summer Milky Way around 10:00 PM after it's fully dark. See if you can spot a wispy cloud-like band of faint light starting in the northeastern sky, passing overhead, and then down to the southern horizon. This is the Milky Way. The faint glow you see comes from the light of countless stars that make up the spiral arms of our Milky Way galaxy. The Sun is but one star among the billions that make up this galaxy in which we live. According to NASA, the Hubble telescope has revealed there is an estimated 100 billion galaxies in the universe, and this number is likely to increase as our telescope technology improves in the future.

Truly we live in an amazing universe!

August 14 Arcturus Jupiter MOON Venus

Share night sky & meteor viewing reflections - along with poetry, prose and visual art inspired by the beauty of the night sky - with Owl readers. Send submissions to editor@canadicepress.com

Magnitude measures the apparent brightness of a celestial object and is expressed by a decimal. The larger the number, the dimmer the object.

Sun: -26.7 Full Moon: -12.6

Venus at its brightest: -4.4

Bright star: 0.0

Dimmest star visible with the unaided eye: 6.0

How to measure degrees in the sky:

A simple "ruler" is to hold your arm straight out and make a fist. The area of the sky covered by your fist measures roughly 10 degrees. By moving your fist and counting how many "fist widths" it takes to reach an object in the sky, you'll have an approximation of degrees.

Strasenburgh Planetarium

Strasenburgh Planetarium in Rochester has public observing every clear Saturday night. Members of the Astronomy Section of the Rochester Academy of Science will open the two telescopes on the roof of the planetarium. This free event takes place from dark to 10:30 PM. You will need to climb 60 steps to the telescope deck. The entrance is just to the right of the back door of the planetarium. Call the planetarium after 7:30 PM at 585-697-1945 to confirm the telescope will be open that night. If it's cloudy, observing will be cancelled.



Dee Sharples is an amateur astronomer who enjoys observing planets, star clusters and the Moon through her telescope. She is a member of ASRAS (Astronomy Section of

the Rochester Academy of Science) and records "Dee's Sky This Month", describing what can be seen in the sky, on the ASRAS website, rochesterastronomy. org. Watch for her monthly Owl feature to learn more about the night sky.

Send comments and questions Re: The Night Sky to editor@canadicepress.com.

Check out OwlLightNews.com for more great articles and images.

Regional Farm and Garden Markets

Goods and products harvested, crafted and sold locally... by the people who produce them

Lima Farmers' Market - Tuesdays

• June 19th thru October, 3-6pm. On the lawn of the Lima Presbyterian Church, corner of route 5&20 and 15A, Lima, NY For information, please contact Market Manager, Sue Muehleisen at 585-752-9238 or smuehleise@aol.com

Springwater Farmers Market - Fridays • June 22 thru October, 3-6.

At the "4-corners" in downtown Springwater.

Brighton Farmers' Market Brighton High School Parking Lot

on Winton at 12 Corners

• Sundays, 9 am - 1 pm

Brighton Farmers' Market is pleased to offer EBT/SNAP Bonus Program -- Fresh Connect Checks to SNAP customers. This state-funded program allows us to give a \$2 Fresh Connect Check with each \$5 in tokens purchased with an EBT/SNAP card, which can be used to purchase any SNAP-eligible foods at the market. http://www.brightonfarmersmarket.org or fb.

2018 Ontario County Local Food Guide makes finding your farmer easy

The Ontario County Local Food Guide is available for viewing and download on the Cornell Cooperative Extension of Ontario County website, www.cceontario.org. The guide will also be available at Ontario County farmers' markets while supplies last. Be sure to get your copy today for your guide to a summer full of local food, farms, and fun!

Submitted by Cornell Cooperative Extension of Ontario County

Regional Farm and Garden Markets is a free Owl listing for community markets!

That Finger Lakes Sound by Ben Haravitch From the field: Grassroots Culture Camp 2018



'Mississippi' Jack Magee from Magee, Mississippi teaching me the fiddle tune Five Miles to Town. Photo by Ben Haravitch

he Appalachian Plateau is a geologic region that includes parts of Alabama, Tennessee, Kentucky, West Virginia, Ohio, Pennsylvania, and yes... New York. In our state, if you live south of I-90 and west of the Catskill Mountains, you live on the Appalachian Plateau. The entire region is generally characterized by nearly horizontal rock layers that have been dissected by water to form the hills and valleys that define our homeland. Different rocks make for different hills, but the upshot is the same: many small, rural population centers separated by the topography. Separated enough that local and regional customs could be established, but connected enough that these customs could spread quite far.

