



Owl Light News

September 7, 2018 Volume II, Number 18

OwlLightNews.com

Read - Listen - Reflect



William Wayne Page

Giving way to light

by Nancy Quinones

It was the year 2001 in Upstate New York. I was pregnant carrying my first child. I wanted everything to be so perfect for my little baby girl's arrival! Even her bedroom, which was gender neutral, was adorned with the John Lennon "Imagine" theme. There were blankets, sheets, stuffed animals, onesies, and wall-paper border, which had the small, simple drawings of different animals which John had sketched for his own son Sean. The main color of the room was yellow, which matched my mood completely: happy, excited, and secure. My husband and I had a home, jobs, two cars, close friends, and some family who lived locally. Everything was going as planned with the pregnancy. Things couldn't have seemed more perfect. Then, a month and three days after she was born, the September 11 attacks happened.

My thoughts immediately turned to my daughter. What kind of world am I bringing her into? As a young girl, I had always loved the Twin Towers. To me they were majestic and exciting! I identified it with the pride of being a New Yorker. When they went down, it was a direct hit to my own identity somehow. In the hours that followed, I watched the news coverage in horror. There were visions of white ash floating in the air, and constant playback of the building being hit over and over again. It seemed the atmosphere around me was thick with uncertainty and disbelief. The grief that I felt was overwhelming, and I was not alone, the attack hit everyone hard. My personal world was also in crisis. A reality that I knew I had to change. I think the attack made me more aware of my own reality. My baby's father was physically abusing me, and had been for 7 years. I knew I had to get out of the marriage for my baby's sake, and for my own.

As the days slowly rolled into autumn, my father and I had many discussions about the 9/11 attacks. The buildings were gone. They could probably be replaced someday, but what about the innocent people who were killed? We knew none of them, but the most unsettling thought on my mind

*You may say I'm a dreamer,
but I'm not the only one. I hope
someday you'll join us, and the
world can live as one.*

- John Lennon

was that this attack had a connection to my own life somehow. It was a parallel between violence and courage. My father, a native New Yorker, born and raised in the city, was deeply disturbed by the loss of innocent lives, and the utter violation bestowed upon our country. We talked a lot about feeling a sense of heaviness, like a depression. Our lives would never be the same. My own life was about to change as well.

A year later- I had made some very drastic decisions. I filed for divorce and became a single mom. A few years later, I ended up finishing my Bachelor's degree in Human Development. I lost the house. While I was on maternity leave, my husband had stopped paying the mortgage. I made a decision that life is going to be what I make it. Life was hard: I struggled, I cried, I was angry, afraid, worried, and lonely sometimes. There were times I knew I was truly blessed, and times I was just lucky. Through it all, I came to understand that I could not have made it with my daughter the way I did without the support of people in my life that helped me along the way. I was never alone, because I had somehow built a small network of "single mom" friends, and students from the university where I worked. They came in and went; passing through my life like temporary, helpful angels. Only a few stayed constant, but that was ok. I was grateful for them all!

I realized that human beings really are fragile, life really is too short, but somehow still beautiful. I was determined to make my new life work with my little daughter. My daughter made life beautiful. It was the little things that you wouldn't expect to find beauty in. As a result of others helping me, I found a career where I am able to help people too.

Continued on page 4

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Owl Notes: The 9-11 reflections in this issue of Owl Light News were submitted as part of our "Wars Waged" Owl Vision "readers write" published June 29, 2018. We had many more submissions than we could fit, so I asked Nancy Quinones and Emily Pecora if they would be willing to delay placement and have their pieces published as a tribute to 9-11. Thankfully, they both agreed and we are able to bring their reflections on 9-11, along with a moving image and reflections from our guest artist, William W. Page to our Owl readers. We look forward to hearing from you too: Editor@CanadicePress.com or fb @Canadice Press.

Reflecting on freedom in the “land of the free.”

Looking back on 9-11, there is no denying that we live in a dangerous world. Some of that safety – real or perceived – comes at a cost. More than ever before, we are under surveillance, everywhere we go, with governmental record keeping (and tax collection), with cameras and online monitoring of our personal data.

I hear that, statistically, the world is a safer, less violent place now than in our historic pasts. This may be true for segments of the population, but many groups of people are denied the same rights and liberties in jobs, housing, health care and law that others might take for granted. In the United States, the groups most impacted by discrimination have shifted some over time due to changes in immigration patterns (with peoples of Middle Eastern and Hispanic descent currently most targeted), education and attitudes. Some groups, specifically African Americans and Native Americans (or First Peoples), continue to feel the legacy of abuse that lingers from our historical wrongs as a nation.

These patterns of oppressed and oppressor repeat throughout recorded time. In many parts of the world – including parts of the U.S. – women continue to be abused and treated as second-class citizens. Lack of understanding and outright ignorance around gender identity places some members of the LGBTQQ community at risk of discrimination and violence. Persons with different abilities than the general population and people with mental health diagnoses are other groups where freedoms are more tenuous. Economic status, particularly poverty, which can be exacerbated by complex co-factors, also results in threats to personal freedoms.

In general, again statistically speaking, more people in more places share legal freedoms than others that came before. De facto freedom is not the same as what is etched into the law books, and how freedoms are understood and put into practice are constantly changing. In the United States (and I presume elsewhere in the world), freedom means different things to different people and these disparities in belief and practice result in resentment and hostilities and social and political divides.

Merriam-Webster online defines freedom as:

- 1 : the quality or state of being free: such as
- a : the absence of necessity, coercion, or constraint in choice or action
- b : liberation from slavery or restraint or from the power of another : independence
- c : the quality or state of being exempt or released usually from something onerous
- freedom from care
- d : unrestricted use gave him the freedom of their home
- e : ease, facility spoke the language with freedom
- f : the quality of being frank, open, or outspoken answered with freedom
- g : improper familiarity
- h : boldness of conception or execution
- 2 a : a political right
- b : franchise, privilege

In using this series of defining characteristics, we can easily see that someone who has to choose between two different healthcare options – one of which has a higher chance of offering an extended and pain-free life – based on ability to pay is not truly free. Someone who has to hide their gender identity due to potential job loss or a threat of physical and emotional harm is not truly free. Likewise, someone who is not able to speak freely (through verbal or written words or demonstrative actions) their beliefs due to potential harm of retaliation by individuals or governmental entities is not free. Although none of us has absolute freedom absolutely, the disparity in freedoms is something that we all should be conscious of and concerned about.

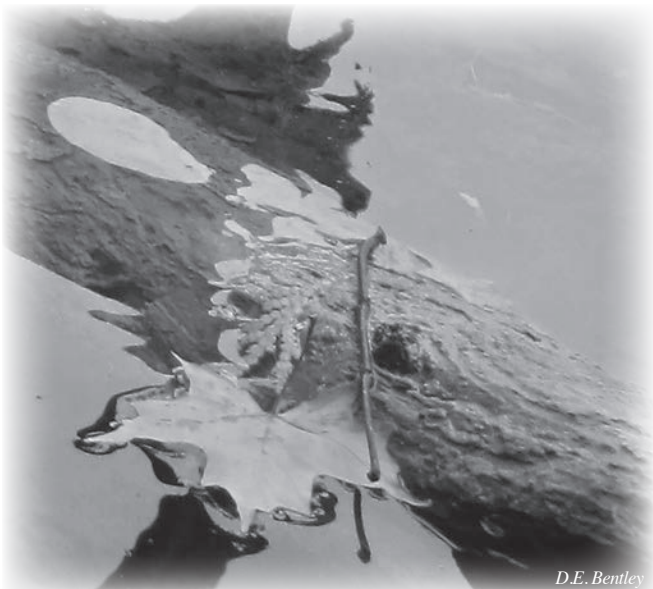
The relative nature of freedom is also evident when it comes to the lives of children. Many of my peers have shared recollections of childhood freedom to explore and move about, alone or with friends, in school, after school and during school breaks. Children’s lives now are much more controlled, their time and whereabouts accounted for and more decisions are made for them, reducing their abilities to learn from their actions. If this is indeed a safer time, in general, than when we were kids – which I suspect it is – then such close monitoring of our children is not needed and could, in fact, do more harm than good. Parents and educators can allow children opportunities to be independent and grow while still offering guidance and support.

Being able to build confidence and critical thinking skills, to learn how to move within the social world and interact with people in meaningful ways requires active exploration, trial, and error.

However, we live in a litigation nation where liability and a wide range of paternalistic measures reduce personal accountability for our actions, everything from hot coffee to a crack in a sidewalk is seen as an affront worthy of legal action. This extends to parenting, and allowing children more room to roam also opens parents up to criticism and potential legal actions. Over protection of children (and a citizenry) can allow for the slow deterioration of freedoms. Dictatorships and other groups and individuals seeking absolute power favor a populace that does not know what freedom is. Individuals, and nations, not acclimated to freedom struggle when they find themselves without the controls to which they have become accustomed, and seek security through controlling factions. They

often fail to understand that with rights come responsibilities. Freedom, and being free, is a learned skill acquired over time. This is why the most viable democracies are those whose peoples fought for freedom, and defined their freedoms over time. Slow progress is more likely to be lasting progress, but there is never a time when all are free. The continued fight for freedom is inevitable – especially in the wake of the unthinkable.

D.E. Bentley, Editor,
Owl Light News



D.E. Bentley

Letters and Commentary

Reader reflects on his childhood trips to The Park Theater in Avon, NY

Tom Sargeant of Livonia, NY recently shared with the *Owl* his memories of the Park Theater in Avon, NY which opened its doors in 1938. The recently purchased Park Theater will undergo renovations and re-open to the public as a theater and performance venue.

“I remember going to the Park Theater with my mom and dad in 1939, when I was around eight. The first movie we saw there was Gone with the Wind. We went there several times after that to see other movies.”

“Gone With The Wind,” directed by George Cukor, Sam Wood and Victor Fleming Premiered in 1939 starring Clark Gable as Rhett and Vivien Leigh as Scarlett.

On the Cover:

Art from guest artist William Wayne Page, who shared the following about what the WTC towers meant to him.

The North Tower corner was my touch stone for when I needed inspiration to improve my life. Many were the times I'd go up onto the observation deck of the South Tower to see the Great City from a perspective that gave me hope. I photographed them constantly...now 17 years later there is no reconciliation. To that there is only understanding of what can be grasped of events horrific. The history of our world is wrought with destruction that has defied being forgiven. To know the truth behind the losses is to understand humanity. From there we learn what is needed to be a global community. While sipping coffee as I stood in the promenade between the Towers I heard a woman rounding the North Tower yelling out to her husband trailing behind her, "Harry, Harry, hurry up Harry you gotta see this.... there's two of them!"

Become part of the *Owl* conversation.

Submissions to editor@canadicepress.com

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This edition

~in no particular order~

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On the Cover: A painting by Honeoye Falls artist William Wayne Page that ties in with guest writings about living in NYC on 9-11 2001.



