

OwlLight



Dragonfly Tales p. 9

OwlLightNews.com

Mistaken Identities:
Front, 4, 13, 14, and Back

Owl Light Outings~Hollerhorn Distilling: 12

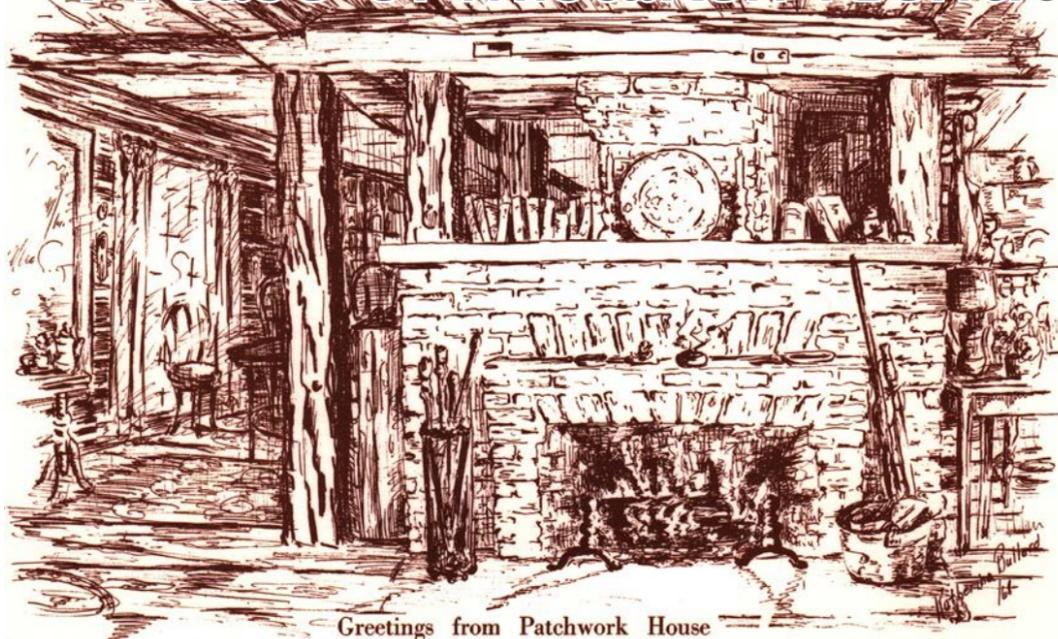
January 2019

News

“Patchwork House:”

by Tawn Feeny
Hemlock, NY

A case of mistaken identity



Greetings from Patchwork House

This is a true story about a house, not a person, which was mistaken for what it was not for many years. Yes, it is not just people that can be wrongly identified. Objects and animals can be, too, like the cute, little purple and yellow flowers of the deadly night shade that belie their toxicity, or the soap pods that poison children, thinking they are something good to eat. Starting with the apple that Eve bit into, there have been stories about things that weren't what they seemed. Sometimes in folk tales things turn out happily, such as the frog who was really a prince, and Aladdin's dusty, old lamp that was the genie's home. Then there are the darker tales, where the wolf disguised himself as Little Red Riding Hood, and where Hansel and Gretel mistook the witch's house for a huge cookie and candy treat.

This story is about another house, “Patchwork House,” that had been in our family since about 1950. It is a log cabin in Shelburne Falls, in the scenic Berkshires of western Massachusetts. The cabin was built during the Depression by my grandfather's cousin, Carl, who lived across the street from the lot on which it was built. The lot was called the “spring lot,” because of the many springs that flowed through it. It had been where the villagers grazed their sheep and goats in the early days of the village's history. Carl and some friends were often out of work then and needed something to do, even if there was not much

Continued on page 11

Our True Essence

by Jessica Villar Rosati
Castile, NY / Nebraska

When my youngest child was born, I thought she was a boy. She emerged from my womb, the doctor noted the little boy parts, and declared, “it's a boy.” We gave her a little boy name, dressed her in little boy clothes, and gave her toys for little boys. Yet, it was not long before I began to think that she was not as he appeared. Her appreciation for my soft and feminine clothes, her desire to be best friends with a little girl in first grade, her gentle and sensitive nature, told me that she would not be the straight male that society expects little boys to become.

So, when, at the age of 15, she told me that she was transgender, I was not surprised. I told her I loved her unconditionally, no matter what gender or form she took. I told her it was her essence and spirit I loved, and that these bodies we inhabit are temporary vessels for our eternal souls. I told her I loved her, that I would help her however I could, that I would be with her all the way.

She said, “I thought you would say that.” The next evening, she let me comb out her long, beautiful hair, a voluminous mass of luscious curls and waves.

We never spoke of cutting it again.

As a mother, it is natural to worry about your children and their futures, but on top of this basic worry, was laid an extra blanket of fear and anxiety. I knew how cruel the world could be, and

I worried about my child's safety even more than I already had. She was on a difficult path, but I was excited for her. It was like waiting for a butterfly to emerge from its chrysalis.

Her transition from male to female was very slow and very quiet and very careful. Her sister had been present when she came out to me, and was every bit as accepting as I. Her father and brother were similarly accepting. Yet it would be still another three years before she came out to the rest of our family and friends.

Through her slow transition, which took place in a very small town in a very conservative state, people continued to see her as a male. For though she had very long hair and wore very subtle



Alessandra in the winter of 2017. Photo provided by the author.

makeup, she still went by her birth name and wore men's clothing (mostly jeans and t-shirts - more out of practicality and comfort, than anything). Also, she was by no means dainty.

She attended a technical college and learned about welding, electricity, and construction. She liked to work with her hands and be outdoors. Many hours were spent in front of a computer screen, gaming with friends and working in computer support for the school. Her interests seemed to be in traditionally male-oriented activities, but then again, so were some of mine. As a child, she saw me baking cookies and sewing dresses, but also going fishing and using power tools.

As her parent, I assumed the role of teacher and she was my student. Yet here, I was mistaken again, for it was she who taught me the greatest lessons of my life thus far. These were subjects I already thought I knew but did not truly comprehend. Throughout her childhood she tried, with mixed results, to teach me patience, humor, and simplicity.

I never got to see the butterfly emerge. Her transition took a different course. Instead of male to female, she changed from body to spirit.

My heart broke open. Grief poured out in a raging flood that washed away everything in its path. Yet even as that happened, love was pouring in, clean and pure and healing. In the eye of the storm, was a calm place where I could see what truly mattered.

She became my greatest teacher. Her loss was a painful lesson in impermanence, forgiveness, and most importantly - love. She reminded me that we are ever so much more than we appear. I thought her name was Justin, when actually, it was Alessandra. I thought I was teaching her, when actually, she was teaching me. I thought we were mere mortals, when actually, we are eternal souls.

We are not just animated lumps of flesh, here for just a few seasons and then gone. We are made of energy, and that energy is love.

We are love incarnate ~ We are eternal.

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Owl - at - Home

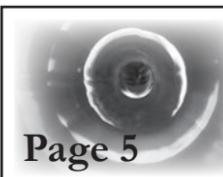
Let the
Owl
come
to
you!

See page 5

Read
Listen
Reflect
Belect

Owl Light Contributors

Monthly Columns



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T. Touris ~ The Light Lens

T. Touris is a wanna-be-retired-computer-programmer. He spends his free time designing and working in wood, while dreaming up the next Light Lens.

Georganne Vyverberg ~ Village Gardener

Georganne has been fascinated by plants ever since a neighbor gave her some flower seeds when she was very young. The magic of watching them sprout into beautiful flowers has become a lifetime of wonderment. She lives in Honeoye Falls with her canine and feline friends, small flock of chickens and more recently a rabbit, or two.

Kade Bentley ~ Kade in the Kitchen

Kade Bentley has collected experience from commercial kitchens, vegetarian and vegan collective living, organic farming, and a general love of food. They can cook for one or 100. As a "kitchen witch," they believe that how and with what we sustain ourselves has a spiritual significance, and sees eating and cooking as agricultural acts. They support small farms, the right to whole nutritious food, generous use of butter and coconut oil, and the creation of a more just food system.

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Guest Contributors

Tawn Feeney ~ "Patchwork House"

Tawn Feeney grew up in Geneva, and returned to living in the Finger Lakes in 2000, after living many places for almost 40 years. She and her life partner built their home next to their pond on the ridge above Hemlock Lake. She is now a semi-retired speech pathologist and is active in the Little Lakes Community Association. Her heart has always been in the Berkshires of Western Massachusetts as well, where her maternal grandparents had always made their home and where this story takes place.

Front

Jessica Villar Rosati ~ Our True Essence (essay)

Jessica Villar Rosati has many loves: Her husband of 24 years, her three children, her family and friends, two cats, two dogs, nature, art, music, and more. She is an avid gardener and fledgling home winemaker, with degrees in Agribusiness-Horticulture and Nursing. She has lived in the Philippines, Illinois, Texas, Missouri, Nebraska and western New York, where she has a home and a nice patch of woods.

This is her first contribution to *Owl Light News*.

Front

Hank Ranney ~ "Thinking about 'Mistaken Identities'" (poetry)

Hank Ranney is an entertainer and poet who hails from Naples, NY. He writes poems and sings songs about the absurdities of life, the life of the cowboy and a range of topics in-between.

He is a past *Owl Light* contributor. Page 4

Rev. Dr. Derek Davis ~ "Merican Zombies" (essay)

Derek Davis is a father of four, grandfather of two who (prompted by the events of 9-11) after working in the medical field for 34 years attained a Master's and Doctorate in Ministry (Colgate Rochester Crozer Divinity School). He lives completely off the grid on Hemmer Hill in Wayland New York. (Where he listens for the night sounds of owls and keeps his tablet charged with solar panels.)

This is his first contribution to *Owl Light News*.

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Wendy Schreiner ~ "Unrecognizable" (poetry)

Wendy Schreiner resides in Warsaw with husband Dave and their two shih tzus Daisy Mae and Paisley Rae. She studied English at Daemen College and loves writing when not at her day job at Wyoming County Dept. of Social Services. She also facilitates "Write Connection" at the Warsaw Public Library.

She is a periodic *Owl Light* contributor.

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Ken Bristol
~ "Idle Dreams" ~
(creative non-fiction).

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Lisa Nichols ~ "Still Life,"
"Fall of the Fly" & "Preservation"
(poetry)

Lisa Nichols is an educator and emerging writer who pens most of her work with coffee in hand on the back porch of her rural Western New York home. She has a BA in English and Literature and an MA in Literacy Education. These are her first published pieces. Back

Dee Sharples ~ The Night Sky



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Dee Sharples is an amateur astronomer who enjoys observing planets, star clusters and the Moon through her telescope. She is a member of ASRAS (Astronomy Section of the Rochester Academy of Science) and records "Dee's Sky This Month", describing what can be seen in

the sky, on the ASRAS website, rochesterastronomy.org. Watch for her monthly *Owl Light* feature to learn more about the night sky.

Steve Melcher ~ Dragonfly Tales



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Steve Melcher is the primary caretaker, hoof trimmer & poop scooper at Odonata Sanctuary in Mendon. His scientific studies at Harvard and University of Delaware included using members of the Order "Odonata," as bioindicators of freshwater ecosystems. He has written and coauthored for a variety of journals, magazines, and books concerning environmental literacy and ecological issues. Steve now works with environmental and educational organizations whose goal is to have "no child left inside". Learn more at fb Odonata Sanctuary.

Ben Haravitch ~ That Finger Lakes Sound



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Ben currently lives in Warsaw, NY. He teaches banjo, records music made by his friends, and performs with a variety of roots-based bands throughout the Finger Lakes region. To learn more about what Ben is up to visit: www.benharavitch.com/ or fb Ben Haravitch Music. He can be contacted at ben@benharavitch.com.

Sky Trombly ~ Simple Sustainability



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Sky has been something of a sustainability nerd for most of her life, Sky Trombly's goal is to empower herself and others to live in a way that is congruent with personal values - and intimately linked to the Earth. You can join her in her wanderings through the quagmire of sustainable living in every issue of *Owl Light News*, and on her blog - talkwalking.org.

Sam Hall

~ Bee Lines

Sam Hall is a Western NY beekeeper who first worked bees as a child growing up on a "dirt farm" in Allegany County, NY. He has kept bees for most of his adult life and believes that his mistakes "far outnumber his successes."

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The Conscious Crow

~ Reminding you to grow!



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Joy Lewis ~ Richmond History



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Joy Lewis has served as Town of Richmond Historian since 2013.

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Owl Light in the spruce grove

~ Notes from the editor

~An ideal occupational niche

*I asked the guy what he did for work
I saw a twinkle in his eye and he gave a little smirk ...
I knew the man was qualified
He'd worked a hundred different jobs and done 'em all with pride...
He's a resumé man, he's a resumé man...*
Résumé Man from String Cheese Incident's *Born on the Wrong Planet*.

Who we are is intricately entwined with where we are – in time and in place. While thinking back recently, I remembered a different time and place with a recollection of one of the concerts I attended at the State Theatre in Ithaca, NY – The String Cheese Incident in 2005. The theatre has been a music arts venue for many, many, years. (How long? Well, the last movie I saw there on the big screen was the very first Star Wars release, so that long at least). The String Cheese Incident song that came to mind was *Résumé Man* from their 1996 release – *Born on the Wrong Planet*.

Reflecting now on identities, time, place – you see where this might be going...but you are probably incorrect. True that I sometimes wonder if I too was born on the wrong planet – or in the wrong time. I oft times imagine myself traveling by steam rail with the writers, artists and bootleggers at the turn of the century. I digress. My thoughts were lingering more on the *Résumé Man* than on planetary or time/place misalignment. Like the *Résumé Man*, I have had many roles throughout my life – the need to create and explore has always served as the core (as it should for all, as we are all creators, if only of our own destinies).

Given this, I might have pondered more who precisely I am, were it not for the realization that at the core we are who we are, who we are. What we do, where we go, how we look and whom we know primarily serves to define us to outsiders – each of whom perceives us differently – but this is not the *I am* of who *we are*. I asked our regular monthly columnists, as they summoned inspiration in the late night or early morning owl-light hours, to touch a bit on the *Mistaken Identities* theme for our January 2019 Owl Vision readers' write. In all fairness, I thought I would try to capture my own mistaken identities. In an approximate reverse first incidence chronology of past or present titles, I have been: editor, writer, beekeeper, teacher, maintenance worker, assistant plumber, parent, childcare worker, retail sales person, transient with a backpack – and sometimes a car, fast food worker, agricultural worker, and childhood wanderer of forest stream and fields.