I was thinking about our plateau geography last week as I drove along the Cohocton River on I-390 and I-86 between my house in Warsaw and the Grassroots Festival grounds in Trumansburg. The river cuts a path nearly parallel to the Devonian rock horizon where the older West Falls group meets the younger Canadaway Group. The difference in composition of the juxtaposed formations manifests a striking escarpment to the south of the river.

I made the pilgrimage to study at the Grassroots Culture Camp, which is held each year from the Sunday to the Wednesday before the illustrious Festival of Music and Dance. I learned about some traditional Appalachian music customs from a group of local masters. Customs that were born in grange halls and on back porches throughout Appalachia in the early 20th century, and then tweaked and honed in an Upstate New York revival of the music beginning in the 70s. Groups like the Highwoods String Band, The Correctones, The Swamp Root String Band, and The Henrie Brothers were some of the first in the Finger Lakes to give new life to Appalachian fiddle music by making the dance music more rhythmic and groove-oriented than ever before.

The Grassroots Culture Camp allows interested folks to learn face-to-face from many of the originators and torch-bearers of this regional dialect of a language spoken far and wide. Some of the local instructors (and their influential string bands) at this year's camp included: Mac Benford (Highwoods); Brian Williams (Swamp Root); Richie Stearns, Judy Hyman, and Jeff Claus (The Horseflies); Tara Nevins and June Drucker (The Heartbeats); Jeb Puryear (Bubba George String Band); Rosie Newton and Steve Selin (Evil City String Band); Oona Grady and Leah Grady Sayvets (The Grady Girls); and Aaron Lipp (Mount Pleasant String Band). Not to mention the many visiting instructors teaching workshops on traditions which may be less local like Cajun accordion, honky tonk drumming, flat-footing, and Native Americana.

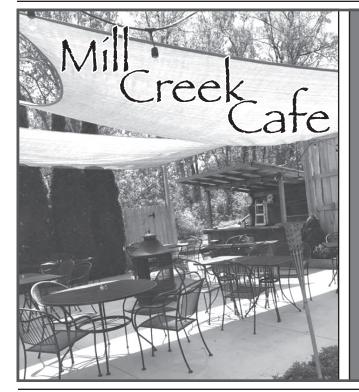
A day at camp begins at 9am with yoga accompanied by live music, then continues with one-hour music and dance workshops all day. This year I took an old-time fiddle workshop with Rosie Newton, a clawhammer banjo workshop with Richie Stearns, a fretless banjo class with JP Harris, and learned about the music business from Ben Greenburg, the band manager for Donna the Buffalo. And the workshops aren't the only way to learn. I make new friends and catch up with old friends; folks I look forward to connecting with each summer like 'Mississippi' Jack Magee from Magee, Mississippi who I can count on to teach me a few tunes he picks up as he travels up and down the Appalachians each year.

At night a live band performs a traditional dance concert after a kindred homemade dinner is served. For example, last Monday I ate a delicious jambalaya, collard greens, and corn bread before two-stepping to Cajun virtuosos Steve Riley and the Mamou Playboys. I retired to my tent at about midnight and dreamed in fiddle tunes while it thunderstormed.

Our culture is sculpted as much by our separations as our connections, just as our hilly terrain is carved by rivers and rain. If you are developing your own voice in the context of our regional music culture, I hope you find corridors like the Grassroots camp to share and learn.



Ben currently lives in Warsaw, NY. He teaches banjo, records music made by his friends, and performs with a variety of roots-based bands throughout the Finger Lakes region. http://www.benharavitch.com



Saturday night Music on the Patio

June 30: Warren Paul July 7: Dan Mason July 28: Steve West August 4: Gordon Munding

August 11: Dan Mason August 18: Ben Sheridan Settle in for an evening of live music on the patio, Saturdays 6-9 pm.

Established in 2005, Mill Creek Café is a seasonal café and Ice Cream shoppe offering an expansive and creative menu. We strive to utilize the abundant seasonal offerings from our surrounding farms. Whether you are looking for a unique meal, stopping by for some live music, or meeting a friend for a quick drink, Mill Creek will leave you happy and looking forward to our next meeting. Stop by and say hello! And don't forget the ice cream!

Open Mics

Dalai Java's ~1st Thursday Open Mic 6:30 ~9:30 pm Downtown Canandaigua dalaijavainfo@gmail.com

Brew and Brats at Arbor Hill ~ Friday open mic, 6 pm 6461 BB State Route 64, Naples, NY info@brewandbrats.com

Dansville ArtWorks ~ 4th Friday open mic series, 6 pm ~ Friday, August 24, Albert Abonado, poet, featured artist Free & open to the public ~153 Main Street, Dansville, NY. ~ dansvilleartworks@gmail.com

Owl-at-Home Delivery Don't miss your next issue of Owl Light News, let Owl come to you.