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Read - Listen - Reflect

Civil legal services firm opens Lakeville office, bringing new services to Livingston County~Grand Opening September 14, 2018

August 28, 2018 Lakeville, NY --- Legal Assistance of Western New York, Inc.® (LawNY) announces the opening of a new Lakeville office to bring Nutrition Outreach and Education Program services to Livingston County.

LawNY invites the community to join us at our GRAND OPENING

September 14, 2018 11 am-1 pm (remarks at 11:30)
3011 Rochester Road, Lakeville.

LawNY is pleased to announce that for the first time in many years, Livingston County now has its own Nutrition Outreach and Education Program (NOEP) coordinator, Kevin Lozo. Mr. Lozo provides free information and assistance on Supplemental Nutrition Assistance Program (SNAP) benefits.

LawNY's Nutrition Outreach and Education Program provides confidential screening and application assistance to persons seeking to obtain or maintain SNAP benefits in Monroe, Ontario, Seneca, Wayne, and now Livingston County. SNAP (formerly known as food stamps) helps income eligible individuals with grocery bills. For example, a two-person elderly or disabled household with a gross monthly income of \$2,707 or less may qualify for up to \$352 per month in SNAP benefits.

LawNY currently provides services in Livingston County from its Rochester and Geneva offices. Services provided by our Geneva office include Elder Law, Landlord/Tenant, Foreclosure, Family Law (for Domestic Violence victims),

Education Law, SSD/SSI, Unemployment Insurance Benefits, and Veteran's Housing and Benefits issues. Our Rochester office provides Fair Housing, Consumer, and Health Law services in Livingston County. In addition to offices in Geneva and Rochester, LawNY provides free legal aid to people with civil legal issues in Bath, Ithaca, Elmira, Olean, and Jamestown. For additional information, go to www.lawny.org.



Livingston County continues successful 'Coffee with the County' Series

Livingston County Administrator Ian M. Coyle on Monday held the tenth in a successful series of monthly "Coffee with the County" community-engagement events in the Town of Springwater.

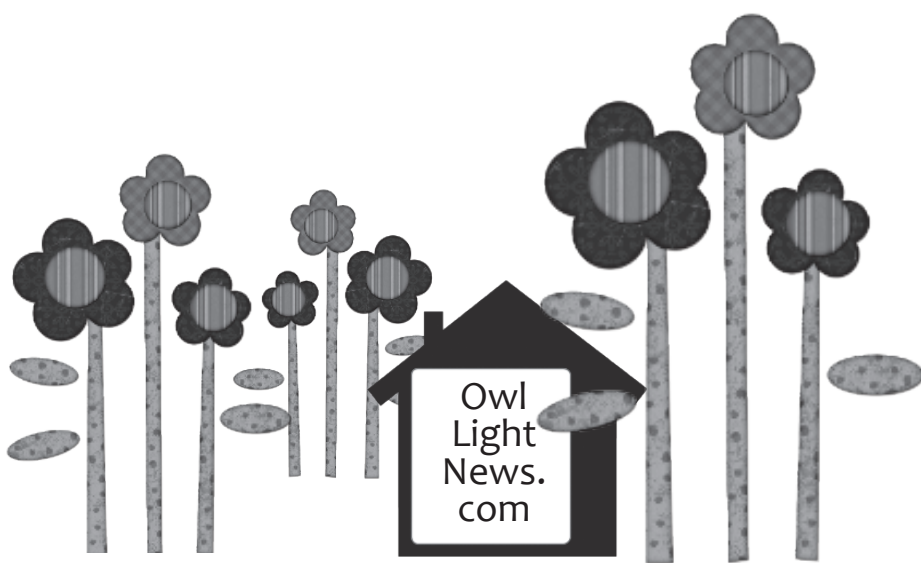
"Coffee with the County" events, launched last year, are designed to allow community members in Livingston County's 17 towns and 9 villages to learn about their County government, as well as engage their County and Municipal leadership.

"These events allow me an opportunity to visit all of the County's municipalities and hear directly from the people that we serve every day," said Coyle. "I am proud to serve a County with such an active citizenship and look forward to these events each month."

Those who have not participated in the engaging event will soon have new opportunities to join the scores of County residents who have. The dates for the final "Coffee with the County" events of 2018 have been set.

They will take place on:

- Monday Sept. 17 at 8:30 a.m. at Ossian Town Hall;
- Monday Oct. 15 at 8:30 a.m. at Groveland Town Hall;
- Monday Nov. 5 at 8:30 a.m. at Avon Town Hall; and
- Monday Dec. 10 at 8:30 a.m. at West Sparta Town Hall.



Letters should be less than 300 words, although longer, well written opinion pieces will be considered. All published commentary must be signed and include a street address. Please focus on sound arguments and avoid direct attacks. We reserve the right to edit or refuse any submitted editorial content. Opinions and letters published in Owl Light News are not necessarily the views of the Editor, Publisher, contributors or advertisers.

New York Division of Consumer Protection advises parents to safeguard children's personal information

Back to School Activities Require Disclosure of a Child's Personal Information; Information Must be Handled Carefully to Prevent Fraud and Identity Theft

The New York State Department of State's Division of Consumer Protection (DCP) is advising parents and guardians to protect their children's personal information during the back to school period. With the new school year about to start and the activities such as school groups, teams and clubs, the DCP is calling on consumers to learn more about what they can do to help stem the tide against identity theft and prevent fraud victimization.

"The back to school season is the time of the year when adults are frequently asked to share their child's personal information for school registration, sports sign-up and other activities," said Rossana Rosado, New York Secretary of State. "The Division of Consumer Protection is reminding parents and guardians to be on alert when offering personal information that can expose the child to fraud and identity theft while filing forms that could fall in the wrong hands."

Identity theft can happen to anyone, even children. Child identity theft occurs when a minor's personal information is used to create a false identity, which usually includes the commission of fraud. The false identity is then used to obtain credit cards, open new utility accounts or make large purchases, such as a car or home, in the name of the child victim.

Children's identities are especially attractive to thieves because the theft of the child's identity often remains undetected for years. For many child victims, the realization that their identities have been stolen does not occur until the first time they attempt to open a bank account, apply for a job, seek credit or rent an apartment.

Here are some tips to protect your school-age children:

- Only label books, backpacks, and lunches with your child's name and any other information on the inside.
- Be careful in providing identifying information to after-school activities and sports clubs upon registration. If asked for a Social Security number, inquire as to why they need this and insist on using another identifier.
- Check with your child's school for releases to use pictures of a student's likeness in their material.
- Inquire about elementary and secondary in-school collection of a student's personal information.
- Make time to regularly check your child's online social networks and talk to your child about using the internet safely.
- Carefully evaluate any offers at a store or online requiring a child's name, date of birth or other identifying information for registration.

Read the privacy policies that accompany any solicitations either by mail or online.

- Register your child's cell phone with the National Do Not Call Registry so he/she is not solicited by savvy telemarketers who may encourage them to give out their personal information.

For additional information about the Division of Consumer Protection or to file a consumer complaint, please contact our Consumer Helpline at 1-800-697-1220, Monday-Friday, 8:30AM - 4:30PM or visit www.dos.ny.gov/consumerprotection. The Division can also be reached via Twitter at @NYSConsumer or Facebook at www.facebook.com/nysconsumer.

Statement from Chair of the Public Service Commission John B. Rhodes on removal of misleading charter ads

"The PSC continues its action against Charter/Spectrum for failing to adhere to its original franchise agreement committing them to bring high speed Internet access to underserved areas in the state. As a related issue, Charter started running television ads on their news and regular programming touting Charter's public service contribution to the people of the state. This was in direct contradiction to the PSC findings and facts, and Charter agreed to pull the ads. Several weeks ago, Charter started to run similar advertisements touting their "investment in the community." The PSC found these ads were also misleading and contacted Charter, and the company has also agreed to remove these advertisements."

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Giving way to light from front

Something amazing happened in our country and in my life after those attacks. It was a brave and courageous example of how out of tragedy came patriotism, and team-work of the utmost degree. The stories of bravery and sacrifice were inspirational. At the time, we were all feeling sadness, and uncertainty, but the unification of New Yorkers, and Americans proved how resilient we really were as a nation and as human beings. This sense of patriotism trickled down into all of our individual lives. I was truly inspired by it. It is proof that someone's life can be changed forever by the courage of what others do in the face of such a horrifying tragedy.

We all do the best that we can with the capabilities and resources we have. It is true that there are people out there that do give up, that want to see bad things happen to someone else, or that just don't know how to make things change, so they do what is familiar. Humans crave the familiar, which isn't always the best for us. We are all creatures of habit at times. I have seen proof in my own life that when faced with adversity, all is not lost! That if one person just reaches out to another person, this can make all the difference between life and death. Sometimes, all people need is to be heard, and their feelings to be affirmed; not minimized. Before we produce turmoil, can we imagine how compassion feels and looks? I think we can, and we have, and we can do it again.

Nancy Quinones has a Bachelor of Science in Human Development from Binghamton University. She works at Lakeview Health Services as a Transitional Case Manager. She currently lives in Seneca Falls, N Y, and is working on writing a collection of short stories.



Nancy Quinones with her daughter in 2018.

Provided photo

Infinite ocean of light & love

by Emily Pecora

I was living in New York City on September 11, 2001. I was in my mid-twenties, at home that morning, in Queens, physically far away from what is now called Ground Zero, but one of millions who watched events unfold live on the television news. After the first two towers had collapsed and it seemed that no more planes would be falling out of the sky, I walked outside. The streets were full of people and stunningly quiet – no rumbling of the overhead subway line, no roar of jets traveling into and out of La

Guardia Airport, no laughing, teasing, chit-chat, complaints. I walked, with so many others, to the East River, and peered down into Manhattan, seeing nothing in particular, feeling nothing very personal. I didn't know anyone who would have been in or near the World Trade Center that morning. But grief is not just a personal emotion. I ached, for those who did lose someone, or who didn't know yet if they had, and for every person in the world. That we could treat one another in such a cruel way was – and still is – a shock to me. I felt, as

I sometimes did when seeing a kind-eyed homeless person sitting alone against some wall, how small and vulnerable we each are, and how little guarantee there was that I, and others my age at the time, were so proud of. Still, the sun shone, the sky was a stunning blue. Many living in New York on that day speak of how beautiful the weather was. I walked with my arms held out, palms open to that sky, feeling strongly, in that moment, that I could absorb some of the trauma of that day and release it through my hands to be absorbed by, what Quaker George Fox called the “infinite ocean of light and love, which flowed over the ocean of darkness” in the world.

I believe that the solidarity and compassion that immediately followed the events of that day are commonplace knowledge: the overwhelming donations of money, food, time, blood; the gentleness with which people dealt with those who were seen sobbing in public or staring blankly. First responders arrived from far-off locations. National and international concern for the well-being of the city was palpable and felt genuine. What is also, I believe, commonplace knowledge, is that this sense of unity soured when trauma response shifted to political response. No one that I knew in New York City supported, or even clearly understood the point of, the wars that followed the deaths of that day. I've often wondered about that – why those who were hurt most deeply and personally by the attacks seemed both less afraid of those who would become our enemies and more reluctant to answer pain with pain.