In more resume-like lingo I might write: *An editor and writer with a Masters in Education and a Graduate Certificate in Creative Writing - with twenty five years of experience teaching secondary level students in higher risk educational settings – seeks an opportunity to educate others and learn while immersed in the wonders of the natural and human world.*

My ability to land the “perfect” position, thus, rests on the premise that I *Read, Listen and Reflect* on the wor(l)ds around me, including those of the *Owl Light* contributors that fill this and every issue of *Owl Light News*. Redefining the paper as a monthly allows more time to do just that. It also allows the creative muse and the tantalizing trappings of my past selves to reemerge – with (perhaps) time for everything from re-plumbing the upstairs bathroom to botanical illustrations to working the earth to working in gold, silver and semi-precious gems.

So, in this time and place, as longer days stretch out in front of us and the Owl Light shimmers mythically on the snow covered hills and icy dales, I wish to thank all our Owl Light News contributors (past, present and future) – including the (7) *Mistaken Identities* contributors who are featured in this first 2019 issue – for your knowledge, wisdom and insights – and for helping me find an ideal occupational niche.

D.E. Bentley
Editor, Owl Light News



D.E. Bentley

The making of a community newspaper

This issue of *Owl Light News* moves us closer to our goal of supporting writers across the region. There are 17 authors featured – including 7 guest contributors (some being published for the first time) who shared what “*Mistaken Identities*” means to them.

We are also continuing to support other artists – be they musicians/performing artists, those working in food and beverage arts, or in fine arts & skilled crafts. We are doing more community outreach than ever before, but we need your help – in a number of ways.

(1) We want to hear from readers all across the region on what living in the Finger Lakes means to you. In particular, we want to hear diverse perspectives on what it means to live in the “less traveled by-ways of the Finger Lakes.”

What is it about small town life that is so special? We want individuals or groups to write about their town by shining light on the past, present and future of your particular place. I grew up in a small town that was, I like to say, “ten minutes and a world away from an Ivy League University.” Like many small towns, changes in industry (in this case water mills) and transportation (diversion of the railroad route away from the town), impacted the economic and social well being of place. Contemporary changes have had both positive and negative impacts: Innovative farmers, artists and musicians have sparked a creative revival (there were communes in the area when I was a youngster, and these are being replaced by newer sustainable community groups); while the need for additional housing for the surrounding educational institutions and wealthy transplants and tourists has taken away prime farm land and destroyed natural areas and historical buildings in the name of “progress.”

There are so many small towns – with long and shorter-term residents that all have their own perspectives and stories about *their* town. Anywhere from 500-1000 words is fine, with proposals if you want to write a longer piece about the past, present and future of that special place, and the factors that influence change.

(2) We want to hear from more artists and art enthusiasts about arts in the region.

This can be:

A calendar item request or press release to promote an upcoming performance, lecture and/or exhibit;

A review of a live performance, exhibit, food / beverage immersion or media experience (movies, books, radio, albums or mixed media reviews);

Or personal perspectives – essays, stories, creative non-fiction – on what it means to be an artist and/or what having arts available in rural as well as urban cultural areas means to you and the region.

(3) We also want a continued flow of poems and fiction stories that touch on life and all its vast joys and absurdities – we accept submissions ongoing and would love to hear from you.

(4) Finally, we need continued paid advertising support so we can keep doing what we do – better and better. All of our operational costs, including the cost to print the pages that we share, the words that give people all around the area, and beyond the area via paid subscriptions and online, stories and voices. In addition to being able to offer space to writers, we also hope to eventually be able to offer more writers financial support – by becoming a fully sustainable paper.

We are also supporting area small businesses and community organizations by keeping advertising rates low (the corporate guys don't need low rates – it is the small businesses that do, and that is who we want to offer advertising space to). Our arts-related advertisers – including live venues and galleries that advertise to promote their featured artists – also help support free print space for artists – individuals that live and work in our communities while adding to the cultural richness of the small places we call home.

What makes the *Owl Light News* a community newspaper is not someone on the “inside” talking about community. It can only be a community newspaper if it serves as an ever-changing canvas of voices and images that reflect on the evolving views and nature of life all around us – we believe that is what we offer, and that “mission” will never change.

Owl Light News advertising in 2019

We now offer some color placement options and continue to offer our print advertisers supplemental online posts that highlight their product or service (and provide links) for our online readers.

Owl Light News offers creative advertising design and placement to meet the individual needs of our customers. We place advertising selectively to maximize results given your unique products & services. We have a wide and growing Finger Lakes distribution area as well as an expanding Owl-at-Home subscription base and online presence. All print copies are archived online - so customers reading past issues can see previously placed ads.

We offer discounts for 6X and 12X paid advertising runs and convenient online invoicing and payment options. (*net 10 days, unless prior arrangements have been made in advance of placement*). Final deadline for all content is the 21st of each month - please plan in advance for new advertising placement.

Advertising rates and sizes can be found at: www.owllightnews.com/owl-advertising/
E-mail us at editor@canadicepress.com; fb @ Canadice Press, or 585-358-1065.

Become part of the Owl Light conversation.
Submissions to editor@canadicepress.com

Letters should be less than 300 words, although longer, well written opinion pieces will be considered. All published commentary must be signed (or sent via personal e-mail) and include a street address. Please focus on sound arguments, respect opposing views and avoid direct attacks. We reserve the right to edit or refuse any submitted editorial content. Opinions and letters published in *Owl Light News* are not necessarily the views of the Editor, Publisher, contributors or advertisers.

Thinking about “Mistaken Identities”

by Hank Ranney-
Naples, NY

When you think about it, “Mistaken Identities” covers a lot of things, it’s true.
I’ve thought about it for a while and I’ve come up with quite a few.

First of all let’s talk about animals. City folks make mistakes when visiting a farm.
They don’t know which cow is dairy or beef but that’s ok. It’s no harm.

What about the guys sent to prison for 25 years, later proving it’s a mistake.
Thanks to forensic tests, he’s finally freed and goes out the front gate.

What about the person walking down the street with a toy gun in their hand
then someone kills this poor soul. That’s a mistake I can’t understand.

Sometimes making a “Mistaken Identity” usually ends up in a mess.
But that’s the way it goes. Human nature, I guess.

Help kids stay active and off screens this winter!

During the cold winter months, it can be challenging for kids to get the 60 minutes of active play they need every day. One way to help young people be active is to limit their screen time. Screen time includes TV and DVD viewing, video games, recreational computer use, internet surfing, and other electronic devices. Young children who spend a lot of time watching TV or playing video and computer games are less likely to be physically active in later childhood. They are also likely to eat foods that are less healthy, such as soft drinks and fried foods as well as more snacks, and may be more likely to become overweight.[1]

There are different recommendations for daily screen time limits depending on the age of children and the quality of programs. Health experts recommend:

- For children younger than 18 months, avoid use of screen media other than video-chatting with relatives or friends.

- Parents of children 18 to 24 months of age who want to introduce screen media should choose high-quality programs, such as the content offered by Sesame Street and PBS, and watch them with their children to help them understand what they’re seeing.

- For children ages 2 to 5 years, limit screen use to 1 hour per day of high-quality programs. Parents should watch programs with children to help them understand what they are seeing and apply it to the world around them.

- For children ages 6 and older, place consistent limits on the time spent using media, and the types of media, and make sure media does not take the place of getting enough sleep, physical activity and other behaviors that are important to health.[2]

So how do you get started with setting screen time limits? Here are some strategies that might work for your family:

- Set a Good Example: You need to be a good role model and limit your screen time to no more than two hours per day, too. If your kids see you following your own rules, then they’ll be more likely to do the same.

- Log Screen Time vs. Active Time: Start tracking how much time your family spends in front of a screen, including things like TV- and DVD-watching, playing video games, and using the computer for something other than school or work. Then take a look at how much physical activity they get. That way you’ll get a sense of what changes need to be made. If you search for “Screen Time Charts” there are many available online. You can find one at flesny.org.

- Make Screen Time = Active Time: When you do spend time in front of the screen, do something active. Stretch, do yoga and/or lift weights. Or, challenge the family to see who can do the most push-ups, jumping jacks, or leg lifts during TV commercial breaks.

- Set Screen Time Limits: Create a house rule that limits screen time to two hours every day. More importantly, enforce the rule.

- Create Screen-free Bedrooms: Don’t put a TV or computer in your child’s bedroom. Kids who have TVs in their room tend to watch about 1.5 hours more TV a day than those that don’t. Plus, it keeps them in their room instead of spending time with the rest of the family.

- Make Meal Time, Family Time: Turn off the TV during meals. Better yet, remove the TV from the eating area if you have one there. Family meals are a good time to talk to each other. Research shows that families who eat together tend to eat more nutritious meals. Make eating together a priority and schedule family meals at least two to three times a week.

- Provide Other Options: Watching TV can become a habit, making it easy to forget what else is out there. Give your kids ideas and/or alternatives, such as playing outside, getting a new hobby, or learning a sport.[3]

Once you limit screen time, this will free up time for active family time. Try these ideas for making family time active time:

- Find the best times to be active with your family. It might be after dinner, or sometime on the weekend.

- Start small. Take a walk with your family, or do active chores together, like raking leaves or gardening.

- Start with what you know. Try dancing with your kids or playing ball together

- Find free or low cost programs that help your family move more. Try the local recreation center, a local park, or after school programs.[4]

Limiting screen time for your family will free up time for you to get active together. What are you waiting for? It’s time to go out and play!!

For more ideas for limiting screen time and helping kids stay active this winter, please visit flesny.org!

[1] <https://fns-prod.azureedge.net/sites/default/files/limitscreen.pdf>

2 <https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/American-Academy-of-Pediatrics-Announces-New-Recommendations-for-Childrens-Media-Use.aspx>

3 <https://www.nhlbi.nih.gov/health/educational/wecan/reduce-screen-time/tips-to-reduce-screen-time.htm>

4 https://www.nhlbi.nih.gov/health/educational/wecan/downloads/tip_physical_activity.pdf

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Owl Light News welcomes submissions year round inc. ARTS coverage & reviews - visual / literary / performing / culinary / beverage / anything innovative & creative - commentary, prose and poetry along with community updates, local and world reflections (images and/or words).

E-mail submissions of less than 1000 words (inquiries for more than 1000) to: editor@canadicepress.com or fb @ canadice press. Deadline for all submissions is the 21st of each month.

The Light Lens by T. Touris



A letter to Santa

Dear Santa:
On or about December 25, 2018, you did willfully and illegally enter multiple residences, primarily via the chimney flue, during which you caused the release of toxic levels of creosote into said homes.

You knowingly deposited items made by illegal Elven labor. These items, placed beneath various trees and potted ferns, caused mass traumatic child disappointment and parental stress.

Furthermore, we have evidence retrieved from surveillance video, of your abusive treatment of reindeer. As you well know, these animals are incapable of flying without excessive and potentially lethal performance enhancing drugs. Accordingly, we have passed this information along to the Animal Protective Agency.

You are hereby ordered to cease and desist from any future activities pending further investigation and possible legal action.

Thank you and have a Happy New Year.

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Canadice Press is looking for
someone interested in assisting
with *Owl Light News* distribution and outreach.

The position involves monthly (2 days) set delivery responsibilities with base pay, commission for advertising sales and possible (flexible) roles w/social media/writing/artistic contributions depending on your skill set.

This is an ideal part-time position for an artist/musician/writer/craft person looking to network across the Finger lakes Region while getting out the *Owl*. We are looking for someone who plans to stay in the area and wants to grow with and be a part of *Owl Light News* and Canadice Press.

Must have own reliable vehicle and enjoy driving about meeting and connecting with great people & exploring regional innovation and arts - of all types - while enjoying the beauty & bounty of the Finger Lakes.

If this sounds like something you might be interested in, submit a brief statement of interest and abilities to editor@canadicepress.com.

Canadice press and Owl Light News are committed to highlighting innovation and arts across the Finger Lakes while providing a growing platform for regional writers. We promote the creative freedom and equitable and fair treatment of all individuals regardless of social/economic class, age, race or ethnicity, national origin, beliefs, gender identity, sexual orientation, differing abilities or any of the myriad of other differences that make us unique and contributing earthly residents.

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The Village Gardener

by Georgeanne Vyverberg

Two days after the New Year

Two Days After the New Year

Two days after the New Year
It's warm though overcast.
Walking along the sidewalks
In this pretty village
Snow from yesterday's storm melting

I walk past cast off Christmas trees
Thrown into snow banks
Some trees still adorned with tinsel
One has strings of popcorn and cranberries
Yet another holds a bright red glass ornament

Just a few days ago
Center of attention
Witness to so much joy
Loved for the fresh smell of the woodland
But today just part of the trash.



Ode to the Christmas tree

So, what does a person do with the dried out dead corpse of that fabulous tree? The one that took so long to find and bring home to decorate. It was special and so many photos were taken of it with family and friends including the dog. Stories abound how the cat climbed it and knocked it over. There it stands in the corner of the room, with needles limp and falling. You are tired from the holidays and the tree must go.

But wait! It can still live on, chipped into pieces to use as mulch under shrubs and lining paths through the gardens. Neighbors can get together and rent a chipper and make a party of it. If you have a bird feeder it can be used as a shelter propped up near it for the birds. Cutting large branches to cover lightly those tender perennials can mean the difference to whether they survive or not. Any of these projects can make your tree still live on doing what trees do when they die.

They give back to the earth and the earth gives it all back. Plants are amazing beings.

Kade in the Kitchen

by Kade Bentley



...with Savory Apple Squash Cheddar Pie

This impressive and unique savory dinner pie served as a main course with a side will feed 4.

It's a warming hearty dish similar to a shepherds pie- but there's nothing stopping you from having some for dessert!

1 hour prep and 45 min baking means you'll want to set aside a night for this meal, and an extra 20 minutes for your own pie crust.