See page 3 for complete information

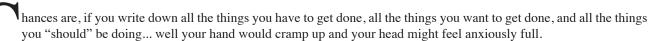
Gift delivery also available.

Owl is original!

Owl Light News is jam packed with local, original content from regional authors, community contributors and businesses that care. We do news the old-fashioned way, one piece at a time. All of us live and work in upstate NY. We care about our communities and only place content, including press releases, that foster fairness, equity & respect for all.

Simple Sustainability by Sky Trombly Until next time, be the light by living lightly!

Minimalist time management



If you spend time trying to organize your life you can spend all day coming up with a plan that ultimately doesn't work, a discovery that sadly comes the very next day.

Go, Go, Go, Oh No! My motivation is gone!

We're all busy people, but some of us build to-do lists that in-and-of themselves burn us out. I know I have. When we're left to juggle too many obligations, we're likely to drop the ball or give up on juggling completely.

I know that I have a tendency to avoid some of the most important tasks and invent things to do that I perceive to be more fun than say, paying the bills. The result? Well, I might have cleaned the toilet while my car insurance lapsed, for an example.

If we all have so much to do and not much time to do it in, how do we organize our lives so that we have a measure of balance, simplicity, and efficacy? Or, put another way, how do we get things done without going crazy?

Do less to get more done

The problem is clutter in our mental and schedule "spaces". We attempt to "do it all" because we haven't taken the time to decide what is essential to us and what just comes along for the ride.

So, a part of the solution is identifying what the priorities of that day need to be. It is often recommended by life coaches to choose one thing to get done for the day. Accomplishing one important task is definitely better than burning oneself out over a longer list of unimportant tasks.

I personally make it slightly more complicated than that in order to guard the balance in my life. I have identified 4 areas of my life where I have projects and responsibilities that cannot wait: Work, Home, Parenting, and Personal. If I didn't have these categories, I might focus too much on my work and neglect important tasks elsewhere. I keep it simpler by focusing on just 1 item for each category, though.

So, one day my list might be something like this: Work: finish writing article; Home: pick up CSA share; Parenting: pediatric appointment for Laura; Personal: sign up for next race.

Obviously, I cannot be very prescriptive here because we all have different lifestyles and priorities, but having these four categories and keeping my to-do list very small seems to work well for me in order to address those ever-changing tasks.

Routine maintenance

You might notice that this method leaves out a very important aspect of time management, though. There are things that need to be done on a regular basis (typically daily or weekly). If you focus exclusively on these, then you'll feel like you're on a hamster wheel not really accomplishing anything. If you neglect these sorts of tasks, then you'll have no dishes to eat from, no clothes to wear, your fitness may suffer, and so on.

Enter The Slight Edge (by Jeff Olson) philosophy. (A life-changing book, by the way, that I highly recommend reading.)

These are those small tasks that are "easy to do and yet easy not to do". If done repeatedly, these small actions lead to major results. However, trying to keep track of all of these mentally can become debilitating. So, instead, I consider what has potential to give me a good return on my investments and work to make it into a habit that I no longer have to monitor. It is an ongoing process of course correction, based on past results.

You could work on 1 habit for 30 days, which is a popular practice in self-development circles.

I tend to work on a few at a time. That is my jam. This month, for example, I am trying to read for 1 hour every day, this isn't too challenging for me, but it is challenging to stick to just one book. I tend to over-complicate my life and try to get a few books going at the same time. I tend to end up not finishing any of the books because I have too many going. Sound familiar? This problem finds its expression in a multitude of ways in my life!

- * Our productivity can suffer when we are trying to get too much going at once. It is also mentally, emotionally, even physically stressful and definitely demotivating.
- * In order counter this, it is useful to consider the balance of your obligations in life (such as your work, your home, your family, and your personal obligations) and stick to 1 important or urgent task in each category to do for the day.
- * There are repetitive tasks that we still need to do each day, such as our dishes.
- * Rather than spending mental space thinking about our repetitive habits on a daily basis, it is best to focus on tweaking our habits to bring us the best return on our investments. A 30 day challenge might be enough to evaluate whether a new or updated habit serves us and puts it on auto-pilot so that the change is no longer a stressor in our life. (Change is stressful, even when it is a good change.)
- * If we combine these two approaches and apply them to how we accomplish our to-do lists, the result should be more balance, less stress, and more productivity.

What do you think? Willing to test this theory out by giving it a try? Let me know what works for you – or not.

Sustainability - related comments, topics and questions can be e-mailed to editor@canadicepress.com with Simple Sustainability in the subject line.