I was raised Catholic. Rather than a small, destroyed Christ, the Crucifix in the front of our church depicted the radiant risen Christ, hovering in front of the cross on which he died, arms outstretched to the sky, much as I held my arms when walking beneath the silent blue sky on the morning of September 11, 2001. I was not a practicing Catholic on that day. In fact, I was in the middle of a period in which I hated Christianity, for the clannish, judgmental way in which it is too often understood and practiced. I didn't turn to any church for solace in the days and weeks that followed, and few of those I was friends with at the time did either. But I did follow the example of Christ, by accepting the suffering that came into my life and processing

it, through my body (often in the form of tears) into light. As the Episcopal priest Cynthia Bourgeault writes, “where suffering exists and is consciously accepted, there divine love shines forth brightly.”

It's funny that the biggest, seemingly most unbearable experiences of pain are often the easiest for us to navigate. When a friend of mine died in a car accident when I was 16, I sobbed and mourned and eventually recovered. When I found myself lonely and insecure after going away to college, I became isolated and brittle, and trapped in a deep depression that lasted for years. The first experience of suffering was unavoidable. The second, I thought I could manage not to feel if only I fought hard enough, and ended up at war, with both myself and those around me, numb to the pleasure of my life as well as the pain.

I have no intention of rehashing political decisions that will soon be twenty years behind us. But I do feel “called” (to use another Quaker term) to share these stories and observations in this essay. As I've aged, I've struggled to make sense of the suffering that so stubbornly persists in the world and at the same time have grown increasingly skeptical of the modern, Western project of creating a life in which there is no suffering. It seems to me that the more we attempt to protect ourselves from pain, the more afraid we become and the more likely we are to inflict pain on others. We also become increasingly disconnected from the messy, painful world around us. Instead of the promise of a pain-free life, I follow the dreams promised by the most radical of Christ's messages: “Love your enemies” and “Be not afraid.” I know that living these messages will likely involve pain, but I trust that the pain I feel will be bearable, will not be inflicted on another, and will lead me to an “ocean of light and love.”



Photograph by Emily Pecora, who had written on the back: Post 9-11 Union Square: Flowers, candles, child's drawings, poems written on the sidewalk – peace signs sprawled on the statue of a general.



Emily Pecora currently lives in Canadice, on a small farm with her husband, son, four goats, ten chickens, four ducks, box turtle, and hamster. She lived in New York City for thirteen years, and moved after approximately the fortieth trip up the stairs to her fifth-floor walkup apartment with her toddler son, groceries, and stroller in tow.

Check out OwlLightNews.com for more images ~ in color!

The Light Lens by T. Touris



T. Touris

WHAT?!

A number of years ago a yellow-naped Amazon parrot joined our family. This pretty bird, originally named Curly, was presciently renamed by my kids to Papi Chulo, which basically means ladies' man. He immediately took to my daughter, falling in love with her while bopping on her shoulder to the sounds of Bob Marley.

On my son's shoulder, Papi preferred biting to bopping. After administering an unwanted ear piercing, the males in the household quickly learned to steer clear of Papi's lethal beak. For a blissful period, Papi ruled the roost and enjoyed the company of his chosen human mate. Then, like star-crossed lovers in some avian pulp romance novel, Papi was separated from his true love. My daughter struck out on her own, living in nests too small to accommodate a large parrot whose vocabulary consists only of very loudly spoken "WHAT?" and "HELLO".

Finally, this past year the couple was re-united (cue the Romeo and Juliet soundtrack). Papi was ecstatic with his new digs in my daughter's spacious new apartment. So, Papi and his true love lived happily ever ... (cue the needle dragging over the record). Wait, "WHAT?!" Who is this male human cohabitant in the apartment?! "HELLO?" this wasn't part of the deal!

The human male partner is now considering seeking an order of protection from Papi who has become increasingly aggressive and protective of his love.

Keep checking the crime blotter for further developments on this story.

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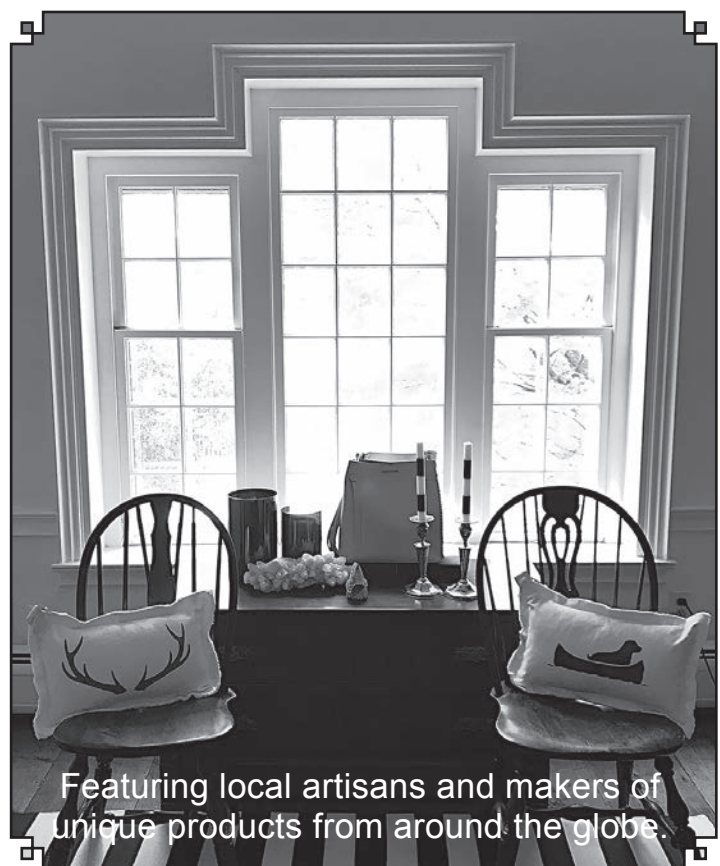
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(twilight, dusk, dawn); imperfect light, requiring critical observation.



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Concerts • Performances

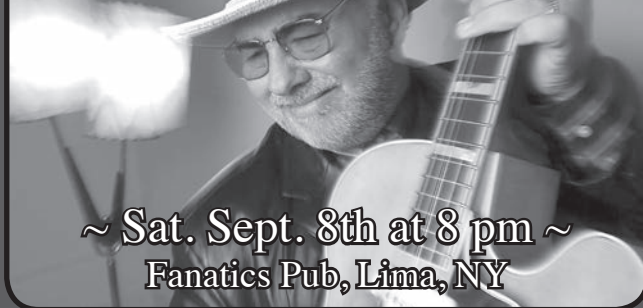
Serge & Friends



~Thurs. Sept. 13th at 6:30pm~
The Rabbit Room, Honeoye Falls, NY

Serge & Friends was formed in August of 2010 in response to a growing need for yet another bluegrass band. It took 120 years of combined musical journeys and a city the size of Rochester, New York in order for this brew to be ready for consumption. Serge Tsvasman's strong voice and rhythm guitar blends with the lively drumming of Phil Close. The rest of the band – Tom Bernhardt on an array of Mississippi trombones (harmonicas), Steve Day on dobro and Dan Walpole on mandolin and banjo – adds texture and flavor to the sound. The band's repertoire spans from the roots music of Mississippi John Hurt, Elizabeth Cotten and Bob Marley to songs by Van Morrison, Bob Dylan, Neil Young, Jerry Garcia, Creedence Clearwater Revival, Gillian Welch, The Band and Railroad Earth.

Duke Robillard

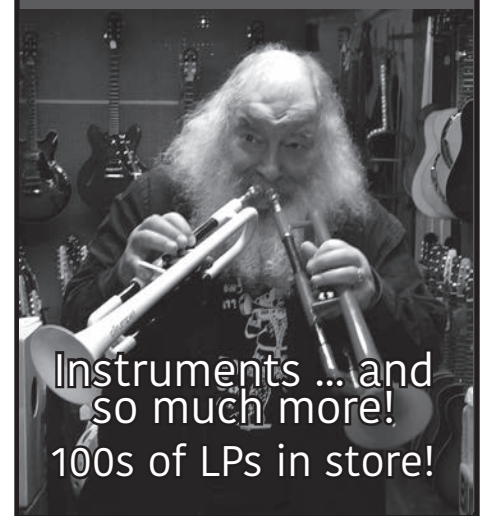


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Grant Seminar Dates:

- Thursday, September 13 at 6:00 p.m. – Arcade Library
- Tuesday, September 18 at 3:00 p.m. – Arts Council for Wyoming County

More info. at http://artswyco.org/grants_and_scholarships/

Owl Light News welcomes submissions year round inc.
ARTS coverage & reviews - visual / literary / performing
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commentary, prose and poetry along with community up-
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E-mail submissions of less than 1000 words

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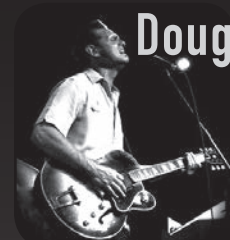
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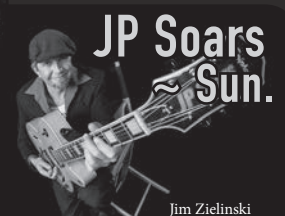
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Mary Fahl

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Formerly of
The October Project



Albert Cummings

~ Fri. Oct. 26th, 8 pm

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blues and rock!

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geneseoriviera.com/music/

Owl Outings ~ Caught up in the blues

On August 19, 2018 we found ourselves, quite deliberately and delightfully, settled into the VIP seating area of The Geneseo Riviera for “An Evening of Blues,” featuring blues greats Joe Louis Walker and Johnny Rawls. Billed as “an unforgettable night of blues,” I couldn’t agree more. Rawls kicked off the evening with an upfront and personal approach that got the audience clapping and moving to the beat of songs such as “Lucy” from 2016’s *Tiger In a Cage*, “Red Cadillac” and “I say Yes.” Several times during his set, he went into the audience and mingled with the dancers on the dance floor. Music is deep down in Rawls’ soul, and in his past.

Born in 1951 in Mississippi, by the 1970s Rawls had toured with many different bands and was the band director for O.V. Wright. He went on to direct Little Johnny Taylor’s band before going solo in 1985. His 2013 album *Remembering O.V.* is a tribute to his time with Wright. *Waiting for the Train* (2017), his latest CD, was recognized as one of the top 50 blues albums of the year by Roots Music Report. Rawls’ extensive musical career was evident in his ease as a performer and in his ability to rile up the audience. The show was high energy from beginning to end and his back up band did not hold back a bit, helping to take everyone present along for the ride.