Savory Apple Squash Cheddar Pie

Temp: 375 Skill: intermediate



INGREDIENTS

- Flaky pie crust- enough for two-crust pie
- 4 apples- tart
- One large delicata squash or equivalent(about a pound)
- 2 or 3 scallions
- Silken tofu (or 1/3 cup preferred protein)
- ¾ lb sharp cheddar cheese (vegan sub-toasted cashew or Daiya Cheddar).
- 3 tbsp minced fresh ginger
- Goat cheese garnish(optional)

Have on hand:

- Coconut oil (or light vegetable oil)
- Maple syrup
- Dash lemon juice
- Butter or "Earth Balance"
- Flour
- Spice with:
 - Savory leaf
 - Marjoram
 - Ground clove
 - Salt
 - Pepper
 - Cumin



Pre-make your favorite flakey pie crust and chill
Or
Use refrigerated store-bought.



FILLING

-Quarter and thinly slice 4 apples. Peel if desired. Toss promptly with lemon juice in large mixing bowl to preserve color and flavor.
note Delicata squash skin is delicious cooked. Some other winter squashes may be better with the skin removed before cutting.*

-Slice a raw squash into thin apple slice sized pieces. Sautee in a drizzle of coconut oil in a cast-iron or large skillet until almost tender. Drizzle a couple tablespoons maple syrup into the hot pan before squash is done. The slices should have a little browning. Pan scrapings add flavor. Set aside to cool.

- Mince ginger.
- Slice scallions into thin rings.
- Thinly slice or grate cheddar cheese.
- Toss all ingredients together.

Add dashes of:

- salt
- pepper
- cumin
- savory leaf (crush if whole)
- marjoram
- tiny dash ground clove
- sprinkle with a tablespoon of flour

-Toss and return to fridge.
-Fry large slices of silken tofu hot and fast in coconut oil, or prepare your preferred protein. Set aside to cool.

BUILDING AND BAKING

- Roll out your pie crust thinly and lay into a greased glass pie dish reserving half for top.
- Gently press a good layer of filling into dish
- Lay tofu slices (or preferred protein) in layer on filling
- Gently press the rest of the filling into the pie crust forming a dome that rises above the edges of the plate. You may have some left-over filling. Fridge and use later, or wrap in left-over crust and bake 25 min or until done.
- Roll out and place the top crust over the filling. Press edges and trim.

BAKE

-at 375 for about 45 minutes. Check after 25. Ovens vary!! Watch closely as pie nears finish.

Crust should be crispy and slightly browned. 10 minutes before finished spread top of pie with butter or Earth Balance and just a dash of paprika and return to oven for a lovely brown. Knife should slide in and out easily. Set out to cool until you can cut it easily.

Serve hot. Garnish each slice with a chunk of goat cheese.

ENJOY!



The Night Sky ~ January

by Dee Sharples



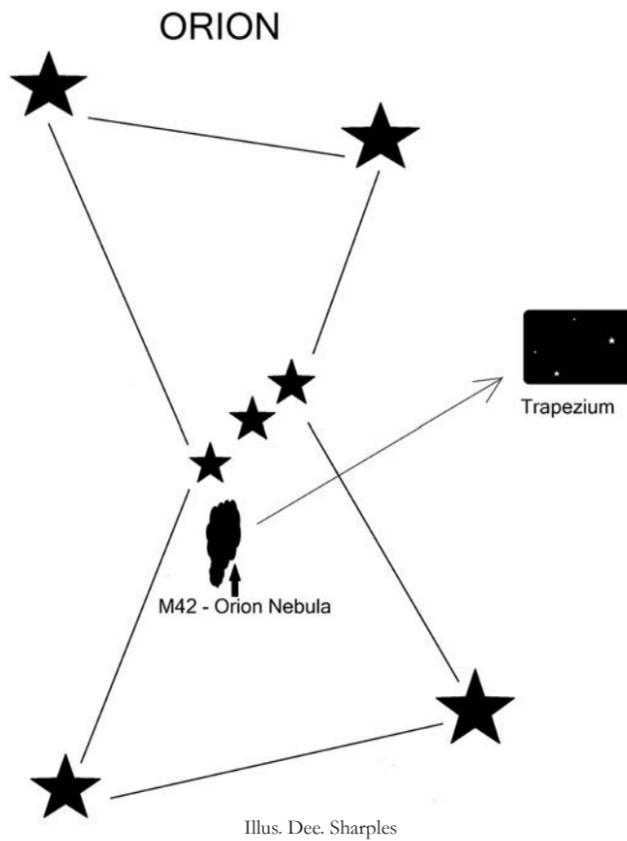
A Messier object and Trapezium in Orion Total lunar eclipse January 20-21

Astronomers in the 1700s searched the night sky for comets using telescopes that were far inferior to those available today. They occasionally came across a hazy patch of light and mistakenly identified it as a new comet entering our solar system. After observing the object for a period of time and realizing it wasn't a comet, they called it a nebula.

Charles Messier was one of those comet hunters, a French astronomer born in 1730. In 1758, as he was searching for comets, he came across a faint smudge of light in the constellation Taurus. When he realized it wasn't moving in relation to the background stars, he knew it was just another nebula.

To avoid confusion as he continued searching for comets, Messier decided to compile a list of these objects, beginning with the one he had found in Taurus. It was designated as Messier-1 (M1) and is now called the Crab Nebula, a cloud of dust particles and gas. No longer would a diffuse patch of light in the sky be mistakenly identified as a comet.

Charles Messier, with data from his own observations and that provided by colleagues, went on to log the exact locations of 103 objects in the sky, creating Messier's "Catalogue of Nebulae and Star Clusters". This list, which also includes galaxies, was updated in the 20th century and now contains 110 objects. It's still used today as a valuable reference guide for amateur astronomers.



You can see a Messier object with your naked eye in January. Look for the constellation Orion in the south around 8:00 p.m. Find a spot away from lights and let your eyes adjust to the dark for about 15 minutes.

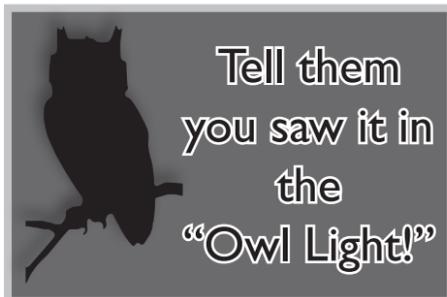
Locate Orion's belt, three equally bright stars running across the center of his body. Below the left-most belt star is a fuzzy patch of light. This is M42, the Orion Nebula, a huge cloud of dust and ionized gas where new stars are being born today. Within the nebula, but only visible through a telescope, is the Trapezium, four young massive stars which form the shape of a trapezoid.

To see photos of Messier objects taken by the Hubble Space Telescope, check out this website:

www.nasa.gov/content/goddard/hubble-s-messier-catalog

A total lunar eclipse will occur on the night of January 20-21. The eclipse officially begins at 10:34 p.m. on the 20th as the Moon starts to move into the Earth's shadow and reaches totality at 11:41 p.m. As the Moon moves toward totality, it will begin to turn a deep orange color. At 12:43 a.m. on the 21st, it starts to slowly reemerge from the Earth's shadow. The next total lunar eclipse will occur in May 2021, so hopefully we'll have a clear night to enjoy this one.

Send comments and questions Re: The Night Sky to: Editor@canadicepress.com.



Cornell Small Farms Program Year in Review

It has been quite a year for the Cornell Small Farm Program. We have grown to ten amazing, committed staff who actively work to support the viability of small farms through education, outreach and research. Each works closely with many partners, especially Cornell Cooperative Extension Educators, toward our mission of helping farmers get expert assistance to facilitate all phases of small farm business development, from initial growth to optimization to maturity.

Our work to support farm viability has included such recent successes as:

- 600+ farmers enrolled in our annual online farming courses and 60% of alums invested to grow their businesses within one year;
- 450+ new farmers gained valuable management skills on production, management and marketing;
- 450 vegetable farmers trained in soil-building practices that promote climate resiliency ;
- 200+ veterans gained skills needed to start or grow their farm businesses;
- 130+ farmers learned best practices for entering wholesale markets and 85% were ready to sell to these channels;
- 68,850+ followers, including: social media, newsletter and magazine.

This work will continue into the new year as we consider what are the emerging needs of small-scale farmers. Stay tuned for the next NY Small Farm Summit in 2019 where we invite you to help set the direction of our future efforts.

Thank you for your support, and best wishes for a joyful new year.

Anu Rangarajan
Director of the Cornell Small Farms Program

<https://smallfarms.cornell.edu/2018/12/17/cornell-small-farms-program-year-in-review/>

Plan your winter activities in Letchworth State Park starting with First Day Hike on January 1st

Winter is here so let your outdoor fun begin at Letchworth State Park. A variety of activities, programs and family oriented adventures have been planned to provide great options to stay busy and engaged this winter season.

First Day Hikes on January 1st every year has been a state-wide event that encourages starting the year off right with an active and informative day of hiking. Letchworth has four guided hikes planned including a hike designed especially for families with young children, a Winter Wander to Ponds hike, an exotic tree hike and a Great Bend Gorge hike. All hikes begin with a 12:30 pm registration at The Humphrey Nature Center and participants in the hikes will receive a state parks souvenir on a first-come, first-serve basis and refreshments are served after the hikes.

The Genesee Valley Greenway State Park also offers two different hikes along the Greenway including starting points on Bull St. in Cuba, and Canawaugus Park in Scottsville.

With the First Day hike under your belt you can move onto the multitude of other hikes, lectures and programs offered throughout the winter season in Letchworth. The Genesee Naturalist is a quarterly publication of the park that details all hikes and programs offered through the seasons. The winter edition provides information about "winter wonder" hikes with a park naturalist and cross country ski nature hikes and showshoe walks. There are family nature walks and as winter breaks, hikes for signs of spring are planned.

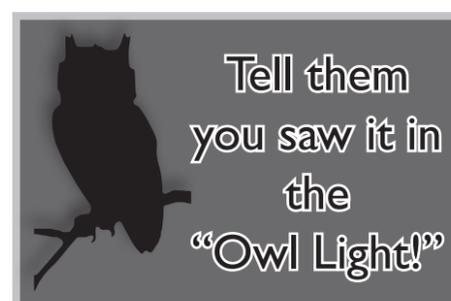
The parks' Winter Lecture Series brings guest speakers to the park every Sunday at 1:00 pm through January and February. Eight topics ranging from Timber Rattlesnakes, Balloons Over Letchworth, Changes to the Longhouse, Bear Management and what you need to know about the Ripple Effects of Invasive Species are both educational and enlightening. Lectures are held at the Humphrey Nature Center in the park.

All programming in the park is free and open to the public. The best entrance for all park activities is through the Castile entrance. The main park road from Perry to Castile is closed until spring.

For more information, details and to request a copy of The Genesee Naturalist call the park directly at 585 493-3600. All park events, hikes and lectures are listed at www.parks.ny.gov/parks/79.

Letchworth State Park: voted the #1 State Park in the Nation in the 2015 USA Today 10 Best contest and in the most recent 2017 USA Today 10Best Readers' Choice for Best Attraction in New York State.

Letchworth is operated by The New York State Office of Parks, Recreation and Historic Preservation that oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which are visited by 71 million people annually. For more information on any of these recreation areas, call 518-474-0456 or visit www.parks.ny.gov, connect with us on Facebook, or follow on Instagram and Twitter.



Check out OwlLightNews.com

Bee Lines by Sam Hall



Double screened boards

Recently I realized that I had a five frame nuc in the bee yard. It was the last one of eight that I had made up last June to use as mating nucs for the queens I was rearing. Someone was going to pick it up but never did so. On Monday November 5th I decided I had to do something or this colony would die as it could not generate enough heat to get thru the winter alone and probably would not have enough stores either.

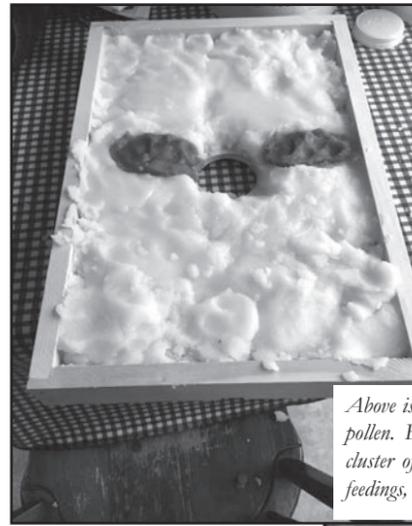
A double screen board is exactly what it says it is. It is a shim with #9 hardware cloth (screen) on both sides. I have a very strong colony #10. It's configuration is two 8 frame deeps with a medium super on top which has some honey in it. I put the double screen board on top being sure to put the entrance opposite from the entrance for the host or bottom colony. I then put the colony from the five frame nuc into an 8 frame deep adding three frames with drawn comb. On top of this I put a top feeder which held about 6 lbs of 2:1 (sugar:water) syrup. The picture of #10 shows the double screen board above the medium honey super.



The double screen bottom board (inset left) has been placed in colony #10 above the strong colony - it is the dark line. Above this is a (8) frame deep with the nucleus colony and above them is a top feeder. The top and bottom entrances face in different directions. The double screen keeps the queens and worker bees from the two colonies apart but allows warmth from the strong colony to rise into the weaker one.

Due to the cold weather I have had to stop using the liquid syrup feeder and have gone to a candy board. I have gotten real lazy and instead of preparing a cooked recipe of candy for the board, I simply mix a little water with 10 lbs of sugar and then put it in the candy board with winter pollen. It will set up overnight. The bees go right to it.

For reasons I'm not sure of I have colonies that produced supers of honey for me during the summer and fall but did not fill the frames in and around the brood nest with honey for the winter. Some did but several did not. Those are the ones that I'm now feeding or they would starve.



Above is a candy board filled with candy and pollen. Below it is the board with a feeding cluster of bees. Without these supplemental feedings, the bees would starve over the winter.

Once the candy boards are in place and they need it, the bees will move up and start feeding. I will be monitoring the candy boards throughout the winter to make sure there is a constant supply of candy and pollen.

My objective is not only to get colonies through the Western New York winter but to have colonies that are large and strong enough to be split in late April or early May. Sometimes I'm successful and sometimes not. In our modern world we are intentionally removed from direct contact with nature. Beekeeping is my connection to nature and what we could be.