Something of a sustainability nerd for most of her life. Her goal is to empower herself and others to live in a way that is congruent with personal values - and intimately linked to the Earth. You can join her in her wanderings through the quagmire of sustainable living in every issue of Owl Light News, and on her blog - talkwalking.org

Artistic Pileated woodpecker in Canadice

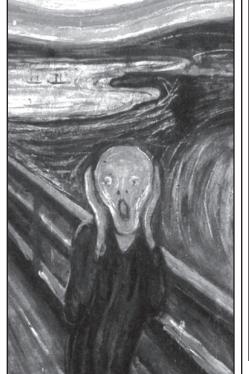
at, an *Owl* reader recently happed upon the artistic work of a creative albeit copycat - woodpecker.

he reported:

"While walking in my woods on Canadice Lake Road this spring, I spotted a sentry, newly drilled by an artistically talented pileated woodpecker (most likely a descendant of Norway), which closely resembles The Scream (Munch)."

I am guessing that the insects that sought escape from this creative bird were screaming as well - such that insects can.





Beautiful Dreamer

by Stephen Lewandowski

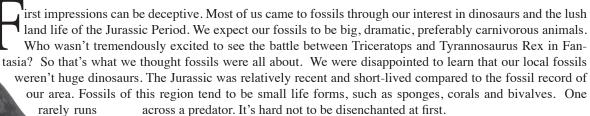
Mary Jane at 90 says her trotter horse Tanager has returned to speak to her in dreams. She trained Tanager named for a flame-red bird at the track riding in a sulky. She calls her "Tanyer" her pet name left from their long relation now 50 years gone. "What did Tanyer say?" She laughs like a girl, "Tanyer said, 'Now we are old and no more racing, I can come home with you. Now we can talk'."

for Mary Jane Force (1916-2008)

Fossil hunting sparks imaginations Fossil - from the Latin fossilis, something dug up by Stephen Lewandowski

Fossil - from the Latin fossilis, something dug up

Preserved remains or record of the presence of plants or animals



so happens that the part of the Devonian Period into which first glaciers then streams and rivers have carved an entry was extremely rich in life from which fossils could be made. Three hundred and sixty million years ago, this area was underwater and going through a sedimentary process in which hard-bodied life forms were buried in the sediments settling out of the water. First, stone formed a cast around their shape, then their shape was replaced by stone.

he Pas

Fossil hunting requires exposed bedrock, and bedrock is exposed, even fractured

and grooved, where glaciers have been at work. In western New York the glaciers only went out of business about thirteen thousand years ago, so the bedrock they bared is still relatively fresh. Over the past two hundred years, however, the open shale, siltstone, and limestone cliffs and mineshave been quite thoroughly investigated, first by geologists, then by collectors, and finally by residents, especially children. Teaching western New York State children to look for fossils fulfills an important function in cultural as well as natural heritage.

Learning about fossils enables children to develop the reasoning ability they will need to participate in the scientific method of discovery. The disciplines of Taxonomy, Geology, Paleontology, Zoology, Botany, and Evolutionary Biology, among others, are

strongly dependent on understanding the fossil record. Teaching children about fossils will not make scientists of them, but it keeps that option open.

Waiting for a friend with business in the town bank, I window shop for clothes, fishing tackle, and toys in the evening along Main Street. The winter darkness has fallen quickly and completely as the display windows are lit. I have some company at the toy store: a well-dressed man stares at the dinosaur display of posters, plastic models, balsa replicas, and blow-ups of the great reptiles.

Lit by recessed spotlights, the bulky Brachiosaurs and Diplodocus browse green Astroturf and flee from Coelurus and Tyrannosaurus while the Pterosaurs float above. Labyrinthodonts bask in the ferns beside blue mirror pools on which Plesiosaurs and Icthyosaurs are poised.

Look, there's a flock of young Ankylosaurs. You can tell they're young because their spines haven't grown in yet. They better be careful, and where do you suppose their momma's at? When I was young and the language was growing in me, it developed frills, lobes, crests and bills like these.

I am wondering if this man shares my memories of a childhood lost in books, handling fossils, considering blood-splashed illustrations and fascinated by the ancient world of cold-blooded reptile flesh and teeth tearing at one another when under his breath I hear him say "Oh, wow!"

Fossils spark imaginations. We say, "What I hold in my hand was once alive and lived its life right here." Hunting for fossils engages an instinctual recognition of patterns, and we often respond to these patterns emotionally. The thrill of finding a fossil stems not only from the sense of discovery since "It was right there all along and I found it," but from a sense of identification, prompting us to ask, "I wonder what its life was like?"