Extra special is a perfect way to describe the incredible talent that Joe Louis Walker brings up on stage. *Everybody Wants a Piece* (2015), earned Walker a Grammy Award nomination for Best Contemporary Blues Album in 2016, and it was easy to see why with his rousing performance of “Young Girls Blues.” With a past rooted in gospel, the music is spiritual with edges of bluesy misbehavin’ evident with every note played. There were plenty of blues songs in the mix, but it is in the spiritual that Walker can truly move people. As I heard someone in the audience say during the show, after a particularly moving rendition of “Wade in the Water,” “If anyone can convert me he can.” The band moves about musically from a rock sound to blues to jazz and back – always back – into that sweet and low gospel and soul. The guitar and bass were electric – and I don’t just mean plugged in. There were long, drifting riffs that just left me leaning back in my chair with my eyes closed, as I got pulled into the sounds, amazed at what a set of strings could offer.

Equally amazing is that this awesome music, and more to come, is available out here,



Johnny Rawls and his band had the audience up and moving within minutes, setting the mood for an awesome evening. Photos by T. Touris



Joe Louis Walker, and co. followed up with hot guitar riffs and a whole lot of soul, to finish off the evening in style. Photos by T. Touris


in the warmer (well maybe not temperature wise) lake regions south of I 90. We have it all, the lakes, local beverages and food, wide-open spaces, arts of every persuasion, and live music from national and local musicians – thanks to all the great venues that keep us in the groove close to home.

The Geneseo Riviera fall music series which brought us “An Evening of Blues”, is sponsored by Fanatics Pub and this was just a hint of the great performers set to warm us up as summer morphs into autumn. October starts off with Sugar Mountain (Friday, October 12th at 8 P.M.), “Celebrating the Genius of Neil Young.” On October 20th at 7 P.M. is Mary Rawls – formerly of The October Project. Then on Friday, October 26th at 8 P.M. Albert Cummings will be up on stage at the Riviera, offering his unique brand of soulful and explosive blues and rock. There are two shows in November: Slambovian Circus of Dreams will perform on November 10th at 8 P.M. - Called everything from ‘hillbilly-Pink Floyd’ to ‘folk-pop’ to ‘surreal Americana’, New York’s Slambovian Circus of Dreams, described by Chronogram Magazine as “a riveting, mesmerizing, crazy, amazing machine of music.” John Németh will return on Saturday, November 17th – we caught his show at Fanatics on July 17th and it is definitely something worth getting out there for. If that isn’t enough, Papa Chubby will bring his hard rocking soulful sounds to the Geneseo Riviera stage on Saturday, December 15th, 2018 – just in time to help us chase away those winter blues.

One of my first, albeit unstated, goals after moving from the southern to the northern shores of the Finger Lakes was to scope out potential places nearby to catch music. Theaters, particularly older theaters have always attracted me due to their acoustic

designs, comfortable seating and ornate decorations. There is just something about hearing and watching music in these kinds of settings that sets them apart. When the show offers not one but two incredible musical performers, as was the case with Johnny Rawls and Joe Louis Walker, it’s extra special. When you add to that a follow up lineup of musical entertainment that offers show after show after show worthy of going out to, one is left wondering how to find the time to fit in just one more show. Get your tickets now – and try out the VIP up front. For a few extra bucks you can add some fun and drink service to your listening pleasures.

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New Deal Writing Competition

4th Annual New Deal Writing Competition

2018’s painting is “Fountain, Central Park” by Jacques Zucker.

The New Deal Writing Competition is a short story competition where the writer is asked to use a painting chosen by the staff of GVCA as inspiration for their short story.

Guidelines:

Entrants must be 18+ years of age

Submissions must be postmarked or emailed by April 5, 2019.

Email entries to betsy@gvartscouncil.org in WORD doc format OR

Mail them to Genesee Valley Council on the Arts, 4 Murray Hill Drive, Mount Morris NY 14510 USA. There is a \$5.00 submission fee per piece submitted, up to three (3) pieces.

See complete guidelines at <http://gvartscouncil.org/writingcompetition/>

Let *Owl* know about upcoming art shows!

Upcoming issues of *Owl Light News* will feature continuations of recent fiction. Watch for: “Clone Wars” - “Reba the Lizard Queen” - “SamSam the FBI Man” and “Scouting for Myself” (see page 13 of this issue for Chapter 2) as these regional writers continue their stories.

Native American & Pioneer Heritage Day Letchworth State Park Saturday, September 15, 2018



Allegany River Indian Dancers

Provided photo

The day's events, which take place at Trailside Lodge from 10am – 4pm, highlight Western New York's history from both the Native American and pioneer perspective. There will be a performance by Gretchen Sepik portraying Mary Jemison, whose amazing story is one encompassing both the pioneer culture and Native American culture. Other presentations will include Native American storytelling by Perry Ground and Native American Flutes by Ken Wallace. Throughout the day there will be Atlatl competitions for all ages, performances by the Native American dance team "Allegany River Indian Dancers" from Salamanca, NY, pioneer demonstrations and log hewing by Dave Kieber.

Trailside will also be the site of a craft show and sale featuring Native American and pioneer crafts and skills. Some of the crafts and skills presented this year include, flint-knapping, basket making, open hearth cooking, quill art, soap stone carving, and much more.

Exhibits in the William Pryor Letchworth Museum which will be open from 10:00 AM to 5:00 PM also highlight Native American Culture and the pioneer story of the development of Letchworth State Park and the surrounding area.

For further information call 585-493-3600 or write to Letchworth State Park, One Letchworth State Park, Castile, and NY 14427. For more information about New York State Parks, please visit our website at www.parks.ny.gov

Sonnenberg Gardens focuses on Women's Suffrage for fall programs and exhibits

September 16th & October 7th, 2018

This autumn Sonnenberg Gardens & Mansion State Historic Park will be focusing on the history and contributions of the residents of this region to the historic Women's Suffrage movement that gained the right to vote for women in New York State in 1917 and for all American women in 1920 with the ratification of the Nineteenth Amendment.

On September 16 Sonnenberg Gardens and 1816 Farmington Quaker Meetinghouse with support from Humanities New York will present the first of two such collaborative programs, "Local Suffragists and the Vote" from 2-4 pm in the Sonnenberg Carriage House.

This program will feature a panel discussion on the contributions to the Suffrage movement made by certain local individuals. Facilitated by Donna Hill-Herendeen (Farmington Historian) the panel includes: Wilma Townsend (Ontario County Historical Society Curator) speaking on the participation of rural women; Beth Thomas (Bristol Historian) on Bristol's Emily Parmely Collins; Rosa Fax (Huron Historian) on local "Freethinker" James Cosad; and Carol Bailey (Lyons Historian) on the Grange Movement's action for suffrage. Event is free and open to public with paid park admission of the special discounted price of \$7 starting at 1 pm.

On October 7 the second program in this collaborative series, "The Role of Hodinöhsö:ni' Women and Suffrage," will take place from 2-4 pm in the Sonnenberg Carriage House.

This program, in conjunction with Ganondagan State Historic Park's new exhibit "Hodinöhsö:ni' Women: From the Time of Creation," focuses on the influence Hodinöhsö:ni' (Iroquois) women had on early Suffragettes. Guest speakers will be midwife and activist Jeanne Shenandoah (Eel Clan, Onondaga Nation) and author, activist, and Executive Director of the Matilda Joslyn Gage Center for Social Justice Dialogue Dr. Sally Roesch Wagner. Attendees will learn why it is no surprise that this region is home to both the Hodinöhsö:ni' people and the birth place of the Women's Suffrage movement. Event is free and open to public with paid park admission of the special discounted price of \$7 starting at 1 pm.



Open Mics

Dalai Java's ~1st Thursday Open Mic
6:30 ~9:30 pm
Downtown Canandaigua
dalaijavainfo@gmail.com

Brew and Brats at Arbor Hill
~ Friday open mic, 6 pm
6461 BB State Route 64, Naples, NY
info@brewandbrats.com

Dansville ArtWorks ~ 4th Friday open mic series, 6 pm. Free & open to the public
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<http://www.brightonfarmersmarket.org> or fb.

Springwater Farmers Market - Fridays

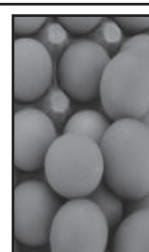
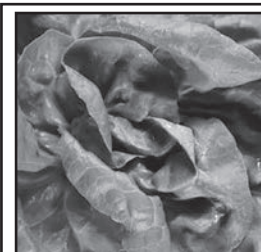
• June 22 thru October, 3-6.

At the "4-corners" in downtown Springwater.

2018 Ontario County Local Food Guide makes finding your farmer easy

The Ontario County Local Food Guide is available for viewing and download on the Cornell Cooperative Extension of Ontario County website, www.cceontario.org. The guide will also be available at Ontario County farmers' markets while supplies last. Be sure to get your copy today for your guide to a summer full of local food, farms, and fun!

Submitted by Cornell Cooperative Extension of Ontario County



The Village Gardener by Georgeanne Vyverberg



Tithonia rotundifolia or Mexican sunflower

It's the final day of August with the heat index in the middle 90's. My gardens are now in their third summer here, and are jungle like and abundant in both beauty and bounty. I say bounty since my vegetable garden here at the house and the community garden have so much food that it's hard to keep up with it. So, I give some away and trade what I grew with other folks who grew what I did not. This is one of the many benefits of a community garden. I heartily recommend it. Also, seeing the thrill of someone who proudly posts pictures of their first tomato, or working with longtime gardeners where one can always learn a tip or two on some problem is worth the effort.

Sitting outside the other day and looking at the yard I began to realize that many plants are crowded and some are just not right for the spot I chose for them. Next year's garden is beginning to take shape in my brain already. I went inside and retrieved my garden journal and a glass of ice tea and began a list of things to do this Fall and next Spring. It is a pleasant task as I know I can do these things later since it's too hot today and I don't really want to destroy the wildness in the gardens which I really love. I've always been a fan of those Cottage gardens of Europe and although mine are more un-tidy than those, it's something I can strive for next year or the year after.

Do you have a favorite flower you grew this year? I'd love to hear about it and I want to tell you about my favorite. I first grew Mexican sunflower or *Tithonia rotundifolia* many years ago in my farm gardens. I had so much space on my land that I tried lots of things I had never planted before. One year I grew a whole quarter acre garden of Zinnias for a friend's daughter who wanted them for her wedding. But another year I wanted to just grow a small field of sunflowers so I ordered every different seed I could find. It was a great success because we had the perfect hot and sometimes droughty conditions that sunflowers love. Perfect too because at that time I did not have running water. And this garden was too far from my pond as well. They were extraordinary, but the Mexican sunflower stole the show. Eight feet tall and covered with bright orange or reddish dahlia like blossoms, which kept blooming until first frost. But the best thing were the butterflies. From the first bloom Monarch butterflies were constantly flitting about. There were others...Black and Yellow swallowtails, American Beauties, Red Admirals and so many kinds of bees. I found myself hanging out by those sunflowers for hours photographing and just being there.