"Human beings have fabricated the illusion that in the 21st century they have the technological prowess to be independent of nature. Bees underline the reality that we are more, not less, dependent on nature's services in a world of close to 7 billion people"

-Achim Steiner, Executive Director UN Environment Programme (UNEP)

Interested in beeing involved with bees? Looking to learn more?

Consider attending a meeting at one of the area beekeeping clubs.

Ontario Finger Lakes Beekeepers meets the second Monday of each month (except August) at 7 pm in the Auditorium, Building 5, Canandaigua VA Medical Center.

More information *fb Ontario Finger Lakes Beekeepers Association*

For those a bit further south, the **Greater PennYan Beekeepers Association** meets 2nd Saturday of each month from 10am-noon. Generally at the Penn Yan Library. Some summer meetings are held at the club yard. And **The Finger Lakes Beekeepers Club** meets monthly, on the third Sunday of the month (except December and July). Winter meetings are held at the Cornell Cooperative Extension building, 615 Willow Avenue in Ithaca, from 2pm - 4pm. Summers at the club hives.

Comments or questions for Sam Hall can be sent to editor@canadicepress.com with "Bee Lines" in the subject line.

Massage by Amanda,

Amanda Miles LMT,

at Shannon's Family Barber.

Located at 7 N Main St, Wayland NY 14572.

To schedule appointments please call
(585) 728-5515.

Hours: Thursday-Friday 8am-7pm,
Saturday-Sunday 8am-2pm.

January Workshops at Cornell Cooperative Extension 480 North Main Street, Canandaigua, NY 14424

Beginner Maple Producer Workshop Tuesday, January 15, 2019 6:30 - 8:30 pm

Cornell Cooperative Extension of Ontario County is offering a "Beginner Maple Producer" Workshop on Tuesday, January 15, 2019 from 6:30 pm to 8:30 pm. The workshop will be held at the Cornell Cooperative Extension Center, 480 North Main Street, Canandaigua, NY.

Mr. Stephen Childs, New York State Extension Specialist in the Department of Natural Resources at Cornell University; will be the presenter. The workshop will cover a variety of aspects of maple syrup production including: why make maple syrup, tree identification, tree health, tapping, sap collection and handling, boiling, energy efficiency, finishing and grading syrup, canning, marketing and regulations. This workshop is aimed at the beginning maple producer and would be useful to the homeowner looking to tap a few trees in the backyard.

The fee is \$10.00 per family. To register or for additional information, contact Cornell Cooperative Extension at 585-394-3977 x 427 or 436 or email: nea8@cornell.edu with your name, address and phone number.

Care of African Violets Workshop Tuesday, January 15, 2019 6:30 - 8:30 pm

The weather outside might be frightful but you can still enjoy "playing in the dirt" if you grow African Violets. Master Gardener, Susie Nettleton will lead this workshop. Learn the basics of African Violet care, repot an African Violet that has outgrown a pot, learn to start an African Violet from a leaf, and learn the different types of African Violets. Bring one or two of your African Violets that need repotting or dividing. All supplies will be provided for repotting.

Fee: \$5.00/person. To register, contact Nancy at 585-394-3977 x 427 or email nea8@cornell.edu with your name, address and phone number.

Check out OwlLightNews.com



Dragonfly Tales by Steve Melcher

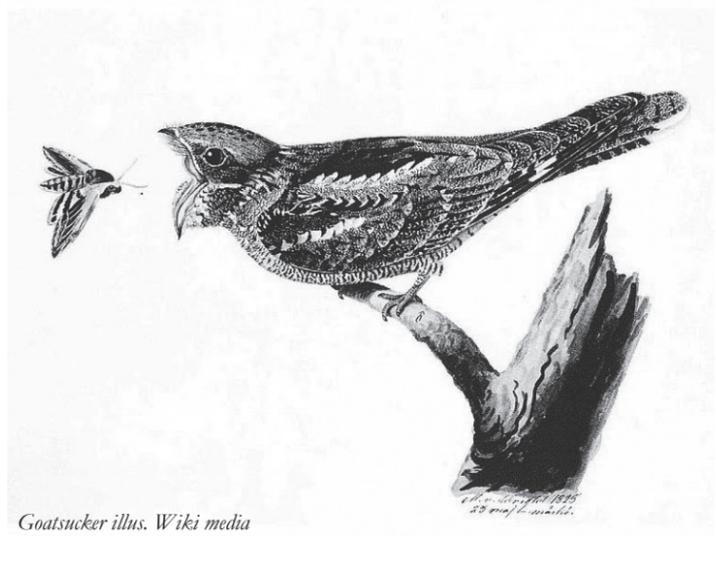
Case of the mistaken goatsucker

“Goatsucker!” came a Highlander’s shout from an elderly birder in the back of the bus. We all looked around to see what the fuss was all about. Her binoculars were pressed up against the glass in a spot where she had cleared the condensation. “Goatsucker! Stop the Bus!”, she repeated. I caught a glimpse of the driver glancing in the rearview mirror, raising his eyebrows as if to ask if “Goatsucker!” was some comment on his driving. We were on our way to a birding hotspot near Rockland, Maine. I don’t remember details of the trip, but my notes tell me we “scored” 63 species and that Joe Taylor was one of the birders on the trip. Joseph W. Taylor was the “Indiana Jones of Birding”. He was a charter member of the American Birding Association as well as president of Hawk Mountain Sanctuary in Pennsylvania until his death in 1992. He was the first member of the 700 Club, a group for elite birders who had seen or heard 700 different bird species within the continental United States. ‘The Big Year’, starring Jack Black, Steve Martin, and Owen Wilson, tells the tale

of three intrepid birders on their quest to join the coveted 700 club. Joe helped to make “bird watching” the popular “sport” it is today. He was so passionate about his quest that he once borrowed Bausch and Lomb’s company jet to score a bird that was sighted on a dump just across the border in San Antonio. Remember this was all before the internet and even cell phones. There was a network of dedicated birders, of which I was one, who would share sightings through a sort of telephone tree. Mary Taylor, Joe’s daughter who still lives just down the road from her parent’s house, told me the story of Joe leaving a safari in Africa to fly back to Plum Island, Massachusetts just to “check off” a Ross’s Gull that had been blown in by a recent storm.

I’m now living in the house that Joe and Helen built, a house that can claim: “Roger Tory Peterson Slept Here”. Joe and Helen Taylor purchased a few acres on Parrish Road in Mendon in the mid 60’s where corn, soybeans and hamburgers were growing. Honeoye Falls was truly the “sticks” back in the mid 60’s and this was to be their retirement sanctuary. In

1969, a two bedroom home was built at the end of a long winding driveway that reached to Parrish Road. When the move was imminent, Joe took down the cantilevered flagpole from their home on Allen’s Creek Road and had it installed along the driveway overlooking the house. The Taylor family rolled up all the barbed wire that kept the bovines from wondering and planted grasses where soybean and corn once stood. The fields of grass were mowed every other year to provide nesting habitat for Meadowlarks and Bobolinks, a practice which continues to this day at Odonata Sanctuary. Joe and friends designed, built and installed nesting boxes for the then threatened NY state bird: the Eastern Bluebird. Joe and his wife Helen continued to bird around the world after their move to Honeoye Falls. Mr. Taylor wrote a column for the Democrat and Chronicle about those adventures, one that included the story of a birding trip in Maine where a wild haired birder from Scotland had misidentified a little brown myotis, a type of bat, as a Common Night Hawk - a member of the Caprimulgidae (Goatsucker) family.



Goatsucker illus. Wiki media

Odonata Sanctuary:

Odonata Sanctuary is a nature preserve, active farm and sanctuary where abandoned farm animals find a home to spend the rest of their days and Eastern Bluebirds, Meadowlarks, Bobolinks and Monarch Butterflies find suitable habitat to thrive.

Further Reading:

Kingbird Highway: The Biggest Year in the Life of an Extreme Birder by Kenn Kaufman

The Big Year: A Tale of Man, Nature, and Fowl Obsession by Mark Obmascik

<https://www.aba.org/aba-young-birders/>

WILD ABOUT WINTER

February Break Week Mini Camps

Cumming Nature Center - February 18-23, 2019

MWF Camp – Feb 18, 20, 22 / TTh Camp – Feb 19, 21

9:30 a.m. - 3:30 p.m. / Ages 8-11

Break out of the classroom with Cumming Nature Center during February break week!

Now offering Wild About Winter! break week camps for children ages 8-11.

Kids will hike, ski, snowshoe, explore winter ecology, and learn primitive skills, with time for group activities, craft making, and storytelling by our cozy fireplace.

Offering maximum flexibility with Tu/Th day-camp, a M/W/F day-camp, or the entire week.

Ski and snowshoe rentals included!



Rochester Museum & Science Center

reward
your
curiosity.

RMSC Cumming Nature Center
6472 Gulick Rd, Naples, NY 14512
Phone: (585)374-6160

That Finger Lakes Sound

by Ben Haravitch



Welcome back *That Finger Lakes Sound*

Welcome back to That Finger Lakes Sound. 2018 was filled with musical inspiration for me – reconnecting with my childhood music hero, recording an album of original songs, and a trip to Nepal to play traditional Himalayan folk music with the Gandharba musicians – all of which I'll write about here in The Owl Light. In 2019, I'll put a special focus on remembering and in some cases revealing our musical roots. I'll interview old-timers, performers, appreciators, recorders – anyone who can help shed light on where we've come from as a collective local music culture.

Never before has our culture been changing so rapidly. If we don't stop periodically as a community and ask "where did we come from?", then how will we know where to go? Did anyone know that the last

time you walked out of a video store would be the last time you walked out of a video store? Technology aside, the actual quality of our social interactions is changing quickly. It's hard to know what is socially appropriate anymore. Which might be a good thing. All I want to offer is contemplation. On the now, and on the then.

My goal with the column in 2019 will be to hear some of the stories about how participating in the local music community has brought meaning to folks' lives. I'd like to understand how our local musicians came to carry on the traditions of those who came before them. I'd like to ponder how to best navigate the demands of modern life while maintaining what's important to us culturally.

Finally, I'd like to hear from you! If you know of an old-timer musician who ought to be interviewed, or you'd like to share your own stories about how your life has been touched by the local music community, please e-mail me at: ben@benharavitch.com.

In the meantime, enjoy the sounds of ringing in the new year.

Live on Stage

Ben Haravitch - and Co.

Wednesday, January 2, 2019 (6 pm)
Seven Story Brewing

Thursday, January 3, 2019 (6 pm)
Lock 32 ~ with The Crawdiddies

Saturday, January 5, 2019 (4pm)
Steuben Brewing Company
~with The Brothers Blue

Friday, January 25, 2019 (5:30pm)
Noble Shepherd Brewery



Warren Paul

Saturday, January 5th (4-7pm)
"Music on the Mountain"
at Bristol Mountain Ski Resort

Sunday, January 6th (3-5pm)
Rio Tomatlan Mexican Restaurant
(upstairs)

Sunday, January 20th (11am-2pm)
The Honeoye Boathouse Grille

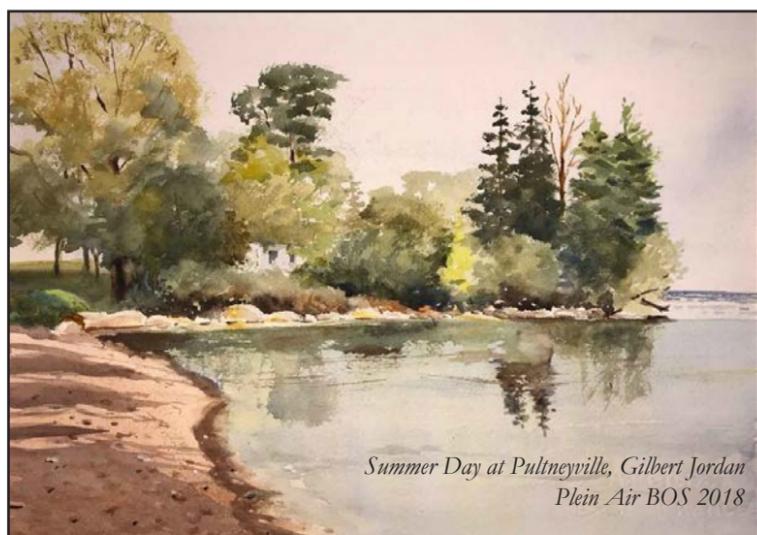


Saturday, January 5, 2019
(8-10:30 pm)

Hollerhorn Distilling
Tickets: \$10 at the door
— 21 and up —

Folkfaces is a Buffalo-based quartet that specializes in "Rowdy Jazz & Bluesy Roots." Folkfaces has an irresistibly danceable energy and a unique versatility, being able to engage a crowd whether busking on the street, playing in a small barroom, or putting on a full electric show at a large music venue. The band draws influence from a multitude of genres, including folk, jazz, blues, punk, Americana, jug band, and bluegrass.

The Genesee Valley Plein Air Painters 14th Annual Art Show
Opens January 1, 2019 - February 1, 2019
Pittsford Barnes & Noble Community Room, Pittsford Plaza
Awards and Reception Sunday, January 6th



The Genesee Valley Plein Air Painters will open its Fourteenth Annual Art Show beginning January 1st at Pittsford Barnes & Noble' Community Room. This competitive, judged and juried show will display about 90 original paintings recently created throughout the Northeast. The plein air show runs through February 1st, 2019.

"Plein air painting," meaning on-site painting in open air (natural light), is popular with artists and their patrons alike. Boats, rural barns, landscape vistas, gardens, cityscapes and waterscapes are all staple subjects in the plein air painter's repertoire. Over 85% of each painting in this show is produced on-site, "in the open air." Painting mediums include oil, water color, soft pastel, acrylic and gouache.

The Genesee Valley Plein Air Painters, Inc. is an association of outdoor artists that promotes and inspires quality plein air painting. It was established in September 2005. Genesee Valley Plein Air Painters, Inc. (GVPAP) currently boasts 64 artist members who live in the surrounding counties of Greater Rochester, the Finger Lakes, Western and Central New York.

GVPAP's Annual Art Show is free and open to the public. Gallery hours are store hours. For more information see: www.GVPAP.com or email paint@GVPAP.com.

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Pub tickets limited
to 55 seats.