For years, the Devonian period appeared to me in stone colors, shades of grey, silver, white, brown and black, the predominant colors of the local fossil record. This is probably wrong. How would we know what the actual colors were so many million years ago? Pigments rarely fossilize. But there certainly would have been a great deal of green in the plant life, and the most likely modern analog to the shallow, salty Devonian seas are the ocean reefs near modern islands and shores. They are full of color! Imagine the drab grey and brown fossils we dig out of the shale in their original hues, violent purples and extravagant oranges.

There are a number of activities, fossil-hunting among them, which seem to engage a different set of our senses than everyday life does. I suspect that hunting anything engages these senses in recognition of specific patterns. It may be that these innate abilities are as ancient as the human hunter-gatherer roles.

I had the experience recently of happening on a pile of fractured limestone left over from a construction project and dumped in a field. At first glance, there didn't seem to be anything unusual about it. As I looked more closely at the stone to try to identify the source, at first I couldn't, but then I saw a horn coral fossil protruding from one corner. No sooner had one fossil appeared than, scanning the pile, hundreds of fossils of all kinds emerged. It was the same stone in the same light, but suddenly my eyes became attuned to the fossil designs. It was almost like looking into the stone.

I've had similar encounters with mushrooms: out in the woods in the fall after a rain, leaves crunching underfoot, looking for mushrooms but really not much going on. Nothing... nothing, until we saw the first, and then as if by magic there seemed to be mushrooms all around. Recognizing the color and pattern of the first mushroom suddenly reveals a whole field of mushrooms. I hunkered down in them.

Whether the quarry is fossils or mushrooms, berries or animals, there's a consistent pattern of being frustrated at first, then clued in, and finally overwhelmed. Native American herbalists often speak of a similar experience when they describe taking a properly respectful approach to gathering medicinal plants. They say the plants reveal themselves at the right time and when the conditions are right to people who are in the proper frame of mind. If any of these factors are off, the plants will remain "invisible" no matter how thorough the search.

There's always the matter of not finding fossils. Will your day be ruined if you find no fossils? Not likely, because there are many worse ways to spend a few hours than in a deep, shady glen with a small stream and perhaps some waterfalls, ferns and mosses. The dappled light streams through green birch boughs. Pick a hot day, because the glen will always be ten degrees cooler and breathing out cool, hemlock-scented air.

The Museum of the Earth (an educational arm of the Paleontological Research Institution in Trumansburg, NY) offers an opportunity to explore fossils and more. The museum's web site -www.priweb.org/index.php/museumoftheearth-main - invites visitors to: "Explore Earth and its prehistoric past—from the tiniest trilobite to the mighty mastodon—through engaging displays, hands-on features, stunning fossils, and science-inspired art." They host fossil identification days on the Second Saturday of each month from 10am - Noon (Included with Museum admission), have a fossil lab where kids can search for and take home fossils and host several summer fossil digs. The next and final dig will take place on August 11th, 2018 near Schoharie, NY. There are only a few slots left. Collecting at each site begins at 11 am and ends at 2 pm. For more information about the trips, and to register, please contact Rob Ross at 607-273-6623 x18 or via email at ross@priweb.org.

Sonnenberg Gardens Receives \$20,000 Grant toward rock garden water feature restoration

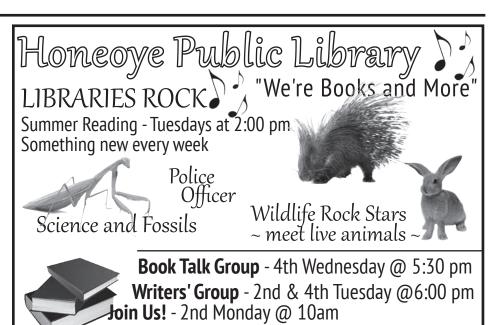
Sonnenberg Gardens & Mansion State Historic Park is pleased to announce that it has received a \$20,000 grant from the Davenport-Hatch Foundation for its Rock Garden Waterway Restoration project. This project will focus on the repair and restoration of the water features including waterfalls, water courses, and pools in Sonnenberg's 100-year old Rock Garden.

In its current state, the Rock Garden's water features are non-functional and have limited



Painted turtles and water lilies are part of the complex garden water feature's eco-system.

ability to retain water. The grant is a generous contribution towards the \$1 million dollar restoration project. Work is scheduled to begin in 2019.