Last year and this I planted *Tithonia*. Many people say they are hard to grow but I found otherwise. I planted a row along my back fence and now 10 feet tall plants covered with flowers have formed a hedge. During a wind storm a couple of weeks ago a couple plants fell over and broke, but one fell into another garden and simply started sending up leaves and now flowers. They have wide 2-3-inch hollow stems and velvety leaves which

the deer seem to avoid. This hedge of mine is directly along a path the deer like to use to wander through my little half acre. There are always clouds of Monarchs flitting about and I have seen the Giant Swallowtails as well. The Giant butterflies have been making a comeback after many years of absence in our area. Like the monarchs they have

specific needs in order to breed and lay eggs. For monarchs it's Milkweed and several varieties grow in our area. For the Giant Swallowtail there are only two plants on which they lay their eggs. One is a small plant called Garden Rue and the other is Prickly ash also known commonly as the toothache tree because its small fruits can numb the tongue and aid in a toothache. It is a small understory tree or shrub in the Citrus family, which only grows in limestone rich soils.

There is some scientific evidence that another close member of the *Tithonia* family called *Tithonia diversifolia* which is commonly known as the Marigold tree and sports yellow flowers, is able to increase nutrients and minerals in soils where they are planted. They have been used in Africa to improve soils by using them as a green manure or added as compost to them. Soils do not need expensive chemical fertilizers and yields have been shown to be greater than in plots that do use extra fertilizers. What could be better than that? Its an amazing plant. I am going to make sure the remains of my sunflowers are put in my compost heap.

The other best thing, well it's difficult to choose the best...is that Hummingbirds LOVE Mexican sunflowers. There are several pairs that visit this hedge all day long, but especially in early evening and that's where you will find me chilling with a glass of wine and watching the show.



Top of page: Monarch nectaring on *Tithonia*. Above, The *Tithonia* overshadows the fence, and Angel exploring below. Photos by Georgeanne Vyverberg



Georgeanne has been fascinated by plants ever since a neighbor gave her some flower seeds when she was very young.

The magic of watching them sprout into beautiful flowers has become a lifetime of wonderment. She lives in Honeoye Falls with her canine and feline friends, a small flock of chickens and more recently a rabbit, or two.

Fields, Flowers & Sky

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Reels and history in Honeoye Falls

by D. E. Bentley

I can only guess that the Virginia Reel originated in Virginia. I did learn recently that it falls into the country-dance category. My reason for wondering about this early American dance was a recent encounter with some young dancers sharing their dance

the 19th century by role playing, dancing, listening to stories and presentations and making crafts. A simple graduation social is held on the Friday afternoon of the camp. It takes place at the one room schoolhouse in Harry Allen Park, in the village of Honeoye Falls and is sponsored by the Honeoye Falls-Town of Mendon Historical Society.

As the dance, and recess, ended and rain began to fall, the students moved inside in period dress and settled into their seats. On the day I happened by there was a present-

a Captain John Newton who wrote it after he, "met God on the high seas and went back to England to become a priest." After being a slave shop captain, he became an abolitionist.

The lesson touched on Frederick Douglass' life and accomplishments. Named Fred Bailey after the owner of the plantation where he was taken, Douglass learned to read, helped by Bailey's wife. Douglass was "rented out" as a caulker in the shop yard and met free black men at the docks. He ran away and was sheltered in the home of a Mr. Johnson who, wanting to give him a new name to travel by, saw the name "Douglas" in a poem called Lady of the Lake written by Sir Walter Scott and published in 1810. Fred Baily became Frederick Douglass.

Johnson's home was part of the Underground Railroad, a place where people could hide until they moved on, closer to freedom. Abolitionists continued the fight against slavery and one newspaper, The Liberator published by William Lloyd Garrison, and many other leaders for the cause, were relentless in their fight. In December 1847, Mr. Bennett continued, Frederick Dou-

glass began publication of his newspaper, called The North Star. The newspaper's title referenced the direction of freedom; the star was used as a point of reference to guide people north toward Canada. The North Star is also a traditional quilt pattern. Mr. Bennett's daughter illustrated a children's book on the topic called The Patchwork Path: A Quilt Map to Freedom (August 28, 2007 by Bettye Stroud, Author and Erin Susanne Bennett, Illustrator), a fictionalized account of a family that used patterns sewn into a quilt to find their way to Canada and freedom. There are other references to the journey north in stories and in song. The North Star is in the constellation of the Big Dipper, which resembles a drinking gourd. Follow the Drinking

Gourd is a well-known folk song. A Pete Seeger version was played during the lesson.

As with other on-room school houses that have been preserved as living history museums, this experience allows students to have fun role-playing while also learning first hand about the experiences of young people of the past. These lessons include the leisure activities, such as dance, music and games that occupied their free time. They also allow students to learn about the hardships and realities of life long ago for many different groups of people and gave them the opportunity to relate history to the present; to reflect on the world of today by learning about the lives of young people who lived in the area long ago.



Attentive students listen to a presentation by Mr. Bennett inside School No.15.
Photo by D.E. Bentley

moves in front of the one room school house in Honeoye Falls. It was a warm and sunny summer day in Honeoye Falls, NY, on August 1, 2018, that I happened, while turning around, on a group of students reeling in the grassy lawn in front of the one-room schoolhouse. They were getting the hang of it, as pairs met up and moved through the lines of fellow dancers.

The school - Mendon District School Number 15 - was moved to the Village of Honeoye Falls and in 1991 and opened to the public as part of a Village Days celebration. The Honeoye Falls/Town of Mendon Historical Society has transformed the building into a living history museum. During the 19th and early 20th century, the rural school often also served as a church, meeting place, and theater, thereby bringing the community together.

The students I encountered at the schoolhouse were part of Miss Eliza's Summer Session. "Miss Eliza," Jennine Milne, started the program in 1994! The summer program features a weeklong day school for children ages 9-11 who have completed the local history study in school. Children learn about the schools, homes and life of

er. Mr. Bennett, and the lesson was on the Underground Railroad - a relevant part of our historic past and present, 400 years in the making. Starting in the late 1700s, Mr. Bennett shared, a network of abolitionists began offering shelter and aid to enslaved people as they made their way north to freedom. The presentation, unlike writing, reading and math lessons offered to explore how students were taught in the 19th century, was a contemporary lesson, reflecting on the lessons we have learned, hopefully, from our mistakes of the past. The students listened attentively and asked questions as the teacher talked of the first slave who, in 1619, set foot in the Americas. He talked of the slave triangle and the treatment of humans like property. He shared a "For Sale" sign, from The Old Slave Mart on Chalmers Street in Charleston, South Carolina. "Kids were worth zero." They could not work," he added, when a student asked the reason why children were "free." He talked of the impact of years of slave trade on the enslaved and on the enslavers. Have you heard the song "Amazing Grace?" he asked the assembled students, who sat attentively in their chairs. It was written by



Students were quickly getting the hang of the Virginia Reel, what I first encountered with a chance turn around.
Photo by D.E. Bentley



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Simple Sustainability

by Sky Trombly

Until next time, be the light
by living lightly!

The Sustainability Diet

and change

I recently picked up a dieting book called *The Jerusalem Diet* by Ted Haggard. I don't know what I expected, maybe an argument for keeping kosher or for cuisine from Bible times or something. I did not expect what I found which was not only a sensible weight loss strategy, but also a road map for lifestyle change. I, as you might have guessed, have applied the insights to living sustainably.

Insight #1: People have a hard time with complexity

Full confession: I have a tendency to make anything unreasonably complex. Then, I feel overwhelmed and drop all the progress I made. This cycle has kept me minimally productive for years.

Enter Ted Haggard's ideas about diet. Then, broaden them to lifestyle and sustainable living.

He points out that almost any diet will work if people are willing to stick with them. Problem is, most people won't and that is just human nature. People generally don't do well with complex systems for very long. Counting calories and macro-nutrient ratios and so forth can get really complicated and pretty tiring.

His diet plan is very simple. One weighs in every morning and sees whether they are at/under their target weight for the week. If they are on target, they can eat and exercise as they want. If they are above their target weight for the week, they take a "fat" day. A "fat" day is a day wherein a person eats however much one wants but only fruit, vegetables, nuts and seeds. The dieter also drinks only water and exercises for an hour.

We just won't stick to any regimen for long that has us doing and thinking too much about it. We have too much on our plate, so to speak. When we're building our sustainable lifestyle, we can't afford to rethink every tiny minutiae every day. We can't be some kind of paragon of green virtue and everything else we need to be (employee, parent, folder of many socks) if we haven't:

- made most things we do into habits (we automatically turn off the lights when leaving the room, we don't think about it)
- made our systems very simple (I don't shop for kid's clothing every day so it isn't really a habit, but I do prioritize shopping at a local shop that specializes in used kid's gear - used and local, I don't have to agonize over any more details. In this way, I don't have to question every manufacturer and every fabric choice or every sustainable fashion criteria I could check off.)

Insight #2: People have a limited tolerance for doing without

I generally want things to be pleasurable and easy for me. Who doesn't? If something must be unpleasant, I'd rather that unpleasantness not last for long.

Ted Haggard discusses this aspect of human nature from the lens of dieting: the Jerusalem Diet is done one day at a time. First you weigh in and get your current weight, this becomes a habit so it isn't any trouble. If you're over your target weight, you have one dieting day. One day of restriction and greater exercise. Afterwards, you can relax until the next dieting day. Most people can hold out for one day. Have that cookie tomorrow.

It is easy to extend energy in short bursts, especially when you're feeling passionate about something. However, what is the utility of doing the right thing for one day? Are you really going to lose the weight? Or have a meaningful impact?

If your sustainability efforts always feel like drudgery, if you always feel as though you're scrimping, you might fall off the wagon. Further, your lifestyle will not seem appealing to others. It is therefore important to find pleasure in the lifestyle you create.

Some suggestions:

- find others who are passionate about greener lifestyles
- make challenges and play games with progress (such as a 30 Day No Spend Challenge)
- if you remove something that you enjoy, replace it with something enjoyable. So, for example, say you'd like to eat less packaged food and decided to cut out chips. You might balance the deprivation by getting an air popper and popping your own popcorn.

Insight #3: Change your trajectory

I was skeptical at first. How can you maintain weight loss if you only limit your intake for one day? Or, from a sustainability stand point, what's the point of turning down the thermostat for a single day and then jacking it back up again?

Sustainability is, by definition, what is doable for the long term.

Ted Haggard solves this conundrum by introducing the idea of changing your trajectory from "fat to fit". Those hour long exercise sessions on "fat" days can be used to discover exercises that you like doing. Your body benefits from getting food high in vitamins and minerals even if it is only for one day. On a regular day, that third or fourth cookie looks less tempting when the potential for having a "fat" day looms. Gradually,

you become more intuitive to what you can get away with while discovering a healthier lifestyle.

Sustainable living is not really a goal you can achieve and walk away from, it is an ongoing practice. Behavior changes open up new possibilities. For example, I switched from plastic shopping bags to reusable. This highlighted the fact that I was using plastic bags to put my produce in. I doubt I would have even noticed if I hadn't made the first change.

It isn't about being unerring, it is about making a change and seeing where that change sends you next. Sustainable living isn't so much a goal but a value that you take with you when you're making decisions.