Harper & the Midwest Kind
Mon. Jan. 21, 7pm

An amalgamation of blues, soul and world music, multi award winning Australian singer/ songwriter "Peter D. Harper" creates a heady mix of roots music through his creative use of the harmonica, and the haunting drone of the didgeridoo.

Jennifer Westwood
Tues. Jan 29, 7pm

Jennifer cut her teeth on gospel in Detroit before hitting the gritty local bars that set her career in motion; along the way performing back up for acts including Motown's Carl Carlton, adding several Detroit Music Awards to her credit.



The Genesee
RIVIERA

Rex and the Rockabilly Kings
~ Celebrating Elvis Presley
Sat. Feb. 23 ~ at The Genesee Riviera
Tickets at: geneseeoriviera.com/music/

Patchwork from front

to pay them. Carl's sometime job was to tear down old buildings and bridges. After deconstructing a covered bridge he decided to use the stout timbers to build the cabin with his friends. He found windows from an old tavern that was torn down, so old that the glass was rippled. The front door was over two hundred years old, with its original latch.

The soap stone sink was from a farm house. The list of parts borrowed from the old to build the new cabin was long and fascinating, and was kept framed on a wall of the house. Its name came from its origins, all patch-worked together.

The house first served as a gift shop, then a guest house, and later a play house for the neighborhood kids. When my grandparents needed a place to live, they bought it from Carl, cleaned out the raccoons, squirrels and mice which had taken up residence and turned it into a beautiful, cozy home. Everyone in our family loved visiting there. I have such fond memories of us all driving there every Thanksgiving, to celebrate with Gramma, Grampa and our aunt, uncle and cousins. After my Dad passed away much too early, my Mom moved there with Gramma, as they had been planning to do when Dad retired. We joined Mom many times during the eighteen years she lived there, creating many more happy memories.

By the fall of 2000, it became evident that Mom was coughing a great deal and having difficulty breathing. She had wanted to put the house into her trust that was administered by a local bank. They required a home inspection before agreeing to do so. I happened to be visiting when the inspector checked out the house and reported his findings. I will never forget what he said, "Mrs. Reynolds, you should leave this house immediately."



The Patchwork House exterior in fall. Photo Provided by author.

He found that there was a spring flowing directly under the house, creating mold in the crawl space. In addition, the old timbers from which the house had been constructed had been treated with creosote, which is toxic. We found out in that awful moment that our dear "Patchwork House," instead of being the sweet home of our dreams, was an evil edifice that was slowly killing my mother with COPD.

Within the month, Mom moved to Florida to be with my brother and sister-in-law from the late fall through May. She insisted on returning to Patchwork for three summers, spending as much time in the fresh air as possible, and sleeping outside on the screened-in porch, until 2004, when she entered an Assisted Living facility near us. Before she died in 2006, my Mother wanted someone to take over her dear home. We offered it to the Town of Shelburne, but because of its toxicity, the council vot-

ed not to accept the offer. When she saw the council's decision in the local newspaper, Carl's grand niece, Sarah, contacted us, desiring to buy the house. She knew of its problems, but was determined to correct them. We agreed to let her purchase the house for a minimal amount, for little more than the lot was worth, because we felt that she would probably have to tear it down. Instead, she has spent thousands to rehabilitate the house, first having the spring diverted and a new basement dug out, and having insulation and dry wall placed as a barrier against the logs on the internal walls of the house. My cousins and I met there three summers ago when Sarah agreed to show us what she had accomplished. We were overjoyed with the transformation.

So this story does have a happy ending. "Patchwork House" has now fulfilled its promise to be a welcoming, safe and healthy place to live, after all. Its mistaken identity is no more.



Animals from the Farm, from Marie Kuipers is one of the many quilts on display for "Quilt Stories." This quilt portrays elements from Kuiper's son's sustainable farm. It includes: Angus the dog; Chang (pet goose); Tangles the cat; and Majesty the horse. Image provided by GVCA.

Quilt Stories: Traversing Generations Exhibit

Through February 2, 2019

"Meet the Artists" reception January 10th

Apartment One Gallery, Genesee Valley Council on the Arts

"Quilt Stories: Traversing Generations" is the first Livingston County installment of GLOW Traditions' Quilt Stories project, initiated in 2017 in Wyoming County. It will feature quilts and needlework whose stories span two or more generations in a family. They are contributed by Wyoming County quilters who have participated in the project, sharing their history and recollections with our GLOW Traditions director, Karen Canning. Both heirloom and modern pieces will be represented, including pieces from Carol Boldt, Patricia Gilbertson, Marie Kuipers, and Valarie Werner.

Carol Boldt of Arcade, and Valarie Werner of Warsaw, each have pieces originating with their great-great grandmothers. The "Dresden Plate" pattern quilt was created for Valarie's grandmother for her wedding present by Irish immigrant Isabel Mulcahy and her daughter, known to Valarie as "Little Grandma." Carol received a quilt top passed down from German-born Dora Holts, to which she added (on the back) photos of the generations between them. Patricia Gilbertson of Gainesville inherited her mother's "stash" of fabric which she continues to use in her creations, and Marie Kuipers (also from Gainesville) recently created an "I Spy" quilt for her grandchildren, using all scraps from clothes that she has made for them. These are just a few of the stories that inform and inspire these women's work.

The show opened November 29, 2018. A "Meet the Artists" reception will be held on January 10 from 5:00-7:00 pm at the arts council, 4 Murray Hill Drive, Mt. Morris, with a snow date of January 17.

Come enjoy the warmth and beauty of these local creations.

Check out OwlLightNews.com for more content and more color

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Owl Light Outings by D.E. Bentley

Hollerhorn Distilling Naples, NY

After a recent round of deliveries we stepped into Hollerhorn Distilling and brushed off the road dust. We pulled up a seat at the bar – where tabs are kept and all food and beverages ordered – to quench our thirst and assuage our hunger. Immediately intrigued by the extensive mixed drink selection (despite neither of us being mixed drink enthusiasts), we started to unwind with a Smoked Old Fashion: Elijah Craig, sweet vermouth and flamed orange bitters with a smoke box finish. We paired this with Der Hollerhorn (The Hollerhorn): Austrian liptauer spread, smoked trout, and pickled vegetables. Having traveled to Scotland not long ago, I had overnight become a fanatical fan of smoked fish. I would go back again just to sit at this one corner pub that I had several delightful smoked entrées and appetizers at. Then again, Naples, NY, where Hollerhorn Distilling has recently opened its doors, is a wee bit easier to travel to and based on this initial foray into the smoked drinks and fish, every bit as satisfying.

There was something about being inside Hollerhorn – which has one of the most creatively designed interiors I have seen, ever, including an incredible stage backdrop mural by Melissa Neubauer – who opened the Distillery with her husband Karl Neubauer – that inspires experimentation. I opted for another mixed drink (I almost always sample spirits straight up) and enjoyed a Corpse Reviver #2 concocted with Plymouth gin, lillet, Cointreau and lemon juice. Todd (usually an IPA guy) was drawn – uncharacteristically – to a hot chocolate-inspired Stone Xocoveza Imperial Stout. Our second shared food item was gefüllte eier: That is, beet-pickled deviled eggs topped with french-fried onion & potato chip crumbs.

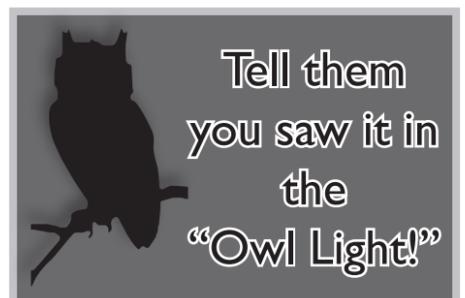
In advance of the stop I had, quite characteristically, gotten my days mixed up and thought that it was the following day that a flash-from-my-past band was scheduled to take the Hollerhorn stage. I was exceedingly thankful that we chanced to stop by, as it turned out that said band – Djug Django – was playing that night – November 30, 2018. Per the write up at www.watershed-arts.com/djug.html, “Djug Django is the Ithaca area’s premier ensemble for Gypsy Swing, Jazz Standards, Latin Rhythms, and Blues.” On stage were: Chad Lieberman on Keyboard; Eric Aceto on the fiddle; Harry Aceto on guitar; Al Hartland on drums; Dave Davies on Guitar, trombone and vocals; and Jim Sherpa on washtub bass (“How does he do that?” inquired a fellow band member when he was cooking it with that contraption.). I have heard all of the musicians in this ensemble – which plays Django Reinhardt gypsy jazz with a touch of blues and a heap of their original musical influences – many in bands that date back to my earliest Ithaca days of bar hopping misadventure in the 1970s-80s. All are fantastic musicians and collectively they fill the dance floor and help us all (along with some great food and beverages) ease into advanced states of relaxation. On the night we were there, their song list included a number of Reinhardt classics as well as more standard jazz and blues influenced numbers such as Mose Allison’s Fool’s Paradise.



Eric Aceto steps onto the dance floor with his fiddle while Djug Django starts the evening rolling on stage at Hollerhorn Distilling - November 30, 2018. Photo D.E. Bentley.

After our initial drinks and food pairings, and a run home to cater to our canine companions, we ordered drinks for sipping while listening to the band. I, being a lover of imperial stouts, settled in with one of the Stone Xocoveza Imperial Stout’s that Todd had offered me a taste of earlier in the evening. He, in turn, ventured up to the bar and sampled some Springbank local barley single malt whisky while discussing its characteristics with Karl. Music will be an ongoing part of the experience at Hollerhorn, and a part of what will bring us back for more. We spent the rest of the evening in a quiet corner seat listening to these talented musicians, and watching the crowds take it in. A note here about corner seating: I adore corner seating as I rarely step out to socialize when I go out – really, neither of us are inclined to mix and mingle much. There was something special about being at Hollerhorn Distilling on that last night of November 2018, and I believe it had every bit as much to do with the energy that Karl and Allison Neubauer – and their creative and welcoming staff – have put into the place as it did with my stepping back in time to revisit my past (from a more positive, sure present footing). The place is, well, really nice!

Did I mention distilling? Hollerhorn is just revving up for this all important “phase II” of their venture – and based on the range and creativity of what they currently offer, and their evident knowledge base, this will be well worth the wait. During my last paper drop off, the distillery was closed and I stepped into the basement where Karl Neubauer was hard at work setting up the production end of things. Like all good dreams come true, the couple has invested a heap of faith and many hours of hard work. In doing so, they have clearly set the bar high for “raising spirits in the Finger Lakes,” by becoming one of the newest regional beverage artisans that are defining our region. Together they have dreamed up a place that comes pretty close to my personal heaven, by taking the ethereal spirit of dreams (and a love of spirits) and transforming it into something real.



Idle Hour ~ Mondays, 8:30!
Hosted by Tim Bucci, and Emily
5 Center St, Geneseo, NY. ~ fb The Idle Hour

Kelly’s Saloon ~ Tuesdays, 8:30 pm ‘til 2 am!
Hosted by Tim Bucci... and Buzzo!
71 Main Street, Geneseo ~ fb Kelly’s Saloon

*Peacemaker Brewing Company
~ Wednesdays 6-9 pm ~
Hosted by Old World Warblers
*20 Pleasant St, Canandaigua

CB Craft Brewers - every Thursday, 6-9 pm.
Acoustic Open Mic Hosted by Steve West
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~ fanaticspubandpizza@gmail.com ~

American Zombie

by Rev. Dr. Derek Davis
Wayland, NY

Risking a gross exaggeration, there seems to exist today an obsession with zombies held by Generation X. The evidence for this observation, though not scientifically obtained by any means, is supported in part by the popularity amongst the Xers of shows such as “Game of Thrones”, “The Walking Dead” and “Fear of the Walking Dead”, along with various presentations of a variety of “Z” nation/world movies. There is a 2012 film titled: “Abraham Lincoln vs Zombies”, as if the Civil War wasn’t enough to worry the man!

Generation X, while not so clearly defined as my generation, can loosely be presented as the generation immediately following the Baby Boomers. I am the father of four Xers, three who have survived, growing into fine persons ages 31 – 38. And while this essay is far from an exacting poll of their generation concerning the topic of zombies, my observation regarding an obsession with the same has been confirmed by all three. This leads to the question: Why?

Why should my three children, raised in the Roman Catholic faith, baptized and confirmed in the same system of belief, why should these three “good Catholic kids” now espouse a belief in Zombies, if not literally, most certainly figuratively? Have I somehow failed to instill the “proper” religious values while raising them? After much discernment and no small amount of anguish, I have concluded that “No, neither I nor the local church has let them down. And in a roundabout way, the three of them confirm this conclusion.

My oldest son, aged 38, is a professionally trained chef, living and working in Florida. My daughter, age 32, mother of my two granddaughters, is married and works in the administrative side of healthcare. My youngest son, 31, is a sales representative for a national home and construction heating and plumbing supply company. All three are intelligent, educated and successful.

My oldest son states: “People talk all the time about the coming Zombie Apocalypse: I know some who are actually preparing for it, hoarding supplies in their basements as though if it were to really happen they would survive! They don’t get that it is an analogy for what is going on today; the Zombie Apocalypse is happening right now—they are living through it!”

My daughter, seemingly with more to lose, views zombies a little differently than her elder sibling. “To me they symbolize the daily monotony of life, slowly but surely grinding you down until there is nothing left; get up, drive to work, do the same thing over and over, drive home (she has an hour commute), make dinner, get kids to bed, go to bed yourself and get up the next day: repeat. It’s soul sucking.”

My youngest child, number two son, states: “It’s about the whole world going to hell in a hand basket. And we all, all of us, not just the Xers, we all know we’re going down this path into a pit of doom of our own making! I mean, it’s hopeless!” But is it? Is it really hopeless? Or is something else going on here that none of my children have yet figured out. Wisdom comes from experience: hopefully!

There are several definitions of the word “zombie”, initially referring to a West African deity manifested as a snake. Two meanings appropriate for use in this discussion are: a soulless person revived from death by supernatural forces; a dull person, lacking in attributes of the heart/mind such as compassion, imagination and empathy, to mention but a few. The current popular presentation of zombies emphasizes an appetite for living human beings. This symbolism is rampant finding expression throughout cultures around the globe: zombies consume. They are possessed of a ferocious, vociferous desire to consume human flesh and organs. The only way to completely destroy them is removal of their head/brain although this is open to further speculation. Suffice it to say that separation of the heart and brain disposes of the zombie, further evidence of a deeper meaning attached to the phenomena of the Zombie.