Hours: Mon. & Thurs. 2-8, Tues. - 10 - 8, Sat. 9-1 honeoye.pls-net.org 8708 Main St. - Honeoye 585-229-5020

The Light Lens Free-range artisan organic cherries

y wife and I have perfected a growing technique that yields the world's best

Through a process of strategic neglect, we ensure that only the best cherries emerge at the end of the growing cycle. Starting in the late fall of the previous year, the trees are carefully ignored and left un-pruned; when spring arrives, and the tender buds and early blossoms are susceptible to frost, we make certain only the strongest survive by leaving the trees completely unprotected. As summer finally rolls in, a symbiotic symphony of woodland animals and insects participate in the further winnowing of sub-standard fruit. By July, what is left is a select crop of fruit fit for a king.

As you can imagine, this careful process results in only a very small, premium yield. For example, this year's harvest brought in two cherries. Of course at this early stage we selfishly are keeping the spoils for ourselves. In future years, we intend to offer surplus cherries at select farm markets at a price of \$200 per ounce, really quite a bargain if you think about it. Stay tuned.



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Let us know what your community or community - based group is doing

to work toward positive change for ALL! Remembering...



Obituaries and other In Memoriam notices and tributes are \$25 - with an image. E-mail editor@canadicepress.com or call 585-358-1065 Please let us know if we can be of assistance in wording your In Memoriam.

Honeoye-Richmond Historical Society Museum The museum provides a wonderful and enlightening glimpse into the past and is open free of charge (donations are appreciated). It is located in the back room of Richmond Town Hall, 8690 Main Street, Honeove, NY 14471.



Summer Hours Saturday mornings 9:30 to 11:30

> Memorial Day Weekend until Labor Day Weekend.

> 585-229-1128 historian@ townofrichmond.org

Summer Things

by Wendy Schreiner

Seashells and sand flower garden walks ice cream and sunshine beaches and picnics watermelon and hotdogs salads and sweets summertime celebration at Letchworth State Park not enough days to enjoy all summer things

Thank you from Owl Light News!

Your advertising dollars buy way more than just ad space ... they also help bring area arts into the spotlight.

Please take it slooowww on our rural roads!

The speed limit may be 55, but taking your time lets you see the beauty all around ... and helps to keep the wildlife - and our children, and animal companions, alive.



Community Calendar

Honeoye Class of 2019 Bottle Drive & Furniture Sale

August 11th from 9-noon Honeoye Valley Redemption Center 4839 Honeoye Business Park, Honeoye, NY.

The Erie Canal: West Bloomfield Historical Society Tuesday, August 7th at 7 pm.

The presenter is Tim McDonnell, an educator from RIT's Osher Institute. Free program., 8966 NY State Rt. 5 and 20.

Save these Saturday Dates! Upcoming events at the Little Lakes Community Center in Hemlock

> August 11 - "Brothers Blue" Concert September 22 – Second Annual "Barn Fest" October 13 – Antiques Appraisal

Honeoye Library Trustee meeting Wednesday, August 8, 2018, 7:00 pm at the library, 8708 Main Street, Honeoye.

Family Fun Day at Sonnenberg Gardens on July 29

People of all ages will enjoy Sonnenberg Gardens & Mansion State Historic Park's, Family Fun Day on July 29 from 1 -4 pm. In its fourth year, this event offers interactive and hands-on family-oriented activities. This year's event will include crafts, food, face painting, Victorian games, geocaches, a real police car, a real work truck from the Department of Public Works, and more.

Full details at sonnenberg.org/event/family-fun-day



Area Food Pantries

All welcome and appreciate community contributions and volunteers. Please let Owl know if there are other pantries that should be included

Geneseo/Groveland Emergency Food Pantry

31 Center Street, Geneseo (the lower level of CPC). Tuesdays and Thursdays 10-2 am and Wednesdays 4-6:30 pm

Springwater Food Pantry

Open Tuesdays 6:30-8:30 pm and Saturdays 9-11 pm. South Main Street, Springwater *Serves Springwater Canadice & Webster's Crossing area. *No one in need will be turned away!

Lighthouse Food Pantry

Every Saturday, until Jan 5, 2019

Lighthouse Wesleyan Church, 101 South Lackawanna St, Wayland We recognize as a church that it is not only important to feed people's spiritual hunger but to feed their physical needs as well. Lighthouse Food Pantry is open to anyone in the Wayland Cohoston Central School District Area.

Branchport Sunday Crusin' at the Modeste Bedient Memorial Library Branchport, NY ~ Sunday, July 29, 2018 ~ 11 am - 3 pm Chicken BBQ, Food/Soft drinks, 50-50 Drawing, Door Prizes, and Wine Tasting



Maddie's Motor Sports is hosting a group ride every Tuesday night during the summer months of July, and August. We will meet at the dealership between 5:30 pm and 6 pm every Tuesday and leave sharply at 6 pm. We have picked 12 local restaurants, and ice cream shops to ride to all within an hours ride. This is meant to get some of our staff and our great customers together on a weekly basis and go for an enjoyable ride. All makes and model of bikes are welcome. The more the merrier.