Insight #4: Slow progress sticks

The Jerusalem Diet isn't about losing 30 pounds in 2 weeks. Ted Haggard doesn't believe that any changes made that drastically will stick. It has a lot to do with the above insights: that complicated diets, with no pleasure, that don't change your long term behavior don't stick. And so, slower progress allows you to build in a solid foundation. The first week, you weigh in. Then, you aim to lose one pound each week after that.

It's like a distance race, runners know they need to pace themselves from the starting line or risk running out of steam. It takes time to establish habits.

The Sustainability Diet

I am going to apply the Jerusalem Diet to my sustainability goals one week at a time. I'll pick one action I want to take a week. Each morning, I will ask myself how I am doing. Am I straying? Am I on track? I hope that by doing this, I create habits or set things up to take care of themselves.

This past week, my goal was to reduce passive energy loss. On the first day, I found an alarm clock we didn't need and unplugged it. The second through fourth day, I found 3 sonic mouse repellents. I figure that their use is probably seasonal and have saved them for the fall/winter. These changes were great because they don't need a lot of further thought. I will just plug those items back in if they're needed after all.

On day 5, we put my husband's computer on a power strip. This way, the computer won't draw energy until he is ready to use it at which point, he'll turn the power strip on.

On day 6, we put my husband's power tools on a power strip too. This has an added advantage of building in more safety. The kids would have to turn on the power strip before they could turn on any tool.

I realize that this doesn't sound like a lot of work and it shouldn't because it wasn't! The idea is that we make small consistent changes in our green lifestyle so that our changes don't put us out, but are still building to an overall greener lifestyle.

If you're interested in trying along with me but not sure where to start, here are some ideas:

- Food (local, organic, package-free, gardening, meat-less, and so on)
- Shelter (house size, maintenance, cleaning habits)
- Utilities (electricity, heating/cooling, water)
- Transportation (commute, errands, human-powered over fossil fuel powered)
- Employment (less paper/paperless, employment choices, right sizing income and hours)
- Personal Care (clothing, grooming, exercise)
- Family (family size, family culture and values, green parenting practices)
- Financial & Shopping Habits (minimalism, shopping used first, no spend periods)
- Fun & Hobbies (outings, clubs, activities, hobbies)

Lifestyle changes can be tricky. Changes are made easier if they are simple, pleasurable, building on past success, and slow but steady. The Jerusalem Diet is useful for helping me lose the rest of this baby weight, but clearly it can be used in ways far beyond that.



Something of a sustainability nerd for most of her life, Sky Trombly's goal is to empower herself and others to live in a way that is congruent with personal values - and intimately linked to the Earth. You can join her in her wanderings through the quagmire of sustainable living in every issue of Owl Light News, and on her blog - talkwalking.org

Simple Sustainability - related comments, topics and questions can be e-mailed to editor@canadicepress.com with Simple Sustainability in the sub-

Letchworth Arts and Crafts Show October 6, 7 and 8, 2018

Hosted by Arts Council for Wyoming County

GPS: 2280 Park Road,
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2018 Show Hours:
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Remembering...

Ribbon cutting for Little Lakes Community Center will include Jack Evans recognition for the gymnasium, tours and refreshments, September 20, 4 pm

On Thursday, September 20 at 4 p.m., Little Lakes Community Association (LLCA) will officially "cut the ribbon" on their new Center in Hemlock. This past June the LLCA officially took ownership of the Hemlock School, now to be known as the Little Lakes Community Center. The group is proud to be a part of the continuing history of this wonderful building.

The public is cordially invited to join the members of LLCA, officials from surrounding towns and representatives of the Livingston County Chamber of Commerce to celebrate this momentous occasion. Following the ceremony to officially open the doors of the new Center, the gymnasium will also be dedicated in honor of Jack Evans, whose foresight in purchasing the building for community use has been the group's inspiration.

Tours of the building as well as refreshments will be available. The History Room will feature a "back to school in the old days" display.

The history of the Hemlock School building, on South Main Street in the hamlet of Hemlock, began in the early part of the 20th Century, when a previous school building occupied the site. After it burned in a fire in the mid 1920's the citizens of Hemlock were determined to rebuild a school that would be solid, fire-resistant, and consistent in design with the iconic style for school buildings at that time. They hired

Carl Ade, a well-known architect in the area, to complete the design, which centers the classrooms on two floors on three sides around an ample sized gym and auditorium combination, with a large stage. The school, which opened in 1929, initially housed grades K through 12. As the population of the area grew and Hemlock became part of the Livonia Central School District, the building served as a high school from the 40's through the 60's. After the school closed, it periodically served both the Livonia and Honeoye districts for recreation and overflow classrooms.

In the early 90's, Jack Evans, a successful business owner and graduate of the Hemlock School, bought the building and donated it to the Town of Livonia as a community center. The Town rented out former classrooms as a yoga studio, and to various artists, a landscape architect, a church group and other organizations. The Livingston County Sheriff had a satellite office in the building as well. Various recreation, sports and exercise programs used the gym.

Around 2015 it became clear to a group of local citizens that the building was under-utilized by the community and was not living up to its potential. This dedicated



group, spearheaded by Hemlock resident Mary Ann Thompson, began a discussion with the Town, at first about improving services and offerings at the school. The group became the Little Lakes Community Association (LLCA), highlighting the location of the building in the center of the western-most Finger Lakes: Honeoye, Canadice, Hemlock and Conesus. Eventually the Town offered the organization the building if it could become incorporated and a legal not-for-profit entity, which was accomplished in 2017. State Senator Young proposed a bill for the transfer of the building to the organization, which

passed both legislative houses and was signed by the governor last fall. On June 25, 2018, the group officially became the owners of the former school, now known as the Little Lakes Community Center.

For three years LLCA has worked tirelessly to create a responsible organization, which formed a Board that meets weekly to oversee the operations of the building. Once a month, usually on the first Monday, the larger Steering Committee meets and welcomes any member of the community who wants to learn more about the organization and to offer suggestions for future offerings. LLCA has sponsored over 25 fundraisers, from dances, concerts, art events, and skating parties, to its annual fall Barn Fest and Earth Dance, its first Earth Day celebration. Educational events, highlighting sustainability practices, such as talks on Antactica and organic gardening, have been offered to the public free of charge. Recreation programs, including Open Gym nights and exercise classes are available. Now that the group owns the school, it is looking to rent space to businesses, such as start-ups and artists, on an on-going basis. LLCA is offering rental at reasonable cost, appropriate for start-ups and local small businesses that want to stay in the area. The "gymnasium" and classrooms are also available to rent for parties, weddings, meetings, and religious services. LLCA welcomes anyone who would like to volunteer to support the group's mission. In particular, since there is much work to be done on the building, individuals with expertise in carpentry, plumbing, electrical and landscaping are especially being sought.

Other up-coming events at the Little Lakes Community Center include its second annual Barn Fest on Saturday, September 22 from 10 to 6, which will feature live music, a talent show, many local vendors, great food and family-friendly activities. In the planning stages is the Antique Appraisal Fair, set for October 13.



In Memoriam Notices & Tributes

Obituaries and other In Memoriam notices and tributes are \$25 - with an image.

E-mail editor@canadicepress.com or call 585-358-1065

Please let us know if we can be of assistance in wording your In Memoriam.

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Please take it slooowww
on our rural roads!



The speed limit may be 55, but taking your time lets you see the beauty all around ... and helps to keep the wildlife - *and our children, and animal companions*, alive.

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Scouting for Myself

Chapter 1 of *Scouting for Myself* was printed in the August 10, 2018 *Owl Light News*. It can also be found online at OwlLightNews.com.

I opened the doors and made my grand escape from the horror that was my own awkwardness. I glanced back down at the schedule. Oh no. How was this possible?

My first class of the day was P.E. was this a prank?!

I briskly walked through the double doors of the school hoping that nobody would notice my presence. I made my way to the information center, which was just to the right of the front doors, to pick up my schedule for the semester.

"Hi. I'm Scout Adams, and I'm here to pick up my schedule," I said, my head lowered to avoid eye contact.

"Adams? Isn't your father Mark Adams? The author?" asked the woman working the desk.

"Uh, yeah."

"Oh, of course he named you Scout! However, why did he name you, a boy, Scout when Scout from *To Kill a Mockingbird* is a girl?" she asked. I paused for a moment. Why did he pick Scout as my name? I didn't have time to care; the bell was going to go off soon, and I did not want to be late on the first day.

"Can I just get my schedule, please?"

"Sure thing, dearie. Would you tell your father that Ms. Stewart deeply enjoys his books?"

"Of course!" I said, somewhat enthusiastic. This was not the first time that someone had asked me about my father. The more people that ask, the more socializing I have to do; for someone who is the kid of an author, I'm wasn't exactly the greatest with my words, nor writing, sports, or drawing. I was just a hot mess.

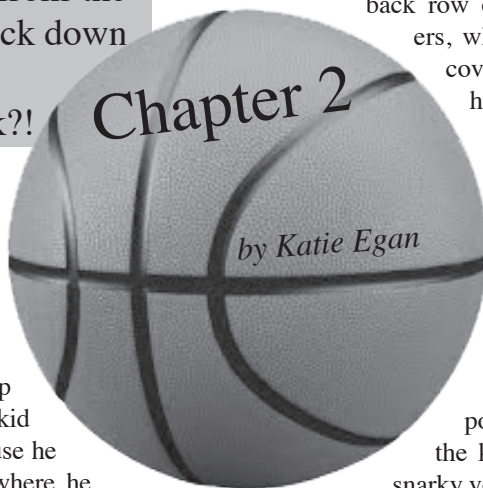
"Here's the schedule," said Ms. Stewart, knocking me back into reality.

"Oh, thank you," I said as I took the paper from her hands. I glanced down at the schedule as I walked towards the doors, but me being me, I ran into the glass doors. Ms. Stewart sat up straight to fully admire the kid who ran into the doors because he wasn't paying attention to where he was going. School technically hadn't even started yet and I had already embarrassed myself. Why does this always happen to me?

I opened the doors and made my grand escape from the horror that was my own awkwardness. I glanced back down at the schedule. Oh no. How was this possible?

My first class of the day was P.E. was this a prank?! Did one of the jocks break into the school during the summer and change my schedule just to be cruel? No matter if it was a prank or not, I still had to get to class. I slowly, but surely, found my way to the gymnasium. Why was this my life?

"Good morning class! My name is Mr. Wood. I will be your Phys. Ed. teacher for the semester, if not the whole year" started Mr. Wood, "-Now, I don't want to get into the paperwork stuff and say, 'Oh you can have the class to just relax and get your lockers,' and stuff. I'll hand you the course requirements as you leave today, but today we're actually going to start our basketball unit." What?!



"Excuse me, sir?" asked a kid from the back row of the bleachers, whose face was covered by the hat that he was wearing.

"Yes, son?" asked Mr. Wood.