My Zombie hypothesis is this: the success of “the Greatest Generation”, the eradication of their own zombies in the guise of defeated fascism, added to their subsequent financial gains enabled their offspring, the Baby Boomers, to explore the freedoms consequent of

their parents’ sacrifice and victory. The boomers in turn experienced their own zombies; the United States becoming the wealthiest power the world has yet witnessed, excess became the fashion. Symbolized benevolently in the summer of 1969 by the abundant love and peace at Max Yasgur’s farm, the excess concluded later that same year at Altamont Speedway with the gunplay and resultant death by stabbing at the hands of Hell’s Angels, even as Mick Jagger tried to calm the very crowd he and the Stones had just stoked in song performing “Sympathy for The Devil.” Four people died at the free concert at Altamont Speedway; the same number five months later at Kent state; 58,220 American fatalities in Viet Nam; assassinations, murders, lynchings, violence painfully replicated from generations past. Certainly the Boomers experienced Zombies, most easily identified with delusional thinking.

So, is it any wonder Xers have discovered their own zombies in the guise of, well of zombies? The heroic generation of WWII didn’t quite wipe out fascism, did they? The peace and love of the boomers is as empty as the churches, faith communities who failed to resurrect their two thousand year old message meant to inspire beyond the 13th century literal interpretation it is now stuck in. The Xers just now coming into their own can remember the government’s reaction to 9/11, 2001; a week after the attack, Americans were told “go about your business...go shopping more...”. In other words, consume. It makes perfect sense to believe in an apocalypse when every where you are told your worth is best expressed, at least figuratively as the zombie behavior best exemplified by endless consumption.

But, do the Xers really believe their salvation is to be found only “in a pit of doom”? After all, in these shows the zombie is decimated; humans continue to experience “being”. And yet, there is a fascination with the zombie’s destruction; the watcher can’t turn away from viewing. What is going on here? The next part of the Zombie hypothesis offers a suggestion.

The fascination with zombies is an expression of the Xers’ spirituality, laid dormant in the failure of previous generations to share in their own experience of the shadow, previously addressed in the rites of the church such as confession, but now corrupted beyond original intent and lost wisdom. Spirituality can best be described as the expression of the principle of universal regeneration evident as that vital principle animating in all creation including most especially human “beings”. It is the expression of the “I AM-ness” of living, literally, the breath of life. Zombies are the spirit denied, the shadow of repression, denial of selfhood, denial of “being” manifested quite often as neurotic symptoms, obsessions, fears, anxieties and sickness.

Generation X intuitively recognizes in the denial of life expressed by the soullessness of the zombie culture that is consumption at all cost, the loss of their own souls. And not just for themselves; this fear of a soul-crushing existence is recognized as threatening all of humanity. Because in denying “being” which includes the recognition of one’s own shadow, one’s own failings, weaknesses and imperfections, one creates a demi-god of self who in turn creates zombies of other ethnicities, cultures and individuals, most especially immigrants.

This preoccupation with, fascination of, whatever it is that Generation X is experiencing relative to zombie-ism is a healthy expression of their whole true nature, their “I AM-ness”. Pierre Teilhard de Chardin, the French Philosopher and Jesuit Priest stated in his masterpiece “Phenomenon of Man”, “You are not a human being in search of a spiritual experience. You are a spiritual being immersed in a human experience...We are one, after all, you and I. Together we suffer, together exist, and forever will recreate each other.”

The zombie represents the shadow experience of the human being. At times in our experiences of this manifestation of spirit, of creation, each one of us must recognize the inner zombie, the soulless, selfish, and yes, dangerous creature bent on gluttony, lust, anger, violence; all the “attributes” of our shadow being. With experience comes wisdom. In this incarnation of Sophia, the manifestation of wisdom, may each of us recognize our true self and not be taken in by the Mistaken Identity that is the ‘Merican Zombie.

Mechatronic Technology Program

Information sessions on FLCC job training

Anyone interested in learning more about Finger Lakes Community College advanced manufacturing job training programs can attend orientation sessions in January.

The orientation session for the advanced manufacturing machinist program is scheduled for 9 a.m. on Thursday, Jan. 10, at ITT Goulds Pumps, 240 Fall St., Seneca Falls. The machinist program runs weekdays from 4 to 8 p.m. for six months, from March 18 to Sept. 21. Students learn how to use machine tools to make precision components in aerospace, medical, automotive and other industries.

The orientation session for the mechatronic technology program is scheduled for 9 a.m. on Wednesday, Jan. 16, at the FLCC Victor Campus Center, 200 Victor Heights Parkway, off Route 251. The mechatronic technology class runs weekdays from 8 a.m. to 2:30 p.m. from March 25 to June 14. Students learn fundamentals of electrical and mechanical processes, including print reading and soldering.

Prospective students may register for one or both sessions online at fccc.edu/pdce, by email at pdce@fccc.edu or by calling (585) 785-1670. Attendance at a session is required to qualify for tuition assistance, which covers most students’ expenses.

To qualify for the courses, participants must be at least 18 and have a high school diploma or equivalency.

About FLCC:

Finger Lakes Community College (www.fccc.edu) is a State University of New York two-year higher education institution. FLCC’s 250-acre park-like campus is located in the heart of the Finger Lakes in Canandaigua, N.Y. The College offers 55 degree and certificate programs, including environmental conservation, ornamental horticulture, music recording technology, nursing, communications, graphic design and viticulture and wine technology. FLCC’s current enrollment is 6,356 full- and part-time students.

FLCC mechatronic tech grad says program is a ‘door opening’

After graduating from a private Christian school in Penfield, Robert Geer planned to take a year off to consider his future and decide whether to enroll in college.

Geer was working part-time at the CountryMax store in Palmyra a few months later when his grandparents alerted him to an advertisement for an upcoming advanced manufacturing job training program through Finger Lakes Community College.

Intrigued, he sought more information.

He wound up enrolling, and 12 weeks later, he’s one of eight to graduate with a certificate in mechatronic technology, a relatively new discipline that combines the mechanical and electrical fundamentals common among high-tech manufacturers. The program was offered at the FLCC Victor Campus Center off Route 251.

“I was looking to find out if this is something that would interest me for a career for the rest of my life,” said Geer, 18, of Marion, Wayne County. “It’s a very open field – there’s a lot of opportunity. It was challenging and quite fun.”

Geer and his classmates were celebrated at a graduation ceremony last week. Speakers included FLCC President Robert K. Nye; Todd Sloane, acting director of Workforce Development at FLCC; Michael Manikowski, Ontario County economic developer; and Dave Phillips, chair of Finger Lakes Advanced Manufacturing Enterprise (FAME).

“It never ceases to amaze me how impressed our local employers are with these graduates from day one,” said Sloane. “We’re meeting a need for skilled workers, and our graduates’ incomes have increased at a remarkable rate. It takes work and commitment, but it’s a very exciting time to be working in advanced manufacturing.”

In addition to Geer, graduates are: Eric Boot of Victor, Sean Cannan of Farmington, Oliver Derrick of Penfield, William “Drew” Geihls of Farmington, Chad Hutchinson of Clifton Springs, and Carson Hutto and Brian Thompson, both of Lyons.

Geer is optimistic about job prospects and is interviewing with potential employers. Four of his classmates had already secured jobs by graduation.

“It’s basically a door opening,” said Geer of the mechatronic technology program. “I’d recommend it to anyone interested in technology and manufacturing.”

Check out OwlLightNews.com

The Conscious Crow

~ Sprouting Misconceptions ~

We often find ourselves silently judging one another and interpreting a situation before actually getting the full story. We form negative opinions based on a quick observation or experience and a series of assumptions and conclusions seem to snowball overnight. Before we know it an entire story has sprouted. Our belief practices and conditioned responses continue to spread these seeds of unconsciousness and the truth is thrown out of proportion. We're left with handfuls of mistaken information and hefty misrepresentations of persons or situations that could have only been prevented had the perspective been altered.

The reason for this perpetual misunderstanding is our lack of consciousness and awareness. Whatever lens we choose to examine the world is a direct reflection of how we were educated by society, culture, schools, peers and family. We don't realize how deep-seated our belief systems truly are or where they come from until we begin questioning their roots and credibility. We were raised in an environment that holds enormous value on physical appearance and fails to notice the depth within an individual or experience. The Conscious Crow hopes to offer a new perspective in this day and age, presenting readers with a different angle in which to view ourselves, and the world around us.

With changing times come changing minds. The old way of seeing and responding to the world, the outdated beliefs, and the tireless trek upon on the "old road is rapidly aging..."

as Bob Dylan so wisely phrases it. What we were once taught no longer applies. We must rely on this present moment to gain insight and continue to shed the burden of unconsciousness that we've been carrying for so long.

Every moment is an opportunity to grow. Now more than ever let's reciprocate and react with love and patience towards one another, extending past these images failing to recognize our true greatness and capability. If we continue to stretch ourselves and exist within this space of consciousness we plant positive seeds for the present and future generations. Making an effort to mindfully respond with understanding, love and acceptance- slowly disintegrating all the worry, fear, doubt and suspicion- we find a new wave beginning to emerge. In this New Year let's consciously inhibit this planet and positively contribute to the world.

"Keep your eyes wide...." for now is the time.

~Conscious Crow, Reminding you to Grow~



Ken Bristol
Geneseo, NY

Idle Dreams

The professor finishes his class lecture and is quickly surrounded by eager students wishing to follow up with him about today's class discussion. Popular with students, the professor enjoys spontaneous repartee with inquisitive young minds. After that post-lecture session, he drives home in his Smart Car to the renovated farmhouse he and his wife live in outside of town. As he pulls into the driveway, he notices his wife's Prius already parked in the garage. She usually arrives home from her job after him, but his late-afternoon appointment with the departmental chair today kept him late. Entering the house, he straightens the family photo hanging on the wall at the end of the foyer. The son and elder of the two children writes computer programs in the Atlanta area while their daughter is an architect in Cincinnati. In the kitchen, the prof opens the refrigerator and examines its contents, including plenty of fresh organic produce, free-range eggs, and chicken from their local CSA membership. He starts preparing their supper.

The next morning, before commuting to the small private college where he teaches, the professor jogs along the trail that passes near their house and then connects with another trail that winds its way to the state park in the next county. He serves on the board of the nonprofit Friends of the Trail preservation council.

My eyes open groggily. Wow, what a dream that was! It's morning, and my bladder reminds me that it is time to get up. I have already been out of bed four times this past night to pee. Maybe a new word should be coined, "urgination", meaning urgent urination. I'm fine during the day, but at night my enlarging prostate demands repeated attention. I crawl out of bed stiffly. My bad leg needs time in the morning for the kinks to work themselves out. No more jogging; those days are over. Even a nice walk can be problematic. No family photo on the wall or bed stand. No kids, no spouse. Just an old guy living alone talking to the walls. Brr . . . it's cold. Gotta turn up the thermostat a bit to get the chill out of this drafty, dilapidated, fixer-upper home. Then it's off to work, a retail job in the mall, barely paying me enough to cover my bills. I'm on my feet the whole shift, and some days, my leg and hip hurt by the time I lock up the store. On the way home, I pull into the gas station to fill up my 100,000-mile Chevy and then proceed to Walmart to buy groceries. Thank you, God, for the use of my legs, food on the table, a roof over my head.

The college professor could have been me. I was a smart kid with potential. Everyone thought I would become a doctor, lawyer, scientist, professor, or priest. Life events and personal choices led me to a different fate. I can scoff at what might have been. When I think about my circumstances today, an amused smile spreads across my face. Hmm, perhaps it's a little gas.

by Wendy Schreiner
Warsaw, NY

Unrecognizable

I glanced
at myself
while passing
the mirror
the other day
and I couldn't
believe my eyes
the woman
staring back at
me had caught
me by surprise
where did all
the years go
my how time
has flown
I'm old now
and the wrinkles
do show
my body is
ailing
my hair is grey
I don't recognize
myself any more
when I looked in
the mirror
at first I thought
I had
mistaken
myself for
someone else,
but then I
realized the
harsh truth –
staring back at me
had caught me
by surprise
where did all
the years go
my how time
has flown
I'm old now
it was me
that I saw
how could it be
not a mistaken identity?



Simple Sustainability by Sky Trombly

Minimalism & New Year's resolutions

It is a mistake to make “go minimalist” your new year's resolution. Many aspiring minimalists see this as a worthy goal, something to check off your list for a new, better you.

But that isn't how minimalism works. Minimalism is not a goal to be achieved. It can't be checked off and thus you're setting yourself up to fail. Lifestyle minimalism is about continual observation and refinement so that the ever changing life you lead is filled with conscious, essential choices.

I do make minimalist goals, however. These are things I can change by using the process of minimalism. Below is a list of 12 minimalist changes you might like to make in 2019. By having 12, one change could be tackled each month. If you've already tackled a topic or if one of these topics just doesn't appeal to you, try substituting with some other.

To reiterate, the reason I have 12 goals here is so that one can be the focus for each month. If you try to make too many changes at once, nothing will stick. We're just too busy with all of our other obligations. A 30 day challenge is where you try something out for 30 days. If you find the change useful, you keep it and if it doesn't suit you, you let it drop. Any of the above can be made into a 30 day challenge as well as a host of other trials. Happy experimenting!

Until next time, be the light by living lightly!

A Suggested List

(1) Create a Capsule/Minimalist Wardrobe.

Get intentional about your look and remove a lot of impulsive shopping, money waste, discarded clothing, clothing clutter, and time spent on the daily routine of getting dressed.

(2) Learn to Fuel Your Body Better

Figure out what works for your body and feed yourself better in 2019. Depending on your health concerns and your resources, these changes may be big or small. For example, if you're a heavy soda drinker, you might swap out soda for getting 8 cups of water a day.

(3) Start to Journal

There are as many ways to journal as there are people, but the intended goal here is to establish a regular check in procedure to review your thoughts and feelings and the progress of your goals.

(4) Declutter

Weed out the remains of yesteryou. Try a minimalist method such as getting rid of 1 item every day for 30 days.