Lakeville, NY ~ Poets' & Writers' Group 1st & 3rd Wednesdays, 10:30- noon, Chip Holt Ctr., Vitale Park, Lakeville. New members always welcome!!!

Canadice Lake Writers' Group

2nd and 4th Tuesdays, 6-7:30 pm. at Honeoye Public Library, Honeoye. Info. Darlene at 585-313-7590 ~ New members always welcome!!!

Writing Group in Naples

Meets 2nd Friday of each month, 10:30-noon. Bring a short piece to read aloud. Naples Library, 118 S. Main St. Naples, NY 14512 ~ 585-374-2757

The Canandaigua Writers Group

First Friday of the month from 10 am to 12:30 pm. Share your original stories, poems, memoirs, and more in a supportive, learning community of fellow writers. Ewing Family Community Room ~ Wood Library 134 North Main Street, Canandaigua, NY 14424

Faith in Community

Saturday, Aug. 11th, 10 am - Finger Lakes Forest Church.

The Finger Lakes Forest Church meets the second Saturday of each month. All meetings start at 10 AM, unless otherwise noted, and are approximately one hour in length. Locations change each month. The theme for our August meeting is "a little child shall lead us." For this meeting, we will invite insights from children to help us connect with nature. Young ones more than welcome; they are required! Location: Hemlock Lake Park, located off Route 15A at the north end of Hemlock Lake. Meet near the gazebo. Look for the Forest Church signs. For more information, contact FLForestChurch@gmail.com.

Wednesday, Aug. 15th, 6:30 - 8 pm - Free Spirit Book Club

This book club, with a broadly spiritual focus, meets the third Wednesday of each month. It is an open-hearted, open-minded group, focused on reading and discussing texts from spiritual disciplines around the world. All are welcome - even if you haven't read the text. Location: Honoeye United Church of Christ, 8758 Main Street, Honeoye, NY. For more information, including the title of the reading for our next meeting, contact emily.pecora@gmail.com.

"Imagine No Racism" Series: Sponsored by area churches. All meetings begin at 7 pm at:

Conesus United Church, Thursday, August 16th;

Sparta Center UMC, Monday, September 17th;

Groveland Federated Parish, Thursday, October 18th; and

West Sparta UMC, Monday, October 29th.

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Parenting Skills Workshop Series #92

Hosted by Cornell Cooperative Extension of Ontario County Tuesday evenings, August 28 – October 16, 2018, 6:30 - 8:30 pm Finger Lakes Community College Child Care Center 3325 Marvin Sands Drive, Canandaigua, NY 14424.

It takes a lot of skills to be a good parent, but there are some skills that will really make a difference in how well an adult raises their children. If you are a parent or know of a parent who is struggling to understand what works and what doesn't with child-rearing, there is a good opportunity coming up in August 2018.

Cornell Cooperative Extension is hosting a new Parenting Skills Workshop Series, starting in late summer 2018. The instructors will teach participants five skills that can help parents deal more effectively with difficult parent-child situations. The skills are: Encouragement, Can-Do, Choices, Self-Control, and Respecting Feelings. Participants will be able to practice their skills during the classes and reinforce the new techniques

The Parenting Skills Workshop Series is designed specifically for parents with young children up to age 12. The program will be held at the Finger Lakes Community College Child Care Center, 3325 Marvin Sands Drive, Canandaigua, NY 14424.

This eight-session series is scheduled for Tuesday evenings from 6:30 - 8:30 p.m. beginning on August 28 and continuing on September 4, 11, 18, 25, October 2, 9 and concluding on October 16 with a reunion. This program is free and offered foremost to Ontario County parents working with the Ontario County Department of Social Services, Child Protective, or Probation Departments and PINS petitions. Other Ontario County resident registrations will be accepted if space permits.

For complete registration information call 585-394-3977 x 401 or 429 or ask a social work representative or probation officer for a registration form.

Regional News

Office of Sheriff Ontario County moved temporarily to the Jail at 3045 County Complex Drive in preparation for major building renovations at the Sheriff's

Operations of the Office of Sheriff located at 74 Ontario Street have temporarily moved to the Jail at 3045 County Complex Drive, Canandaigua. Offices of the Sheriff, Undersheriff, Chief Deputy, Law Enforcement Division including the Criminal Investigation Division and the Juvenile Aid Bureau, the Civil Law Enforcement Division and Records Office have moved temporarily to the Jail at 3045 County Complex Drive in preparation for major building renovations at the Sheriff's 74 Ontario Street location which are anticipated to start later this year. With this move, there is currently no public access to the portion of 74 Ontario Street which housed operations of the Sheriff's Office. The Board of Elections remains open at 74 Ontario Street at this time.