"Um, yes, hi. I was just wondering if the devil possessed you?"

the kid asked in a snarky voice. His question made all of the boys on the bleachers laugh, including myself. I didn't have the faintest idea as to what he was doing.

"I beg your pardon young man?"

"What? I didn't stutter. I asked if you were possessed by the devil That's a simple yes or no question. Can you not comprehend?" pestered the kid once more. What was he doing? He would surely get kicked out of class. That was his idea.

"Are you implying that I am stupid?"

"No. I'm saying you're stupid."

"That's it! Go to the principal's office," Mr. Wood screamed, seething with anger.

"Cool! At the least the principal's office has a/c!" said the kid in an almost too joyful tone.

"I am going to call the office and tell them to expect-What's your name?" asked Mr. Wood, still enraged.

"Oliver," stated the kid in a calm tone.

"Yeah, and your last name?"

"That's for me to know and you to never know," Oliver stated in an overly cocky voice. He got up from his spot on the bleach-

ers and slowly walked down the stairs. As he went to exit through the gym's doors, he gave a cheeky wink to Mr. Wood and blew kisses to everyone on the bleachers.

"Ugh! Class, just play basketball or something until I get back," Mr. Wood ordered before retreating to his office to both call the office and to cure the wounds that had been inflicted on his ego.

Some of the kids got up from the bleachers to actually play sports. Among these kids was Sam Hill. He was the number one jock of the entire school. He participated in lacrosse, football, basketball, and wrestling. I thought that he had more abs than I had number of years left on my life and I was only seventeen. Sam was in my first and second grade classes and I had had him in at least one of my classes since the sixth grade. He was the biggest nuisance known to mankind. He was the kind of person who cheated on tests because he couldn't retain anything he learned.

I decided to make use of my time in the gym and look at what class I would have next. I pulled out the folding schedule that I had placed in my backpack upon arrival to the gym, and looked at the class that was listed in the second period column. Study hall in the cafeteria. Well, at least the cafeteria was just down that hall so I wouldn't have to walk far. I thought that after the fright of nearly having to exercise I would just get to go to study hall and have some peace and quiet to just read and sit in a corner; my plans were, of course, derailed.

Before I knew what was happening, someone screamed, "Watch out!"

I glanced upward to see what was happening. All I saw was a basketball plummeting towards my face and then everything went black.

Ever want to give the town of Richmond officials your opinion?! The time is coming.

The town's Comprehensive Plan Steering Committee wants to know what residents think about the community and its future and is about to launch a survey of community residents and non-residents. Stay tuned for information on how you can share.

It will be the first local community survey to be done digitally, although those technologically abled will be able to fill out forms available at the Town Hall.

Community response is critical to the updating process because it will be used to guide future plans and actions by the town board, influence zoning, encourage planned development, and meet future infrastructure needs including water, sewer and Internet connectivity.

The committee is seeking input from fulltime and part time town residents as it works toward an update of the existing Comprehensive Plan, which calls for an update every five years.

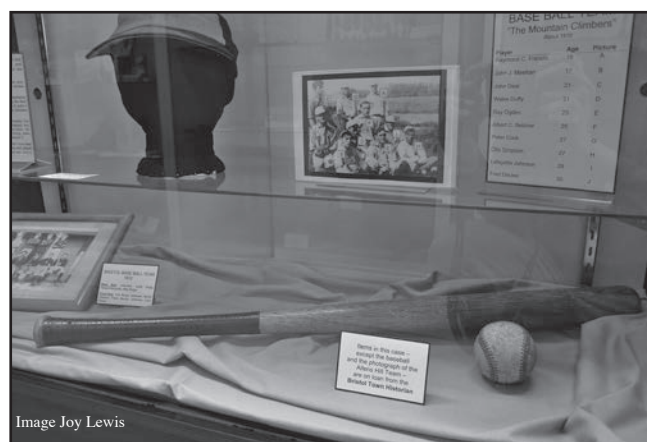
The update is important as it enables the town to keep up with changes and increased demands on government and provides supporting documentation as the town seeks grants to offset the cost of new needs and improvements.

The survey is expected to go online at townofrichmond.org beginning Sept. 15 and data will be collected for approximately 30 days.

A first glimpse of the survey results is expected in November, when the Steering Committee begins public meetings to develop a vision for the town as part of the Comprehensive Plan update.

Honeoye-Richmond Historical Society Museum

The museum provides a wonderful and enlightening glimpse into the past and is open free of charge (donations are appreciated). It is located in the back room of Richmond Town Hall, 8690 Main Street, Honeoye, NY 14471.



Summer Hours
Saturday mornings
9:30 to 11:30

Memorial Day
Weekend
until
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Weekend.

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Community Calendar

Let us know what your community or community - based group is doing to work toward positive change for ALL!

Monday, Sept. 10 ~Honeoye-Hemlock American Legion Auxiliary, 4931 Co. Rd. 36



invites you to attend our Beef Stroganoff dinner, complete with green beans, salad, beverage and dessert for only \$6. 4pm till gone. Community is welcome.

All proceeds go to our local Vets.

LLCA and Special Touch Bakery in pie partnership
Pie orders taken September 4 - October 29 ~ many varieties

The Little Lakes Community Association is proud to announce its partnership with the Special Touch Bakery of Rochester in our first ever pie fund-raiser. We are deliciously excited to have our not-for-profit working with another worthy not-for-profit organization in this effort. It will be a great opportunity for residents of our area to buy their pies for the upcoming holiday seasons. These pies, in a variety of flavors and sizes, will come frozen and ready to thaw and bake.

The bakery is a program offered by the School of the Holy Childhood. The school opened in 1946 to serve individuals with intellectual and developmental disabilities. In 1982 they began a program to develop skilled pie making classes for their students. By 2002, 17,000 pies a year were being baked at the school in a 700 square-foot kitchen. The bakery was moved to a new state-of-the-art, 20,000 square-foot facility in 2017. Today both the school and the bakery encourage people with special needs, helping them to realize a successful life.

As always, proceeds from this fund-raiser will go directly into making more improvements to the Little Lakes Community Center in Hemlock and its programs, as well as to benefit the Special Touch Bakery. We are hoping to make this an annual event!

The event began September 4th and will continue through October 29th. There are a large variety of pies available to match the needs of many, from no-sugar added, to berry, cream, and vegan. The pies are a delicious 10" size, each yielding eight generously sized slices. Pies can also be ordered in the 4" size. Pick-up dates will be November 12th and November 14th from 5 to 6:30 p. m. at LLCC. Pies can be ordered by stopping by the center or leaving a message at 585-367-1046, or from board and steering committee members, who will have order forms. Order forms will also be available at the LLCA information booth at the Autumn in the Village festival in Livonia on Saturday, September 8, at the Ribbon-cutting Celebration at the center on 9/20/18 and at LLCA's Barn Fest on Saturday, September 22.



Area Food Pantries

All welcome and appreciate community contributions and volunteers.

Geneseo/Groveland Emergency Food Pantry

31 Center Street, Geneseo (the lower level of CPC).

Tuesdays and Thursdays 10-2 am and Wednesdays 4-6:30 pm

Springwater Food Pantry

Wednesdays 6:30 - 8 PM and Saturdays 9 - 11 AM*

South Main Street, Springwater

*Serves Springwater Canadice & Webster's Crossing area, but no one in need will be turned away!

Excluding the days when FoodLink distribution is at the Springwater Fire Dept.

The SCFP is hosting a Foodlink distribution

Sept 7 starting at 5 pm until gone

Lighthouse Food Pantry

Every Saturday, until Jan 5, 2019

Lighthouse Wesleyan Church, 101 South Lackawanna St, Wayland

We recognize as a church that it is not only important to feed people's spiritual hunger but to feed their physical needs as well. Lighthouse Food Pantry is open to anyone in the Wayland Cohoston Central School District Area.

Radio Fab Lab Classes

Antique Wireless Museum,
Bloomfield, NY

(12) two hour classes,
Saturday mornings beginning September 8th.

Classes taught by Museum experts.

Students will be introduced to the technology of communications and electronics beginning with identifying basic electronic parts and how to do measurements with a digital meter up through the latest in communications technology Software Defined Radio (SDR). An adult is encouraged to attend with the student to share in the learning experience and enjoy some quality time with their student. Last year's class graduated 23 AWA Technology Explorers and three Boy Scouts qualified for their Radio Merit Badge.

Hurry - class size is limited to (20) students!

The cost of the classes is \$140 and includes a (1) year membership in the Museum.

Application forms and more about the class is posted on the AWA web site at <http://www.antiquewireless.org/2018-radio-fab-labs.html>



Faith in Community

Finger Lakes Forest Church

Saturday, September 8, 7 PM

The Finger Lakes Forest Church meets the second Saturday of each month. Our September meeting, a special evening gathering, will play with creating and performing an end-of-summer ritual to mark the changing of the seasons. All are welcome! Location: 5208 South Hill Road, Bristol. Directions: South Hill Road is 1.5 miles up the hill from the corner of NY 64 and 32 and 3.2 miles from the corner of 20A and 32. There is no mailbox, but the address does come up on GPS. Look for the Forest Church signs.

For more information, contact FLForestChurch@gmail.com.

21st Annual Ionia Fall Festival

Saturday, September 15th, all day long,
on the Ionia United Methodist Church grounds,

2120 Elton Rd., just off Rt 64 & north of Rts 5 & 20.

Our Tractor Parade, now in its 15th year, will have tractors from all over western NY and is one of the largest in western NY! The parade begins at 1 PM, but you can look at the tractor & implement displays behind the church all day long.

Begin your day with a delicious Pancake Breakfast 7:30-10AM; then later a Chicken BBQ 11:30AM til sold out; and the Chow Hut serves hot dogs, burgers and more 10:00-4:30

All day long: Cake & Dessert Wheel; Coin Toss; Historical & Other Displays; Games; Hayrides to the Wolk Observatory; Helimission's helicopter, Vendors & Crafters; Scout Demonstrations; & much, much more.

More information is on our website: www.ioniaumc.org

Come for a fun fall day in the country!

Free Spirit Book Club

Wednesday, September 19, 6:30 - 8:00 PM

This book club, with a broadly spiritual focus, meets the third Wednesday of each month. It is an open-hearted, open-minded group, focused on reading and discussing texts from spiritual disciplines around the world. All are welcome - even if you haven't read the text. Location: Honeoye United Church of Christ, 8758 Main Street, Honeoye, NY. For more information, including the title of the reading for our next meeting, contact emily.pecora@gmail.com.

"Imagine No Racism" Series: Sponsored by area churches.

All meetings begin at 7 pm at:

Sparta Center UMC, Monday, September 17th;

Groveland Federated Parish, Thursday, October 18th; and

West Sparta UMC, Monday, October 29th.

Second Annual Barn Fest

The Little Lakes Community Association will celebrate its second annual Barn Fest on Saturday, September 22 from 10 until 6 at their new center on Main Street in Hemlock. As the association acquired the old Hemlock School, the former Jack Evans Community Center, from the Town of Livonia in June, it is now officially the Little Lakes Community Center.