(5) Behavior Trade In

Find some behaviors that don't serve you. Maybe you watch too much TV or scroll through social media once too often in a day. Consciously swap a more rewarding behavior for a less rewarding behavior. It doesn't have to be all or nothing. Maybe if you watch 2 hours of TV a day, 1 hour would be better spent reading a book.

(6) Commit to Keeping the Dining Room Table Clear All Year

Keep the dining room table clear and wash it after every meal. Enjoy coming to eat at a clean table or playing a board game with friends and family.

(7) Take a Class / Learn Something New

Take a class (online or in person) in something that will stretch you. Maybe you've always wanted to salsa dance or understand wine tasting. Maybe you'd like to learn a language or write fiction. Whatever grabs at you, go do it.

(8) Master a Morning Routine.

OK, I know that not everyone is a morning person, but everyone does have a morning routine. This year, design one that suits you. It could be simple, like choosing to snuggle with your partner over hitting snooze or this might be the year you decide to workout each morning while your housemates are sleeping. It's up to you.

(9) Give to Charity

Find an organization doing something that is important to you. Maybe it's saving the rain forest or feeding the hungry or housing stray puppies or maybe it's becoming a patron of online content producers. Give to that cause regularly.

(10) Rethink Your Spending Habits

If you're like the average American, your spending habits may be leading you to live paycheck to paycheck or to be sinking deeper into debt. This is the perfect year to grapple with this situation. Learn about and stick to a plan that makes sense for you.

(11) Get Fit But Remember the Tortoise

Slow and steady wins the race. Gyms are crowded in January and much emptier by February. Exercise is a great goal, but build a routine from very small, doable actions so that you can return to your routine regularly all year round. This is what is going to make lasting change.

(12) Try 30 Day Challenges

Sky's Handy Household Hints

by Sky Trombly

Good for you ~ Good for the environment

Check in Sundays

It can be very difficult to coordinate work obligations, kids' activities, and special events, but it is down right aggravating to discover you're ill-prepared for the week.

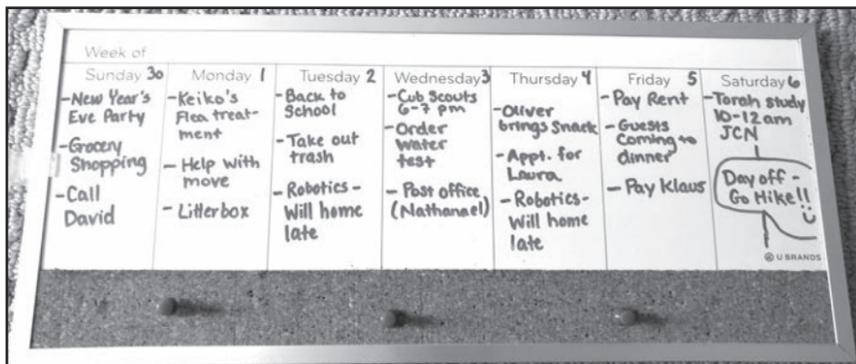
We've instituted a Sunday check in routine. While we're sitting down for a family lunch or dinner, we take down the white board and fill out anything that needs to happen during the week. We also check our monthly wall calendar and smartphone reminders. Then the board goes back on the wall so everyone can see it.

This has already made life far less stressful for me, but I have discovered another way to make this help my family.

If there are three things I have to remember: for example, it's my son's snack day, I need to take out the trash, and my husband needs to stay late for work, I leave the day at that. If the day has fewer than three things, I also plan out some needed household tasks. For example, if I only have to remember to send my kid off with a snack to share, then I might also schedule a dentist appointment and take some checks to the bank.

I don't overwhelm this system with my work or ordinary cleaning details. I only include family comings and goings and household tasks.

I use the cork board on the bottom for library receipts or school announcements.



A New Year

by Wendy Schreiner

forget the New Year's Resolutions
why wait for a new year
to change this
to begin this
start every day
on a positive note
trying to
always
be your best
you!

DEC encourages anglers to put safety first when ice fishing

Minimum of four inches of clear ice is usually safe for anglers on foot

The New York State Department of Environmental Conservation (DEC) today encouraged anglers to put safety first when ice fishing. Four inches of solid ice is usually safe for anglers accessing ice on foot. However, ice thickness can vary on waterbodies and even within the same waterbody. Anglers should be particularly wary of areas of moving water and around boat docks and houses where bubblers may be installed to reduce ice buildup. The presence of snowmobile tracks or footprints on the ice should not be taken as evidence of safe ice conditions. DEC strongly encourages individuals to check ice conditions and avoid situations that appear to present even a remote risk. Testing the thickness of ice can easily be done with an auger or ice spud at various spots.

"Ice fishing is a popular sport in New York State and with the temperatures dropping around the region, anglers are looking forward to an early start to the season this year," said Commissioner Basil Seggos. "The rush to get out onto the ice can lead to tragedy unless anglers remain vigilant about the condition of the ice. Anglers should heed DEC's recommendation of at least four inches of solid clear ice before venturing out on the ice."

Ice fishing continues to increase in popularity in New York State. Unlike the open water season, when an angler usually needs a boat to access good fishing locations, no boat is required to access these locations once a water is covered with safe ice. It's also a great sport for families, as they can mix in skating, snowshoeing, cross country skiing, or other activities during an ice fishing trip.

As part of Governor Cuomo's NY Open for Fishing and Hunting initiative February 16-17, 2019, has been designated as a free fishing weekend. The requirement for a fishing license is waived during this period. This is a great opportunity to try ice fishing for the

first time or for experienced anglers to take friends ice fishing for the first time. Beginning anglers are encouraged to download the Ice Fishing Chapter (PDF, 3.7MB) of DEC's new I FISH NY Beginners' Guide to Freshwater Fishing for information on how to get started ice fishing. Additional information, including a list of waters open to ice fishing, can found on the DEC ice fishing web page and the Public Lakes and Ponds map.

The use of fish for bait is popular when ice fishing and bait fish may be used in most, but not all waters, open to ice fishing. Visit the DEC website for a list of special regulations by county to find out where bait fish can and cannot be used, and for other regulations that apply to baitfish on DEC's website.

Anglers are reminded to take these important steps when using baitfish while ice fishing:

- Follow the bait fish regulations to prevent the spread of harmful fish diseases and invasive species (please see: Special Regulations by County):
- Use only certified disease-free bait fish purchased at a local tackle store, or use only personally collected bait fish for use in the same water body in which they were caught;
- Do not reuse baitfish in another waterbody if you have replaced the water they were purchased in; and
- Dump unused baitfish and water in an appropriate location on dry land.

Anglers are reminded to make sure that they have a valid fishing license before heading out on the ice. Fishing licenses are valid for 365 days from the date of purchase.

Connect with DEC on: Facebook, Twitter, Flickr, YouTube and Instagram

The 2019 New York State Maple Producers Winter Conference will be the greatest yet

A producer-focused 2019 NYS Maple Conference with practical and hands-on sessions for maple farms to enhance existing and expanding operations.

January 4 and 5, 2019

The 2019 NYS Maple Conference will be the greatest yet because of a great new location. After 19 years in Verona, the New York Maple Conference is moving just down the Thruway to the New York State Fair in Syracuse. This location offers all of the trade show in one very large room, larger meeting rooms so everyone who wants in can fit. It will also offer larger parking space and access to the Fair Maple Center for those who have not had a chance to see how everything works at this, one of the world's most successful maple marketing locations. This year's event is scheduled for January 4th and 5th, 2019 and remains the first of the new year for maple producers throughout North America. Friday evening will feature two educational sessions starting at 5:30. One will be an open discussion and demonstration of the various ways to make maple sugar candy, from low investment to more complicated equipment. The second session will feature Steve Zoey of Zoey Advertising talking about how marketing the natural goodness of maple syrup can be a challenge to most rank and file maple producers. Steve understands marketing and more specifically the challenges that you have advertising your products. This educational and motivational address will inspire you and give specific marketing tactics that will profit your bottom line. Don't miss it! "The 7 Habits of successfully marketing maple". The annual maple equipment auction will follow these sessions. Saturday will feature over 40 sessions on all aspects of maple production, see session descriptions and registration information at cornellmaple.com. The day-and-a-half event will be hosted by the New York Maple Producers Association in conjunction with the New York FFA Alumni Association and Cornell Maple Program. The conference will follow a similar format as previous years.

Information on auction items will be made available via email request after December 28th. Auction service fee will be 15% of auction price paid by seller. Auction participants MUST be registered for Friday night's conference in order to receive a bid number and participate in the auction. Register for bid numbers onsite and payment of items must be cash or check.

Conference registration opens at 4:30 PM Friday night; trade show begins at 4:30 PM with maple workshops scheduled between 5:30 PM and 7:00 PM. A live maple equipment auction will be held Friday night at 6:00 PM. Saturday's doors open at 7:30 AM with workshops beginning at 9:00 AM. Overnight accommodations are available at Clarion Inn, 100 Farrell Road, just 5 minutes from the Fairgrounds. Cost of the rooms are \$65.99 per night. Phone number is 315-457-8700. Request accommodations under "maple block". For information, contact Maple Conference coordinator Keith Schiebel at kschiebel@tds.net. The full education agenda is available at the New York State Maple Producers Website: www.nysmaple.com or the Cornell Maple Program website: www.cornellmaple.com.

The Children's Holiday Bazaar was a great success because of awesome community support and beautiful weather. Thank You!

Honeoye Public Library

"I Love Books" Book Sale

February 9th, 9 am - 1 pm

"We're Books... and More"

Ancestry.com available at HPL - explore your past today -

1,000 Books before Kindergarten program, any child birth to 5 years can take on this challenge.

Book Talk Group ~ 4th Wednesday @ 5:30 pm
Writers' Group ~ 2nd & 4th Tuesday @ 6 pm
Join Us! ~ 2nd Monday @ 10 am

Second Saturday Movie & POP CORN @ 11:30am

Hours: Mon. & Thurs. 2-8, Tues. - 10 - 8, Sat. 9-1
8708 Main St. - Honeoye

honeoye.pls-net.org
585-229-5020

FLCC Vintners & Valentines Tickets on sale now

Canandaigua, N.Y. (Dec. 14, 2018) – Tickets are on sale for Finger Lakes Community College's Vintners & Valentines event, a Feb. 8 dinner with a host at each table to discuss the gourmet food and wine pairings.

This winemaker's dinner, to be held at the FLCC main campus Student Center, features Finger Lakes wines and the people who make them, a five-course meal prepared by the college's culinary arts students, and silent and live auctions.

Vintners & Valentines is a fundraiser to support the FLCC viticulture and wine technology degree and the college's hospitality programs.

The evening begins at 6 p.m. with a local winemaker or an FLCC viticulture student who will discuss the wine pairing with each course. The menu features potato leek soup, roasted halibut or tofu, and beef or vegetable Wellington as a main course. Dessert stations conclude the evening.

Tickets, at \$125 per person, are on sale through Jan. 29 at the FLCC Foundation, (585) 785-1205, foundation@flcc.edu or give.flcc.edu.

Proceeds from the event will go directly to the college's viticulture and wine technology degree program and FLCC's hospitality programs, which include culinary arts and the new hospitality and tourism management degree. These programs require specialized equipment, making community support critical for maintaining the quality of the student experience.

Richmond History by Joy Lewis

It's here somewhere, if I can find it: Hemlock Hardware Store of...

Lewis Frederick Hoppough
(December 12, 1860 – February 16, 1945)

Lewis Hoppough (son of Frederick and Leah Coykendall Hoppough of Canadice) was an interesting character. Married in 1883 to Adell Ingraham, he bought a farm at the head of Canadice Lake and settled down to raise a family. The Hoppoughs had five children: Leona, Burdette, Bertha, Marion, and Jessie.

In 1917 Lew purchased the old Scanlan Hotel in Hemlock, which he converted to a General Store. By this time all his children were grown and married except 17-year-old Jessie who still lived at home. The store was on the east side of Main Street, just north of the Hemlock Outlet; it was destroyed in a controlled burn in 1970.

*Burton Deuel, in his 1983 memoir "Reminiscences" wrote of Lew and his store: "[It] was like Fibber McGee's closet. [Lew] was just as funny as his store." Burton included a few tales of Mr. Hoppough:

You could buy most any farm implement [at Lew Hoppough's store], or groceries, or anything else you could think of. It might not be on display, but it would be somewhere buried under harnesses, or what-have-you.

Lewis liked liquor, but didn't get a chance to get any very often. This [incident] took place during the First World War when we had sugar rationing. He sold sugar, but only one pound per week to a customer. One day a farmer came along and was talking to John Connor outside Lewis's store. "John," he said, "I'm going to get one hundred pounds of sugar."

John said, "I'll bet you won't get over a pound."

So the farmer went into the store and asked Lew for some sugar.

"I can give you a pound," said Lew, and he weighed out a pound of sugar and handed the sack to the farmer.

The farmer took out a pint of whiskey from his pocket and said, "How would you like a little nip?"

"Sure would!" Lew replied. He took a good snort and said, "Give me that sack of sugar." He took it back and did up five pounds and put it on the counter.

Then the farmer said, "Better take another sip before I go." He offered Lew the pint.

"Believe I will," said Lew. "Tastes pretty good." So he downed another good hooker. Then he reached over the counter, took back the five pounds of sugar and did him up twenty pounds.

The farmer said, "Lew, keep the bottle. I've got more of the same at home."

Lew said, "Give me that bag of sugar." He put it back on the shelf, went into the back room, brought out a hundred pound sack, and put it in the farmer's wagon.

The farmer paid for the sugar and drove home just as happy as Lew – but without a headache.

[It was around 1925] when I was working the farm with my father-in-law, Wilbur Ashley, we hired a young man who was about six-foot-one-or-two – quite a big fellow. It was wet and muddy that fall so he wore high topped leather shoes. He said he wanted a pair of



The Hoppough family in front of their store in Hemlock, NY. Photo Historian's archive



mud rubbers – heavy ones – to wear over his shoes.

So [Mr. Ashley] took the young man to Lew Hoppough's Store in Hemlock. When they went in the store, Lew looked up and said, "Hello, Wilbur. What can I do for you?"

"I've got a young man here that wants a pair of heavy mud rubbers."

"What size?" asked Lew.

"Well," the young man said, "my shoes are size thirteen. I think I would have to have rubbers about a size fourteen."