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Michael O'Hanlon opens 2018-19 George M. Ewing Canandaigua Forum at FLCC

ichael O'Hanlon, an expert on U.S. defense strategy and foreign policy, will return to his hometown in September to open the 2018-19 George M. Ewing Canandaigua Forum speaker series at FLCC.

Michael O'Hanlon O'Hanlon, a 1978 Canandaigua Academy graduate and Maryland resident, has traveled extensively with his career at the Brookings Institution. His talk, "U.S. Power: Stress, Strength and Strategy," is scheduled for Sunday, Sept. 30. The series also includes: Founder of the Arab American Institute James Zogby, on Sunday, Oct. 14, with a talk titled "The Arab World: What we don't know but need to know; mistakes we've made and what we can do about them;" Former Environmental Protection Agency Administrator Gina McCarthy, on Sunday, Jan. 27, 2019, with a talk titled "Final arguments in People vs. Planet;" Conservationist, writer and Clemson University Prof. J. Drew Lanham on Sunday, March 24, 2019, with a talk titled "Coloring the Conservation Conversation"

All events begin at 4 p.m. in the Student Center Auditorium at the main campus, 3325 Marvin Sands Drive, Canandaigua. For more information, including how to buy tickets, https://gmeforum.org/



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Town Hall

Canandaigua

FLCC (Keuka Wing) The Medicine Shop

Ontario County DMV Office Farmington Thompson Hospital (lobby)

Mental Health Clinic Police Station (lobby) **Phelps**

Community Center

Shortsville/Manchester

Red Jacket Pharmacy

State Troopers

Clifton Springs Hospital (lobby)

North Street Pharmacy Police Station

Rushville Village Hall

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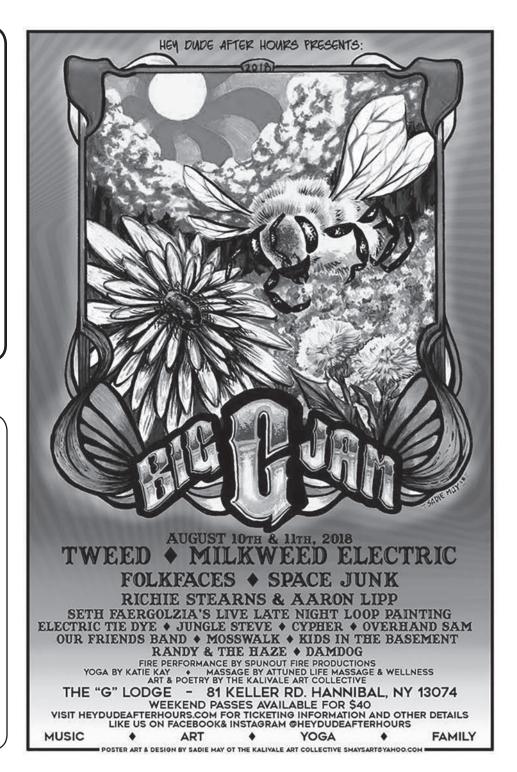
> Georgeanne (585) 455 -2015

Critical Need for Kitten Foster Homes

The Humane Society of Livingston County is unable to meet current foster demands and needs more community involvement. Anyone interested in opening their home to kitten(s) and provide them with love, care and socialization is strongly encouraged to contact us at 585.234.2828. No experience is necessary, training and support will be provided.









The Back

■oward lanna

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Next submission deadline

distribution and bi-weekly publication m

Owl Light News Submission Deadlines - clip and save

Final Deadline is	For issue published on
Sunday, August 5, 2018	Friday, August 10, 2018
Sunday, August 19, 2018	Friday, August 24, 2018
Sunday, September 2, 2018	Friday, September 7, 2018
Sunday, September 16, 2018	Friday, September 21, 2018
Sunday, September 30, 2018	Friday, October 5, 2018 and
Sunday, September 30, 2018	Early submission date for Oct. 19th!!!



Owl Light News content and ad space fills up fast.

Submissions that are not time sensitive should be submitted as early as possible. Last minute submissions will be considered on a case by case basis, depending on space. The submission deadline is the Sunday prior to the next issue, at midnight.

Send submissions to: editor@canadicepress.com or by mail to Canadice Press - Owl, 5584 Canadice Lake Rd. Springwater, NY 14560