The Barn Fest will have something for everyone of all ages. Numerous craft vendors, entertainment, a farmers market, delicious food, and chain saw carving, as well as creating fairy gardens, and other activities for children are planned.

The entertainment line-up is as follows:

- 11 to 12 – Liam and Emma Raines, performing country and blue grass music.
- 12:30 to 1:30 – Topher Holt – music and story telling for kids.
- 2 to 3 – Cherie Comstock and Richie Taromino – country and oldies music.
- 3:30 to 5:30 – Talent Show!

We are looking for local talented folks to enter to perform on our outdoor stage: five acts performed by children, 17 years of age and under; five acts performed by adults, 18 years and over. Prizes for first and second place for each category will be awarded. No act can be longer than 5 minutes on the stage, with songs limited to around 3 minutes. All material performed must be family appropriate. Contestants will be judged on 1.) originality; 2.) showmanship; 3.) creativity. If you would like to enter the contest, send a video by email to jimmykes1971@gmail.com or by phone to 585-703-7536 no later than September 14. You will be contacted by your email address or phone number if you are selected to be one of the ten finalists to enter the contest.

At the event, you may also want to sample pies from the Special Touch Bakery of Rochester and order yours, to be delivered just in time for the Thanksgiving holiday. For more details on this fund-raising event that benefits both of these hard-working not-for-profits, visit our website or Facebook page.

LLCA is also looking forward to sponsoring an Antiques Appraisal Fair on Saturday, October 13. If you are interested in participating, you may offer up to 3 antiques for appraisal by expert Michael Demming, for \$5.00 for each item. Stay tuned for more details about this exciting opportunity!

For more information about events and classes planned at LLCC, including open gym nights and exercise classes, visit LittleLakesNY.org, Facebook @littlelakes or call 585-367-1046 and leave a message for one of our members to return your call. We are always looking for new members to help us in our mission of creating a vibrant community center. Volunteers at events or on work days at the center are also welcome.

Regional News

Sonnenberg Gardens receives grant & hosts Museum Association of New York Conference

Finger Lakes MANY Meet-Up
September 06, 2018, 3 - 7 PM

Sonnenberg Gardens and Mansion State Historic Park

Registration is required for all attendees at <https://nysmuseums.org/event-2997056>

Sonnenberg Gardens & Mansion State Historic Park is pleased to announce that it will be hosting the Museum Association of New York's Finger Lakes' MANY Meet-up on September 6.

The afternoon event will start with a workshop, "Insights into Collections Assessment for Preservation (CAP)," with Architect Ted Bartlett and Conservator Lisa Goldberg that will share strategies for using a "CAP Assessment" to leverage resources and improve sustainability. The CAP Assessment is a study of an institution's collections, buildings, and building systems as well as its policies and procedures for collections care.

Following the workshop, the Sonnenberg staff will lead attendees on a private tour of the Gardens and the event closes with a networking "Meet Up" session that allows museum professionals from different organizations to gather together for a discussion about important issues and information about upcoming MANY opportunities. Event sponsored by Wegmans Food Markets. *This event is most appropriate for individuals associated with the museum field at large - so staff of other museums, historic sites, schools, libraries, cultural centers, etc. The event is an opportunity to network but it is also an opportunity to learn about what is going on in the museum community.*

Sonnenberg Gardens is also pleased to announce that it has received a 2018 Collection Needs Assessment Program: Site Assessment and Supplies Grants award from the Greater Hudson Heritage Network. The Greater Hudson Heritage Network serves cultural organizations as well as their staffs, boards and communities in New York State by offering consultations, assistance, a resource network, and professional development opportunities to advance the work of historians, historic house museums, heritage centers, historic sites, archives and libraries. This award will help Sonnenberg to care for their collections.

Fall 2018 Open House Finger Lakes Museum & Aquarium

3369 Guyanoga Road, Branchport NY

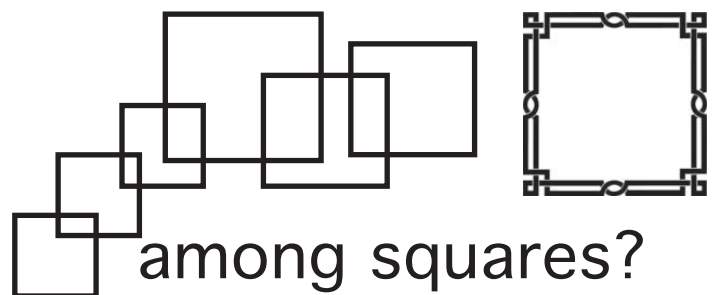
Saturday, September 8, 2018 at 10am ~ FREE!

Have you been wondering what is happening at the FLM & A?



Join Museum staff, volunteers, and trustees to find out! Tour the Finger Lakes Museum campus and explore the wetlands by land and water on mini guided wetland walks and mini guided eco-paddles from 10 to 11:30 a.m. and 12:30 to 2 p.m. Visual highlights will show our achievements and future plans
www.fingerlakesmuseum.org

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Is Your Medicine Safe at Home?
Only YOU Can Secure your RX!
Help us prevent addiction, accidental poisoning & protect the environment!

MONITOR - count your medication regularly
SECURE - lock up any medication you do not want anyone else to access
DISPOSE - drop off and unwanted/unused and expired medication to your local disposal site



Medication Drop Box Locations

Bristol
Town Hall

Phelps
Community Center

Geneva
North Street Pharmacy
Police Station

Canandaigua
FLCC (Keuka Wing)
The Medicine Shop

Shortsville/Manchester
Red Jacket Pharmacy

Rushville
Village Hall

Ontario County DMV Office
Thompson Hospital (lobby)
Mental Health Clinic
Police Station (lobby)

Farmington
State Troopers

Victor
Mead Square Pharmacy

Clifton Springs
Hospital (lobby)

Richmond
Town Hall
CVS Pharmacy



Questions, please call us at
585-396-4554

Thank you from Owl Light News!

Your advertising dollars buy way more than just ad space ... they also help share important community information.

HELP WANTED



HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Town of Canandaigua Highway Garage

5440 Routes 5&20, Canandaigua, NY 14424

Saturday – September 15, 2018 from 7:00 am to 3:00 pm

- This event is free and open to residents of ONTARIO County only.
- No business or farm waste will be accepted.
- **PRE-REGISTRATION** and **PROOF OF RESIDENCY** will be required.
- The event is limited to 700 residents who pre-register.

What is household hazardous waste?

Household hazardous waste is any discarded household material that can be classified as toxic, corrosive, flammable or reactive.
For example:

◆ Paint ◆ Batteries ◆ Cleaning Products ◆ Thinners/Strippers ◆ Acids/Bases ◆ Automotive Products ◆ Pesticides

Materials Accepted at the Event:

Acids, Adhesives, Aerosols, Antifreeze, Batteries, Boric Acid, Brake Fluid, Cements, Charcoal Lighters, Chlorine, Cleaning Fluid, Degreasers, Disinfectants, Drain Cleaners, Dry Gas, Dyes, Epoxies, Fiberglass Resins, Flea Powders, Furniture Strippers, Hair Removers, Herbicides, Insect Repellents, Lacquers, Lubricants, Mothballs or Flakes, Motor Oil, Nail Polish Removers, Oven Cleaners, Paint, Paint Removers, Paint Thinners, Permanent Solutions, Pesticides, Photo chemicals, Rat Poisons, Rug & Upholstery Cleaners, Rust Solvents, Wood Preservatives, Spot Removers, Tub and Tile Cleaners, Turpentine, Varnish, Weed Killers, Wood Polishes & Stains. Products containing mercury, LED lightbulbs, and florescent light tubes will also be accepted.

Materials NOT Accepted at the Event:

Household Electronics (TVs –flat screen and CRTs, computer monitors, cell phones, DVD players, VCRs, etc.)
Automobile and truck tires, Compressed Gas Cylinders, Explosives or Shock-Sensitive Materials, Ammunition, Radioactive Wastes, Pathological Wastes, Infectious Waste, Medicines, PCB's, Freon containing devices (i.e. Air conditioners, dehumidifiers).

*Casella reserves the right to reject any waste unidentified, deemed unacceptable by the disposal firm, or of excessive volume**

Time slots are every 15 minutes starting at 7:00 am and the last one is 2:45 pm.

Pre-register before September 13, 2018 by calling Cornell Cooperative Extension of Ontario County.

Pre-registration required, call (585) 394-3977 x 427

Sponsored by:



Casella Waste Services of Ontario, LLC
A New England Waste Services Company



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See page 3 for complete information.



Gift delivery also available.

Fall Juried Art Exhibit

*Dansville ArtWorks - runs through October 27.

Free; open to the public. *153 Main St., Dansville, NY

www.dansvilleartworks.com; 585.335.4746

Cut Flower Tour at Harris Seeds

September 13, 6 pm, Harris Seeds

355 Paul Road, Rochester, NY 14624

Cornell Cooperative Extension of Ontario County is providing you an opportunity to visit Harris Seeds trial gardens. The tour will be hosted by Michael Wells, Ornamental Product Manager and former cut flower farmer, Kristen Andersen, Vegetable Product Manager and Trials Manager, and Deirdre Hickey, Tour Coordinator and Plug Department lead.

You will see their trial grounds and display beds for vegetables and ornamentals, with a primary focus on their cut flower trials. Michael will showcase the new varieties they have in trials, trends within the industry, and unique species and materials being used in the cut flower industry. Harris Seeds is located just West of the airport. To register call 585-394-3977 x 427 or email Nancy at nea8@cornell.edu.

Art out of the Attic for OCHS

People's attics are full of art that is no longer wanted for a variety of reasons. It is precisely these items that the Ontario County Historical Society has been gathering up recycle to others for their fundraising event, "Art out of the Attic".

The silent auction fund raiser will take place the weekend of October 19-20, 2018 at the Ontario County Historical Society located at 55 North Main Street in Canandaigua. There will be an opening reception and preview of the items to be auctioned on Friday October 19 from 4 to 7 pm. The silent auction will continue from 10 am to 5 pm on Saturday October 20. Winning bids will be announced at 5 PM that day. Proceeds will help fund the operation and maintenance of the historic Bragdon museum in which the Society's headquarters and museum are located.

Submitted by Ed Varno

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Next submission deadline

Owl Light News Submission Deadlines - clip and save

Final Deadline is	For issue published on
Sunday, September 16, 2018	Friday, September 21, 2018

Sunday, September 30, 2018 will be a joint submission deadline for papers published Friday, October 5, 2018 and Friday, October 19th!!! All content for both October issues must be submitted by September 30th - with first consideration given to content submitted before September 23rd.

Owl Light News content and ad space fills up *fast*.

Submissions that are not time sensitive should be submitted as early as possible. Last minute submissions will be considered on a case by case basis, depending on space.

The submission deadline is the Sunday prior to the next issue, at midnight.

Send submissions to: editor@canadicepress.com

or by mail to Canadice Press - Owl, 5584 Canadice Lake Rd. Springwater, NY 14560

September 16th