Well, Lew went over to a cluttered counter and dug out some rubbers from underneath some harness and binder twine – size fourteen, just what the young fellow wanted. If you asked Lew for something out of the ordinary, he'd say, "It's here somewhere, if

I can find it."

[There was a tremendous flood in the late twenties.] Lew's store was on the bank of Hemlock Outlet. When it started to rain [it] wouldn't let up. The run-off filled the Hemlock Outlet to capacity in a hurry. It rose as high as the underside of the bridge on Main Street in Hemlock. The swollen waters of [the creek] took out buildings, sheds, swarms of bees, and almost drowned a flock of sheep.

Well, the City of Rochester Water Works, who controlled the lake level, sent out their representative to help the people of Hemlock who had suffered damage due to the rising waters of the creek. The man came to town on certain days in order for people to file claims for loss or damage caused by the flood. So, Lew Hoppough filed his claim.

The agent asked him what his loss was.

"Well, I had my old outhouse down back of the store. It wasn't worth so much, but I ought to have fifty dollars for it."

"Don't you think that's rather a high price for an old outhouse like that?" asked the agent.

"Maybe it is," Lew said, "but as I used to go down to use it, I would set there and would think of some bill that someone owed me and I would take my pencil and write it down on the wall. I don't know how much the total of those accounts would be, but that flood took my accounts, building and all. So I think I ought to have at least fifty dollars."

"Claim allowed!" said the agent.

Lew went home grinning and well satisfied. He'd only presented the bill as a joke.

*Mr. Deuel's stories, edited and compiled into one volume, are on display and available to read at the Honeoye-Richmond Historical Society Museum (at the back of the Richmond Town Hall). See below for museum hours and historian's contact information.

**Richmond Fire Department
is experiencing
a volunteer shortage.
Join the family
& help others in need!**

**Stop by any drill night
(Mondays at 7 pm)
to pick up
an application
and learn more.
Also looking for
students (14-17 years)
to join as Junior firefighters.**

**585-229-5192
www.richmondfiredept.com**

Honeoye-Richmond Historical Society Museum

**Winter Hours
First Saturday of the month,
9:30-11:30 am.**

**Honeoye-Richmond
Historical Society Museum
provides a wonderful and
enlightening glimpse into the
past and is free of charge.
(Donations are appreciated).**

Located in the back of Richmond Town Hall,
8690 Main Street, Honeoye, NY 14471.

585-229-1128

historian@townofrichmond.org



Area Food Pantries

All welcome and appreciate community contributions and volunteers.

Honeoye Community Food Pantry.

UCC church on 8758 Main Street, Honeoye
Alternate Saturdays, 9-10:30 am.

For upcoming dates and additional information: honeyefoodpantry@gmail.com,
(585) 721-0009 (text) or <https://sites.google.com/site/honeyefoodpantry/>.

Geneseo/Groveland Emergency Food Pantry

31 Center Street, Geneseo (the lower level of CPC).

Tuesdays and Thursdays 10-2 am and Wednesdays 4-6:30 pm

To donate to our Pantry, please drop items off during hours of operation (lower level).

Springwater Food Pantry

Will reopen on Saturday, January 5th

Wednesdays 6:30 - 8 PM and Saturdays 9 - 11 AM*

South Main Street, Springwater

*Serves Springwater Canadice & Webster's Crossing area,
but no one in need will be turned away!

Lighthouse Food Pantry

Every Saturday, until Jan 5, 2019

Lighthouse Wesleyan Church, 101 South Lackawanna St, Wayland

We recognize as a church that it is not only important to feed people's spiritual hunger but to feed their physical needs as well. Lighthouse Food Pantry is open to anyone in the Wayland Cohocton Central School District Area.

Thin Places with Jeanne Crane

January 6th (Sunday) 6 pm

Honeoye United Church of Christ, 8758 Main Street, Honeoye

When people in Celtic lands refer to the thin places, they mean a place where the veil is thin. For some, that translates to a place where your hand can touch the hand of God; for others it means where you can connect with the OtherWorld; or for others it means where you experience mystery and wonder. Tonight we will visit some of the most sacred and powerful of Celtic thin places.

Jeanne Crane is an author, presenter and facilitator who frequently travels to Celtic lands and who writes about Ireland and Celtic spirituality. She will have copies of her most recent book available.

February Break Week Mini Camps

~ Wild About Winter ~

Cumming Nature Center

February 18-23, 2019:

MWF Camp -- Feb 18, 20, 22 ~ TTh Camp -- Feb 19, 21,

9:30 a.m. - 3:30 p.m. ~ Ages 8-11

See page 9 for more information.

Honeoye Community Food Pantry

~ Service to the community

Each year I continue to see what a great place we live in. In the Honeoye community, neighbors consistently help neighbors and there are more and more opportunities for our residents as Honeoye grows with fresh ideas for how we would each like to see our hamlet present itself. Even December was a busy month in town! With holiday festivals, parades, concerts, and events at local shops, Honeoye has been put on the map as a place to go, even in the winter again!

The pantry was also hard at work throughout the holidays, feeding and gifting to our neighbors in need. For that, I would like to take this time to thank the many volunteers and donors at our Food Pantry. It's been very humbling for me to run our pantry for the past 7 years and to see how many individuals, groups, churches, and businesses step up to help, often without me even having to ask. Between food drives, fundraisers and donations, our community keeps us afloat. I also would like to take a moment to acknowledge the great group we have volunteering. We always try to make volunteering a fun opportunity to meet new friends while helping our neighbors; some have helped once or a few times, some have been helping regularly for many years, and some even come in to help on even a few minutes notice. We appreciate ALL of you. Your time, effort, and money are all extremely valuable, and we are beyond grateful that so many of you have chosen to give in whatever capacity you have been able.

To all, thank you and Happy New Year!

Don Fox

Coordinator - Honeoye Food Pantry.

Faith in Community

Finger Lakes Forest Church

For more information, see our Facebook page (Finger Lakes Forest Church). The Finger Lakes Forest Church meets monthly, with rotating outdoor locations. Our next meeting, to be held January 12th at 10 am, has the theme of Reading God's First Book - Nature. Be inspired by the signs of Divine nature that express themselves through creation. Location: Finger Lakes Community College. Turn onto Marvin Sands Drive from Lakeshore Drive, and park in lot A. Special thank you to the Conservation Department from the Finger Lakes Community College for hosting this event.

Free Spirit Book Club

Wednesday, December 19, 6:30 - 8 pm.

Wednesday, January 16, 6:30 - 8:00 pm - Free Spirit Book Club. This book club, with a broadly spiritual focus, meets the third Wednesday of each month. It is an open-hearted, open-minded group, focused on reading and discussing texts from spiritual disciplines around the world. All are welcome - even if you haven't read the text. Location: Honeoye United Church of Christ, 8758 Main Street, Honeoye, NY. For more information, including the title of the reading for our next meeting, contact emily.pecora@gmail.com.



Grief Share is a help seminar providing encouragement after the death of a loved one. The program is non-denominational and features helpful tools for healing from grief. It is led by friendly, caring people who understand what you are going through. Mondays at 6 pm at Springwater Church of the Nazarene, 8498 Indian Valley Rd (Rt 15), Springwater. For more info: 585-728-5961 or 585-669-2319.

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Licensed Real Estate Salesperson

8731 Main St. - Honeoye, NY 14471

Cell: 585.455.2965

Office: 585.229.4769 - Fax: 585.229.2017

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HowardHanna.com



Area Writing Groups

Warsaw's Write Connection
2nd Tuesday of the month, 6:45 PM - Warsaw Public Library
(no meetings June, July or August)

Canadice Lake Writers' Group
2nd and 4th Tuesdays, 6-7:30 pm. at Honeoye Public Library, Honeoye.
Info Darlene at 585-313-7590 ~ New members always welcome!!!

Lakeville, NY ~ Poets' & Writers' Group
1st & 3rd Wednesdays, 10:30- noon, Chip Holt Ctr., Vitale Park, Lakeville.
New members always welcome!!!

The Canandaigua Writers' Group
First Friday of the month from 10 am to 12:30 pm.
Share your original stories, poems, memoirs, and more in a supportive, learning community of fellow writers. Ewing Family Community Room
~ Wood Library, 134 North Main Street, Canandaigua, NY 14424

Writing Group in Naples
Meets 2nd Friday of each month, 10:30-noon. Bring a short piece to read aloud.
Naples Library, 118 S. Main St. Naples, NY 14512 ~ 585-374-2757

Volunteers needed at the Little Lakes Community Center
Are you looking to give some of your time and talents to new and exciting venture right here in your neighborhood? Join the dedicated volunteers at the Little Lakes Community Center on Main Street in Hemlock! Assistance is always welcome in updating our building – plumbing, electrical, repairing, painting, etc. Volunteers are also needed for our events to set up, serve refreshments, and clean up. If you are interested, please contact Mary Ann Thompson at littlelakescommunitycenter@gmail.com or attend our Steering Committee meetings on the first Monday of the month to learn more.

Eastern Wisdom: An Inter-Spiritual Approach

Thursday nights, 7-8:30 PM,

Beginning January 17th through February 28th

Gatherings include discussion, media & practice of spiritual contemplation.

When we explore the experiences and wisdom of people in other religions, it can be like going from black-and-white vision to seeing reality in all the colors of the rainbow. Thomas Merton once told another monk "I do not believe that I could understand our Christian faith the way I understand it if it were not for the light of Buddhism."

Kenneth McIntosh, a pastor with a decade's experience teaching college courses on world religions, will present concepts from Hindu, Buddhist, and Taoist traditions offering opportunity for participants to enrich their own path.

While the gatherings do build on one another, participants will still benefit if they attend occasional meetings.

These learning experiences are free - with donations accepted.

Honeoye United Church of Christ, 8758 Main Street, Honeoye, NY

Let us know what your community or community - based group is doing to work toward positive change for ALL!

Owl-at-Home Delivery

Don't miss your next issue of Owl Light News, let Owl come to you.

See page 5.

Gift delivery also available.



Owl Light: The time between night and day (twilight, dusk, dawn); imperfect light, requiring critical observation.



There are many ways to read the Owl Light News:

- 1) You can pick it up free at hundreds of locations (request one near you);
 - 2) Owl at Home delivery brings the Owl to you (\$25 for 12 months - see p. 3); and
 - 3) OwlLightNews.com offers the Owl online (Free to read-credit CP if shared)!
- Follow us on fb@ Canadice Press to find out about upcoming articles and area arts!!



Is Your Medicine Safe at Home?
Only YOU Can Secure your RX!
Help us prevent addiction, accidental poisoning & protect the environment!

MONITOR - count your medication regularly
SECURE - lock up any medication you do not want anyone else to access
DISPOSE - drop off and unwanted/unused and expired medication to your local disposal site



Medication Drop Box Locations

Bristol
Town Hall

Phelps
Community Center

Geneva
North Street Pharmacy
Police Station

Canandaigua
FLCC (Keuka Wing)
The Medicine Shop
Ontario County DMV Office
Thompson Hospital (lobby)
Mental Health Clinic
Police Station (lobby)

Shortsville/Manchester
Red Jacket Pharmacy

Rushville
Village Hall

Farmington
State Troopers

Victor
Mead Square Pharmacy

Clifton Springs
Hospital (lobby)

Richmond
Town Hall
CVS Pharmacy



Questions, please call us at
585-396-4554

STILL LIFE

too much depends
upon

the way I
see

what you say
to me

bedside in the dark
of night

PRESERVATION

You are the generation
Of blue jeans,
Stories wound in loose laughter
told with tight-lipped eyes,
Rough cigarettes, wafting smoke
around your skin that's
etched with canyons of
where you've been, their
woody scent under your nails
filling your hair,

trapped

Belt buckles, dusty 9-5 shuffles,
Cold beer in the can
gripped with the same hand that
holds on tight to things past,
Leather wrappings smoothed by work
soft and cracked like your hands
Cowboy boots-
Cough
Cough
Blood on the lips,
Blood in the lungs
Spittle on the floor

The generation of Say

No more

"I drink coffee."

There, I said it,"

And I don't really
floss my teeth, only now
because I see it in your hands—
that minty string a tether from me to you.

"And I am not ever on time.
It is a purposely contrived perception
designed to catch you in the gossamer
web of your own infatuation..."

"That girl you love, who sits in the sun
with pretty in pink nails, those smooth
legs you like to touch, it was all bought
in a magazine for you to swallow whole."

No more surface to cling to



Lobbyist for Big Tobacco, Bob Conge
monoprint w/ watercolor embellishments
bobconge.com/

Check out OwlLightNews.com for more content and more color



Notes on color:

Fact 1: Most newspapers are in color.

Fact 2: Some newspapers were already adding (some) color in the 1800s, but it wasn't until the 1970s that color started appearing regularly in U.S. newspapers.

Remember that Paul Simon hit from 1973?

*"Kodachrome
They give us those nice bright colors
They give us the greens of summers
Makes you think all the world's a sunny day..."*

One of our goals at *Owl Light News* is to create a newspaper that is read – we believe that we are accomplishing that goal. Although color is nice, print – for reading – is still universally black and white.

One of my college art professors made us work, for most of the semester, in Black, white and grey. This exercise allowed us to focus on design, and on the many ways of adding texture and interest without adding color. Once she gave us the color go-ahead, it seemed that the students used color more wisely.

I prefer, have always preferred to shoot photographs in B&W – which is not, I might add, the same as shooting a digital color image and changing the mode to grey scale. Still, color has its place and with that in mind – along with an occasional longing to show art, in particular, in its full color glory – we have decided to add some color pages to *Owl Light News* in 2019.

We will not be "full color" as what this often means is that everything starts looking the same. When all you have is color in a field of color, then that piece of art or that advertisement that is meant to stand out is lost among the other squares. We will now offer (some) color but will still focus most on the content – what newspapers should, after all, be all about.

There is no better time of the year to appreciate the subtleties of color than during the grey days of winter. It may seem that color is lacking as we look out onto the barren hillsides, but within the seemingly grey scenes there are burst of life. This is one of my favorite winter views – the outlet of Canadice Lake as seen from Canadice Hollow Road. The lovely reds of the osier branches are so much more visible this time of year.

Submission deadline is the 21st of each month for the next month's issue.
Content received early is given first consideration.